

PERINATAL PARTNER'S SUPPORT

WHY AND WHAT SUPPORT DO PARTNERS NEED

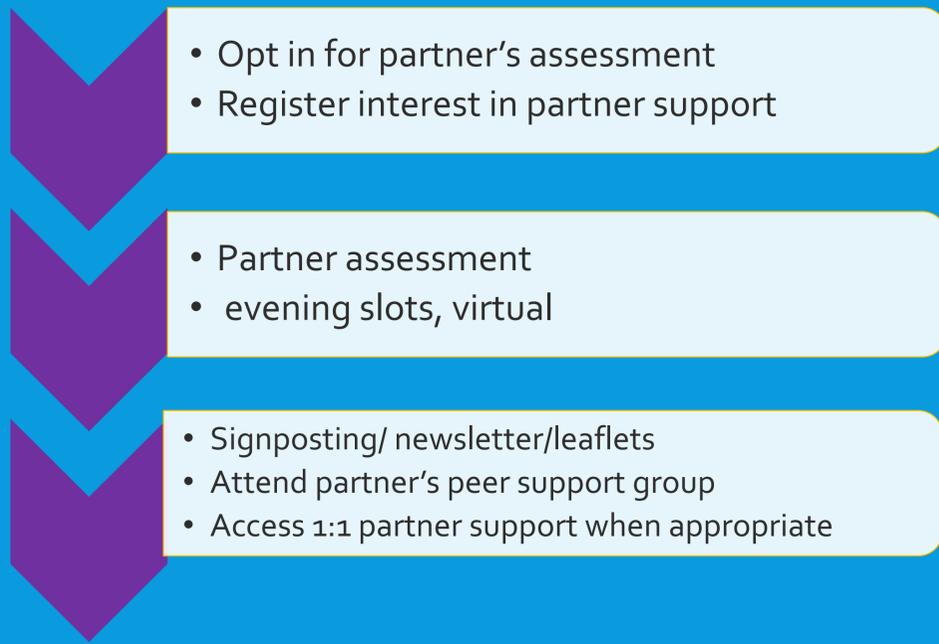
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BACKGROUND

- Perinatal mental illness impacts the whole family unit
- Partners neglected to mention their own needs; they said they struggled to ask for help, and felt isolated and overwhelmed.
- Partners typically described the support they felt that the mother required, or lacked.
- In 2015 Leeds perinatal team identified gap in provision.
- Focus groups held with partners/carers
- Partner's pathway developed



PARTNER'S PATHWAY



PARTNER'S DISCHARGE QUESTIONNAIRE

Q: How would you rate the support you received from your Perinatal Partners Peer Support Service Worker?

Answer Choices	Response Percent	Response Total
1 Very Good	66.67%	12
2 Good	33.33%	6
3 Average	0.00%	0
4 Poor	0.00%	0
5 Very Poor	0.00%	0

Q: How has the Leeds Perinatal Partners Peer Support Service helped your family?

Answer Choices	Response Percent	Response Total
1 Very Good	52.63%	10
2 Good	31.58%	6
3 Average	15.79%	3
4 Poor	0.00%	0
5 Very Poor	0.00%	0

RECOMMENDATIONS

1. Keep partners Involved, Informed, Reassured, Supported, Engaged.
2. More data to be collected.
3. Cultural sensitivity and awareness.
4. Similar provision for same sex partners.

REFERENCES

- Ian Jones - Professor of Psychiatry, Cardiff University
Report: The Impact of Postpartum Psychosis on Partners