



RCPsych in Scotland Liaison Faculty Conference 2025

**@RCPsychScot
#ScotLiaison2025**

Friday 13th June 2025
at the Apex City Quay Hotel, Dundee
Registration from 9.00am

Event Booklet



A register will be taken to confirm attendance upon arrival.



Please turn your phone/devices to silent and your email notifications off for the duration of the event.



Feedback Forms will be placed on the tables for you to complete and return.



Certificates of attendance will be emailed to you within 10 days of the event.

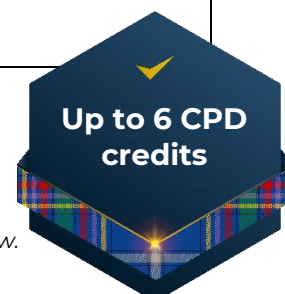
The Royal College of Psychiatrists in Scotland Liaison Faculty Conference

Friday 13th June 2025
Apex City Quay Hotel, Dundee
@RCPsychScot | #RCPsychScotLiaison25



Morning Programme: Chaired by: Dr Murray Smith	
09:00 – 09:20	Registration
09:20 – 09:40	Welcome/Introduction and update on the Survey of Scotland’s Liaison Psychiatry Services Dr Murray Smith, Chair, RCPsych in Scotland Liaison Faculty
09:40 – 10:20	Delirium: different and difficult Dr Clare Bostock, Consultant Geriatrician, NHS Grampian
10:20 – 11:00	Wake Up to Sleep: Addressing Sleep in the Medically Ill Dr Olga Runcie, Consultant Psychiatrist / Sleep Specialist Albyn Hospital, Circle Health Group
11:00 – 11:15	Comfort Break
11:15 – 11:55	Case Presentation: The Hot Potato Dr Clair Reilly Gilbert, ST7 in Liaison Psychiatry and Medical Psychotherapy
11:55– 12:25	Sabbatical in the NHS Dr Prakash Shankar, Consultant Liaison Psychiatrist & Clinical Director Acute and Specialities Mental Health Services Forth Valley Royal Hospital
12:25 – 13:05	“I do the medicine, the mental health service will see you later” - Joint clinical/psychiatry assessment simulation Professor James Ferguson, Consultant in Emergency Medicine
13:05 – 13:55	Lunch
Afternoon Programme Chaired by: Dr Murray Smith	
13:55 – 14:10	Welcome to the afternoon session and Business Meeting Dr Murray Smith, Chair, RCPsych in Scotland Liaison Faculty
14:10 – 14:50	ED Frequent Attenders Abi Thom, Psychiatric Liaison Nurse, NHS Lothian
14:50 – 15:05	Comfort Break
15:05 – 16:05	Workshop - Managing safety and reducing harm with people affected by self-harm and suicide – the challenges and opportunities for change in Scotland. Linda Hunter & Dr Robby Steel (Time Space Compassion lead, Suicide Prevention Scotland / Professional Advisor, Scottish Government) With: Paula Fraser (Senior Development Officer, VOX) Wendy Given (COO, the Neuk Perth) Emma Wilson (Senior Operations Manager, Hope Point Dundee) Keith Russell & Donna Robertson (Nurse Director & Senior Nurse QI, NHS Tayside) Haylis Smith (National Delivery Lead, Suicide Prevention Scotland)
16:05	Meeting Closes

The RCPsychiS reserves the right to change the programme without prior notice.
1 point per hour of educational activity can be allocated, pending peer group review.



Speaker Biographies / Abstracts

Morning Session: Chaired by Dr Murray Smith

Dr Murray Smith

Dr Smith has been a Consultant Liaison Psychiatrist at Aberdeen Royal Infirmary since 2019. He currently chairs the Scottish Liaison Psychiatry Faculty and is suicide prevention lead within RCPsych in Scotland.

He has recently been appointed as Clinical Director of Adult Mental Health, Addictions, Unscheduled Care and Liaison Psychiatry in NHS Grampian.

His other interests include electroconvulsive therapy, he is a member of the ALSG Acute Psychiatric Emergencies working group, and has recently been a consultant on behalf of the College for the BBC series "River City".

