

## Annual ECT and Neuromodulation Conference

**Date:** Thursday 27 and Friday 28 November 2025

**Venue:** RCPsych London/Live stream

### Thursday 27 November

Time	Session
8.45-9.10am	<b>Registration (for in-person delegates )</b>
9.10am	<b>Welcome and Introduction</b> Dr Richard Braithwaite, UK
	<b>Plenary 1</b> <b>Chair: Dr Richard Braithwaite</b>
9.15am	<b>Enhancing ECT clinical practice through evidence-based care, leveraging 11 years of SEAN data</b> Professor Julie Langan-Martin, UK
9.40am	<b>Clinical Outcomes of Continuation and Maintenance Electroconvulsive Therapy</b> Dr Anders Joergensen, Denmark
10.05am	<b>Prediction of ECT effectiveness</b> Dr Dore Loef, Netherlands
10.30-11.00am	<b>Break</b>
	<b>Plenary 2. ECT in Europe</b> <b>Chair: Professor George Kirov</b>
11.00am	<b>ECT in Croatia and neighbouring countries</b> Dr Sara Medved, Croatia
11.15am	<b>Combating stigma in Latvia</b> Dr Raivis Logins, Latvia
11.30am	<b>ECT in Poland</b> Dr Anna Antosik-Wojcinska, Poland
11.45am	<b>ECT in Hungary</b> Dr Gabor Gazdag, Hungary
12.00pm	<b>ECT in Western Europe: summary of the 2025 presentations</b> Dr Richard Braithwaite, UK

<b>12.30-1.30pm</b>	<b>Lunch</b>
	<b>Plenary 3. Other neurostimulation approaches</b> <b>Chair: Dr Mathew Hoskins</b>
<b>1.30pm</b>	<b>Psychedelics in Psychiatry</b> Professor David Nutt, UK
<b>2.30pm</b>	<b>Deep Brain Stimulation for treatment resistant depression</b> Dr Anne Sauvaget, France
<b>3.00-3.30pm</b>	<b>Break</b>
	<b>Plenary 4. Running TMS clinics in NHS hospitals</b> <b>Chairs: Dr Sudheer Lankappa and Mandy Tate</b>
<b>3.30pm</b>	<b>The Northampton TMS clinic: Survey results, patients' experiences, consultant cover</b> Ms Amilea Vella and Ms Abby Lovesy, UK
<b>4.00pm</b>	<b>Organising funding for a TMS clinic</b> Mandy Tate, UK
<b>4.20pm</b>	<b>The challenges experienced by TMS clinics in the UK</b> Dr Sudheer Lankappa, UK
<b>4.40pm</b>	<b>Q&amp;A and discussion on TMS clinics</b>
<b>5.00pm</b>	<b>Close of day 1</b>

## Friday 28 November

Time	Session
8.30-9.00am	<b>Registration (for in-person delegates)</b>
9.00am	<b>Welcome and Introduction</b> Professor George Kirov
	<b>Plenary 5. Cognitive problems</b> <b>Chair: Dr Jasmien Obbels and Dr Nathalie Denayer</b>
9.05am	<b>The effects of ECT on memory</b> Dr Jasmien Obbels, Belgium
9.20am	<b>Confusional states after ECT</b> Dr Nathalie Denayer, Belgium
9.45am	<b>Indications for ECT - essential and questionable</b> Dr Håkan Odeberg, Sweden
10.30-11.00am	<b>Break</b>
	<b>Plenary 6. Imaging studies / Anaesthetics</b> <b>Chair: Dr Richard Braithwaite</b>
11.00am	<b>Electroconvulsive therapy induced neuroplasticity and its clinical relevance</b> Dr Maarten Laroy, Belgium
11.30am	<b>Anaesthetics in ECT</b> Dr Oliver Cramer, UK
12.00pm	<b>Ask the experts: Bring your questions to the Q&amp;A session</b> Experts include Dr Oliver Cramer, UK; Dr Richard Braithwaite, UK; Dr Håkan Odeberg, Sweden and Dr Pouya Movahed Rad, Sweden
12.20-1.20pm	<b>Lunch</b>
	<b>Plenary 7. Setting up ketamine clinics</b> <b>Chair: Dr Rupert McShane and Dr Mathew Hoskins</b>
1.20pm	<b>The Oxford Ketamine therapy clinic</b> Dr Rupert McShane, UK
1.40pm	<b>Using the Psychedelic experience for therapeutic advantage</b> Dr Mathew Hoskins, UK

2.00pm	<p><b>The Maudsley Advanced Treatment Service: Maudsley ketamine clinic experience</b> Professor Mario Juruena, UK</p>
2.20pm	<p><b>Running ketamine clinics in Sweden</b> Dr Pouya Movahed Rad, Sweden</p>
2.40pm	<p><b>Serial Ketamine Infusions as an Adjunctive Therapy to Inpatient Care for Depression: KARMA-Dep 2 Randomized Midazolam-Controlled Trial</b> Professor Declan McLoughlin, Ireland</p>
3.00pm 3.20pm	<p><b>Break</b></p>
	<p><b>Plenary 8. Short cases presentations</b> <b>Chair: Professor George Kirov</b></p>
3.20pm	<p><b>A series of 10 minute case presentations by clinicians / service users / carers</b></p> <p><b>Emergency ECT in theatres</b> Jennifer Parker, UK</p> <p><b>My experience with ECT</b> Tony Frais, UK</p> <p><b>Dysphasia after RUL ECT</b> Natalie Hughes, Bristol</p> <p><b>Etomidate seizure</b> Nathaniel Broughton, UK</p> <p><b>Ketamine to facilitate transfer</b> Mahad Iqbal, UK</p> <p><b>DVT after ECT</b> Chioma Maduka, UK</p> <p><b>Hyperkinetic catatonia</b> Auday Khalaf, UK</p> <p><b>Book presentation: “Waves of hope”</b> Ruth Roberts, Bristol</p>
4.50pm	<p><b>Close of conference</b></p>

*RCPsych is an inclusive organisation with over 21,000 members who have a diverse range of views, which we look to represent across the programme. To further open dialogue, scientific discovery and enrich learning, we provide our members with the opportunity to hear from a range of professionals. The speakers, panellists and participants views and comments are their own and not the established views of the College.*