Adult ADHD Foundation Course

Date: Wednesday 12 November 2025
Location: Online via EventsAir

Time	Session
	Session 1 Chaired by Dr Sherlie Arulanandam
9.30 - 9.35am	**Welcome and Introduction** Dr Sherlie Arulanandam, Consultant Psychiatrist, Swindon Early Intervention Team, Senior Tutor (Year 2 and 3), Bristol Medical School RCPsych Curriculum and Examinations Course Director Dr Jon Van Niekerk, Chair of the General Adult Faculty, Chair of all Faculty Chairs and Group Medical Director of Cygnet Health Care.
9.35 - 10.05am	**Updates in ADHD** Dr Jessica Eccles, Reader in Brain-Body Medicine at Brighton and Sussex Medical School, Consultant Psychiatrist at Sussex Partnership NHS Foundation Trust, Chair of the Neurodevelopmental Psychiatry Special Interest Group at the Royal College of Psychiatrists
10.05 - 10.15am	**Q&A Session**
10.15 - 10.45am	**Assessment of adult ADHD** Dr Mohammad Arif, General Adult Psychiatrist, Leicestershire partnership NHS Trust
10.45 - 11.00am	**Frequently asked questions** Dr Mohammad Arif
11.00 - 11.30am	**Morning break**
	Session 2 Chaired by Dr Sherlie Arulanandam
11.30 – 11.50am	**Use of diagnostic interviews** Kobus van Rensburg, Consultant Clinical Psychologist, President of UKAAN
11.50am – 12.10pm	**Adult ADHD – Mental health co-morbidities and differential diagnosis** Dr Dietmar Hank, Consultant Psychiatrist at Avon and Wiltshire Mental Health NHS Partnership Trust and Attention to Health, Honorary Lecturer at University of Bristol
12.10pm – 12.30pm	**Q&A session**

Event Programme

Time	Session
12.30 - 1.15pm	**Lunch**
	Session 3 Chaired by Dr Sophia Senthil, Consultant Psychiatrist and Deputy Community Clinical Director, Nottingham City North LMHT and RCPsych GAF Executive Faculty and Co-academic secretary
1.15 - 1.35pm	**Adult ADHD –Neurodevelopmental co-morbidities and differential diagnosis** Professor Raja Mukherjee, Professor at University of Surrey Medical School, Adult Learning Disability Consultant Psychiatrist at Surrey and Borders Partnership NHS Foundation Trust
1.35 - 2.05pm	**Common prescribing errors and complex prescribing** Dr Ulrich Müller-Sedgwick, ADHD Champion at the Royal College of Psychiatrists, Consultant Psychiatrist at Health & Care Jersey, Life Member of Clare Hall at University of Cambridge
2.05 - 2.20pm	**Q&A Session**
2.20 - 2.50pm	**Afternoon break**
	Session 4 Chaired by Dr Sophia Senthil
2.50 - 3.00pm	**My journey with ADHD, the challenges and the gifts** Mr Scott Adams, Lived Experience
3.00 - 4.15pm	**Management of adult ADHD** Dr Ruth Marlow, Clinical and Community Psychologist, Professional lead – ADHD service, Devon Adult Autism and ADHD Service Miss Alice Palmer, Devon Adult Autism and ADHD Service, Lived Experience
4.15- 4.30pm	**Q&A Session**
4.30 - 4.40pm	**Closing remarks** Dr Ulrich Müller-Sedgwick
4.40pm	**Event Close**