Presentation Abstract: 'Survey of Scotland's Liaison Psychiatry Services – an update'

Dr Smith will provide an update from the most recent survey of Scottish Liaison Psychiatry Services, following on from the previous 2022 survey.

Dr Clare Bostock

Dr Clare Bostock is a Consultant Geriatrician at NHS Grampian. Her special interests include acute geriatric assessment, falls, polypharmacy, and quality improvement. Her current main areas of work are acute geriatric assessment, and rehabilitation & intermediate care. From 2020-2023 she worked in the Aberdeen City Hospital at Home team, alongside acute work at Aberdeen Royal Infirmary. Outside of work she enjoys keeping active, and creative writing. She strives to promote and maintain healthy life balances.

Presentation Abstract: 'Delirium: different and difficult'

- Medical work up
- Interactive cases
- When physicians need help from psychiatry
- Working together

Dr Olga Runcie

Dr Olga Runcie is a Consultant Psychiatrist in General Adult Mental Health. She graduated from Izhevsk State Medical Academy in 1995 and undertook Specialist Training in Psychiatry in Russia and then in Aberdeen (2003 - 2006). Dr Runcie took a post as Consultant Psychiatrist for NHS Grampian in 2006 in Royal Cornhill Hospital. She took an active role in both undergraduate and postgraduate medical training and lectured widely on different

aspects of mental health and on sleep medicine. Between 2015 and 2018 Dr Runcie worked as a Community Consultant Psychiatry in NHS Tayside. She commenced in independent practice in 2016 and is currently a consultant psychiatrist at Albyn hospital in Aberdeen.

Dr Runcie has a keen interest in Sleep Medicine with a particular focus on interaction between Sleep Disorders and Mental Health. She successfully completed two year post graduate diploma course (PgDip) in Sleep Medicine with Oxford University in 2018 and then obtained MSc in Sleep Medicine in Sleep Medicine (2019), also in Oxford University (Somerville College). Dr Runcie is a founder of sleep wellness company Somniance, dedicated to helping people to achieve better sleep quality to improve personal and occupational performance.

Presentation Abstract: 'Wake Up to Sleep: Addressing Sleep in the Medically Ill'

Sleep disturbances are common in general hospital settings yet often overlooked in routine liaison psychiatric practice. This talk explores the prevalence and clinical impact of sleep disorders in medically ill patients, highlighting common presentations such as insomnia, circadian disruption, and sleep-related contributions to delirium and depression. We will review practical assessment tools and management strategies, both pharmacological and non-pharmacological, tailored to the hospital environment.

Dr Clair Gilbert

ST7 in Liaison Psychiatry and Medical Psychotherapy. Specialising in psychodynamic psychotherapy and group analysis. Interested in the interface between chronic disease, psychological illness and trauma.

Presentation Abstract: Case Presentation – 'The Hot Potato'

A disabled patient and the disconnected NHS.

Dr Prakash Shankar

Dr Shankar did his undergraduate medical education in India followed by voluntary short service commission in the Army Medical Corps, and post graduate training in general medicine. He undertook psychiatric training on the South East of Scotland (SEScot) scheme towards CCT with endorsement in Liaison Psychiatry. He has a Masters in psychiatry from the University of Edinburgh, postgraduate certificate in Cognitive Behavioural Therapy from Queen Margaret's University and MBA with specialism in Leadership from Strathclyde Business School. He was the last chair of the Liaison Faculty in Scotland.

Presentation Abstract: 'Sabbatical in the NHS'

The value of strategic break to build resilience on the long career journey in the NHS.

Professor James Ferguson

Professor James Ferguson is a Consultant in Emergency Medicine. Until Covid, the ED in Aberdeen had a ward and dealt with all toxicology patients.

He is a Visiting Professor of Remote Healthcare to the Robert Gordon University and a Reader in Emergency Medicine with Aberdeen University.

Presentation Abstract: ‘I do the medicine, the mental health service will see you later’ - Joint clinical/psychiatry assessment simulation

In recent years, there has been an impetus to improve initial assessment of potential mental health cases both in hospital and pre-hospital environments. Measures to improve the assessment will be presented and demonstrated.

