

# Autism: CPD update course

**Date:** Thursday 20 November 2025

**Venue:** Online via EventsAir

**Chair:** Dr Quinton Deeley, Senior Lecturer in Social Behaviour and Neurodevelopment at the Institute of Psychiatry, Psychology, and Neuroscience (IOPPN), King's College London; Consultant Neuropsychiatrist in the National Autism Unit and Neuropsychiatry Brain Injury Clinic at the Maudsley and Bethlem Hospitals

| Time             | Session                                                                                                          |
|------------------|------------------------------------------------------------------------------------------------------------------|
| 9.30am           | <b>What is autism, and how do we make a diagnosis in the new era of DSM-5 and ICD-11</b><br>Dr Susannah Whitwell |
| 10.00am          | <b>Assessment and treatment of common mental health problems in autistic people</b><br>Dr Tasos Galanopoulos     |
| 10.30am          | <b>Q&amp;A</b>                                                                                                   |
| 10.45am          | Morning break                                                                                                    |
| 11.15am          | <b>Psychological interventions for autistic children and young people</b><br>Dr Catherine Sholl                  |
| 11.45am          | <b>Developing psychological interventions for autistic adults</b><br>Dr Sophie Doswell                           |
| 12.15pm          | <b>Q&amp;A</b>                                                                                                   |
| 12.30pm – 1.30pm | Lunch                                                                                                            |
| 1.30pm           | <b>Research Update and overview</b><br>Professor Grainne McAlonan                                                |
| 2.00pm           | <b>Autism, psychopathy and empathy</b><br>Dr Quinton Deeley                                                      |

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|--------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2.30pm | <b>Q&amp;A</b>                                                                                                                                                      |
| 2.45pm | Afternoon break                                                                                                                                                     |
| 3.15pm | <b>Sensory aspects of autism across the life course</b><br>Dr Nicolaas Puts                                                                                         |
| 3.45pm | <b>A neurodiversity-affirmative approach to precision health: revisiting assumptions, debunking myths, and cultivating inclusive research</b><br>Professor Eva Loth |
| 4.15pm | <b>Q&amp;A</b>                                                                                                                                                      |
| 4.30pm | Meeting Close                                                                                                                                                       |

## General Information

This conference will be taking place via an online platform called EventsAir, this platform is accessible through your internet browser (ideally Google Chrome), where you can:

- watch the sessions.
- interact with speakers via the discussion forum, live Q&A, and polling.
- catch up with colleagues in the Meeting Hub.
- view conference resources and speaker presentations.

## Joining the webinar

We recommend that you log into the platform a day ahead of the conference taking place. When you first log into the platform you will be asked to confirm/edit some details about yourself. It is important that you select your time zone and choose what data you would like to share during the virtual event. Once this is done, please click 'update and close'. You will then be taken to the attendee portal where you will be able to view the conference agenda. You can preview each session. The button will change from 'preview' to 'join' when the session is live and available to view.

You should have now received your joining instructions. This email will contain your unique joining link for the whole conference. Please check your spam folder if you have not received the confirmation.

- Technology Requirements
- Access to a reliable internet connection – wired if possible
- A PC, laptop, tablet or phone
- Google Chrome or Microsoft Edge browser

Some users may experience difficulty joining the session due to security settings. If this is the case, we suggest you use a personal device rather than a work laptop/computer. If you are having difficulty please read our [FAQs document](#) or contact a member of the Events team via [events@rcpsych.ac.uk](mailto:events@rcpsych.ac.uk)

## During the sessions

During the webinar you will be able to view the speakers as they present and any accompanying PowerPoint slides. You will not be visible to other attendees or speakers.

You can ask questions using the Q&A function on your screen and engage in conversation with other delegates via the discussion forum. The speakers will endeavour to answer as many questions as possible during the time period. There may be occasions when not all questions can be answered live, however

we will try to answer any remaining questions offline, creating a Q&A resource sheet for all attendees.

If you lose connection during the webinar, please refresh your screen or try closing down browser and clicking the joining link again.

### **Watching on demand**

Once the webinar has taken place live you will receive an email informing you that the session is now available to watch on demand. Please be aware that the recordings will only be available for two months after the webinar has taken place. Please note that the recordings of the webinars and presentations are the intellectual property of the speaker and the College and any unauthorised broadcasting/copying of the material is strictly prohibited.

### **Accreditation**

This conference is eligible for up to 6 CPD hours, subject to peer group approval.

### **Certificates**

Certificates of attendance will be emailed to delegates after the meeting.

### **Feedback**

Once the conference has taken place, we would value your feedback. Please complete this feedback form. All comments received remain confidential and are viewed in an effort to improve future meetings.

### **Queries**

Please email [events@rcpsych.ac.uk](mailto:events@rcpsych.ac.uk) if you require any assistance. Please also read our [FAQs document](#). We will try and respond to your email as soon as possible but please remember that all sessions will be recorded and available to watch on-demand for a period of two months post event.

### **Social media**

If you wish to tweet about the conference use @rcpsych #autismconf2023

### **Speaker presentations**

Delegates will be able to access speaker presentations (where permission has been given) after the meeting. These can be accessed directly through the EventsAir platform.