

## Annual ECT and Neuromodulation Conference

**Date:** Thursday 28 and Friday 29 November 2024

**Venue:** RCPsych London/Live-stream

### Thursday 28 November

| Time        | Session                                                                                                                                                                     |
|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 08.45-09.15 | <b>Registration (for in-person delegates )</b>                                                                                                                              |
| 09.15       | <b>Welcome and Introduction</b><br>Dr Richard Braithwaite                                                                                                                   |
| 09.20       | <b>Plenary 1. Catatonia/Psychotic depression</b><br><b>Chair: Professor George Kirov</b><br><b>ECT for catatonia</b><br>Dr Richard Braithwaite                              |
| 09.50       | <b>Pharmacological treatment of catatonia: When ECT is not an option</b><br>Dr Carlo Cattaneo                                                                               |
| 10.10       | <b>Continuation ECT for psychotic depression</b><br>Dr Ahmed Al-Wandi                                                                                                       |
| 10.30-11.00 | <b>Break</b>                                                                                                                                                                |
|             | <b>Plenary 2. Combating barriers to prescribing ECT</b><br><b>Chair: Mandy Tate</b>                                                                                         |
| 11.00       | <b>Saving clinics from cancellations: the role of nurse administered ECT</b><br>Mandy Tate                                                                                  |
| 11.30       | <b>Barriers to prescribing ECT: survey results</b><br>Dr Raja Badrakalimuthu and Dr Sudheer Lankappa                                                                        |
| 12.00       | <b>The importance of cooperation with the relatives of the ECT patient</b><br>Pia Merete Laulund                                                                            |
| 12.30-1.30  | <b>Lunch</b>                                                                                                                                                                |
|             | <b>Plenary 3. Insights from Europe</b><br><b>Chair: Dr Hakan Odeberg</b>                                                                                                    |
| 1.30        | <b>ECT for Functional Neurological Disorder: presentation of clinical case studies</b><br>Dr Didi Rhebergen                                                                 |
| 2.00        | <b>Managing ECT-related anxiety</b><br>Dr Jasmien Obbels                                                                                                                    |
| 2.30        | <b>Using the Swedish National Registers for ECT research</b><br>Dr Pia Nordanskog and Dr Hakan Odeberg                                                                      |
| 3.00-3.30   | <b>Break</b>                                                                                                                                                                |
|             | <b>Plenary 4. Other neuromodulation approaches</b><br><b>Chair: Dr Sudheer Lankappa</b>                                                                                     |
| 3.30        | <b>tDCS: results from a randomized controlled trial</b><br>Professor Cynthia Fu                                                                                             |
| 4.00        | <b>Vagus nerve stimulation for treatment resistant depression: Results from a large randomised controlled trial</b><br>Professor Hamish McAllister-Williams                 |
| 4.30        | <b>The BRIGHtMIND trial: results of a multicentre randomised controlled trial of two forms of TMS in severe treatment resistant depression</b><br>Professor Richard Morriss |
| 5.00        | <b>Close of day 1</b>                                                                                                                                                       |

### Friday 29 November

| Time        | Session                                                                                                                                                                                                                                                                                                                           |
|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 08.30-09.00 | <b>Registration (for in-person delegates )</b>                                                                                                                                                                                                                                                                                    |
| 09.00       | <b>Welcome and Introduction</b><br><b>Professor George Kirov</b>                                                                                                                                                                                                                                                                  |
| 09.05       | <b>Plenary 5. ECT in Europe</b><br><b>Chair: Professor George Kirov</b><br>Dr Didi Rhebergen, Netherlands<br>Dr Saskia Wilhelmy, Switzerland & Austria<br>Dr Ali Amad, France<br>Pia Merete Laulund, Denmark<br>Dr Carlo Cattaneo, Italy<br>Dr Richard Braithwaite, UK<br>Dr Pia Nordanskog, Sweden<br>Dr Jasmien Obbels, Belgium |
| 10.45-11.15 | <b>Break</b>                                                                                                                                                                                                                                                                                                                      |
|             | <b>Plenary 6. Who benefits from ECT?</b><br><b>Chair: Professor Declan McLoughlin</b>                                                                                                                                                                                                                                             |
| 11.15       | <b>Effects of childhood trauma on response to ECT. Findings from new studies</b><br>Professor Declan McLoughlin                                                                                                                                                                                                                   |
| 11.45       | <b>How continuation and maintenance ECT started in Sweden</b><br>Dr Hakan Odeberg                                                                                                                                                                                                                                                 |
| 12.15-1.15  | <b>Lunch</b>                                                                                                                                                                                                                                                                                                                      |
|             | <b>Plenary 7</b><br><b>Chair: Dr Rupert McShane</b>                                                                                                                                                                                                                                                                               |
| 1.15        | <b>Ketamine therapy and ketamine clinics in the UK</b><br>Dr Rupert McShane                                                                                                                                                                                                                                                       |
| 1.45        | <b>Psychedelic medicine in Wales</b><br>Dr Mat Hoskins                                                                                                                                                                                                                                                                            |
| 2.15        | <b>The depiction of ECT in video games</b><br>Dr Saskia Wilhelmy                                                                                                                                                                                                                                                                  |
| 2.45-3.15   | <b>Break</b>                                                                                                                                                                                                                                                                                                                      |
|             | <b>Plenary 8. Short cases competition</b><br><b>Chair: George Kirov</b>                                                                                                                                                                                                                                                           |
| 3.15        | <b>A series of short case presentations by clinicians / service users / carers, 10 minutes each</b><br><br>Jennifer Parker, Mahmoud Mohamed, Nat Broughton, Hannah Nearney, Muhammad Fakhr, Blessing Asuk, Maria Tywoniuk, Martha Finnegan                                                                                        |
| 4.50        | Award for best short case presentation and close of conference                                                                                                                                                                                                                                                                    |
| 5.00        | <b>Close of conference</b>                                                                                                                                                                                                                                                                                                        |

RCPsych is an inclusive organisation with over 21,000 members who have a diverse range of views, which we look to represent across the programme. To further open dialogue, scientific discovery and enrich learning, we provide our members with the opportunity to hear from a range of professionals. The speakers, panellists and participants views and comments are their own and not the established views of the College.