Afternoon Session: Chaired by Dr Murray Smith

Abi Thom

Abi is a Psychiatric Liaison Nurse based in the Department of Psychological Medicine at the Royal Infirmary of Edinburgh. She has a special interest in people who frequently attend the Emergency Department. Abi has a background in acute inpatient care and general practice.

Presentation Abstract: ‘ED Frequent Attenders’

Discussing the work of the ED Frequent Attender Team within the Royal Infirmary of Edinburgh and challenging the stigma which this patient group attracts.

Afternoon Workshop

“Managing safety and reducing harm with people affected by self-harm and suicide – the challenges and opportunities for change in Scotland.”

Facilitated by:

Linda Hunter & Dr Robby Steel (Time Space Compassion lead, Suicide Prevention Scotland / Professional Advisor, Scottish Government)

With:

- Paula Fraser (Senior Development Officer, VOX)

- Wendy Given (COO, the Neuk Perth)
- Emma Wilson (Senior Operations Manager, Hope Point Dundee)
- Keith Russell & Donna Robertson (Nurse Director & Senior Nurse QI, NHS Tayside)
- Haylis Smith (National Delivery Lead, Suicide Prevention Scotland)

Suicide Prevention Scotland is a community of people and organisations working together to deliver Creating Hope Together, Scotland's suicide prevention strategy. Our mission is to prevent suicide by building a collaborative network that puts partnership, learning and innovation at the heart of our delivery model. We work together at local and national level as one group to deliver a range of meaningful programmes of work as set out in the Creating Hope Together action plan. These programmes use the critical insight of lived, academic, professional and practice experience.

This participative session will give delegates an overview and opportunity to shape work to embed personalised risk assessment and management in clinical settings. Join NHS Tayside, VOX, Suicide Prevention Scotland and community based crisis services (Neuk & Hope Point) for an exploration of different perspectives on the need, drivers, barriers, and opportunities for change in Scotland.

Please note: a list of the poster presentations is provided on the next page.



Poster Presentations

Royal College of Psychiatrists in Scotland
Liaison Faculty Conference - Friday 13th June 2025
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The entries are listed in alphabetical order of submitting author, indicated in bold type.

1. **Hira Ahmad** – “Ethnicity of Referrals to Liaison Psychiatry services at Aberdeen Royal Infirmary: An Audit”
2. **Sam Fraser** – “Baseline Monitoring of Antipsychotics in the General Hospital: An Audit of Liaison Psychiatry Practice in Ayrshire”
3. **Sam Fraser** – “Emergency Detention Certificates (EDCs) at Crosshouse Hospital”
4. **Tina Glenn and Megan Marwick** – “Characteristics of Frequent Attenders to Adult Mental Health Liaison Service in NHS Greater Glasgow and Clyde”
5. **Hilary James-Thomson** – “Forensic Psychiatry Knowledge in Scottish Front Line Psychiatric Staff”
6. **Elham Khattab** – “Audit of the Use of the Mental Health Act in a General Hospital Setting”
7. **Chandahas Kondamuri** – “Emergency Detention Certificates in NHS Forth Valley: An Audit of MHO Consent and Compliance”
8. **Emma Leighton** – “Induced obsessive compulsive symptoms in patients with psychosis treated with second generation antipsychotics: a systematic review”
9. **Bethan Williams** – “Ethnicity data collection when completing Emergency and Short Term Detentions in University Hospital Hairmyres”

Scroll down to the next page for the Liaison Faculty Business Agenda



**Royal College of Psychiatrists in Scotland
Faculty of Liaison Psychiatry Business Meeting
Friday, 13 June 2025
Apex City Quay Hotel, Dundee**

Agenda

- 1. In attendance**
- 2. Apologies**
- 3. Minutes of last meeting held on 19th April 2024**
- 4. Faculty Committee Updates**
(i) Vice Chair Elections
- 5. Forthcoming Meetings**
- 6. AOCB**

- 1. If voting occurs, only elected members can participate, and**
- 2. Any conflict of interest relating to a particular agenda item should be declared**

**WE LOOK FORWARD TO WELCOMING
YOU TO THE EVENT!**