



RCPsych in Scotland Working Retired Psychiatrists Group Meeting 2025

Wednesday 18 June 2025
theStudio, Glasgow
Arrival / Registration from 9.30am

Digital Event Booklet

Housekeeping



Upon arrival, please sign in so that we can confirm delegates attendance.



Please turn your phone/devices to silent and your email notifications off for the duration of the event.



Feedback Forms will be circulated for you to complete in the afternoon.



Certificates of attendance will be emailed to you within 5 days of the event.

PROGRAMME

09.30 - 10.15	Arrival / Registration / Networking
10.15 – 10.30	Chair's Welcome
10.30 – 11.15	The Mental State We're In Dr Richard Caplan, Consultant Psychiatrist & Chair, WRP; Specialist Advisor, Psychiatrist's Support Service, RCPsych
11.15 – 12.00	What Do Today's Psychiatrists Want Dr Ihsan Kader, Consultant Psychiatrist, Intensive Home Treatment Team, NHS Lothian and Scottish Lead for Retention & Wellbeing, RCPsychiS
12.00 – 12.30	Discussion
12.30 – 13.30	LUNCH
13.30 – 13.45	Business Meeting
13.45 – 15.00	Workshops - FINISHWELL Facilitators: Ricky Caplan and Ihsan Kader
15.00 – 15.15	Closing Remarks
15.15 – 16.00	Meeting Closes*

(*space remains open until 16.00 for those who wish to remain and catch up with colleagues a little longer)

Speaker Biographies & Presentation Abstracts

Dr Richard Caplan

Dr Caplan is a consultant general adult psychiatrist. He trained in psychiatry at Guy's Hospital and St George's Hospital in London. He worked as a consultant psychiatrist in the NHS for over 25 years with 10 years in Lincoln and 15 years in Glasgow where he was also subdean in psychological medicine at the University of Glasgow for many years. He has a keen interest in stress in the medical profession and has published research and lectured widely on this subject. He has long experience of medical management as Unit Medical Officer of Lincolnshire mental health services, Chair of South Glasgow Division of Psychiatry, Clinical Director of South Glasgow mental health service, Clinical Director of the West of Scotland forensic psychiatry service and Medical Director of Tayside Health Board mental health services. He has a wide-ranging medicolegal practice based in Harley Street in London. He has been a fitness to practise assessor and medical supervisor of sick doctors for the General Medical Council for 25 years. He has worked for the Psychiatrists' Support Service (PSS) for the Royal College of Psychiatrists since the inception of the service in 2007 and has been Specialist Adviser and leader of the service for the past 2 years.

Presentation Abstract: What on earth is going on! The horrible history of the gradual collapse of psychiatry in the UK and suggestions as to how it might be resuscitated.

Dr Ihsan Kader

Dr Kader is a consultant psychiatrist with the Edinburgh Intensive Home Treatment Team and is a former Clinical Director in Edinburgh. He is the Retention and Wellbeing Lead for RCPsych in Scotland, having previously led on recruitment in Scotland. He is the lead author of the highly acclaimed State of the Nation report on the psychiatric workforce in Scotland.

Presentation Abstract: Recruitment into psychiatry has been improving year on year to the point where the competition ratio for core resident training is nearly 10:1. However retaining doctors both at higher resident level and as consultants remains a challenge. The State of the Nation report (Nov 2023) looked into reasons why this is the case and I will present key findings from this report, focussing on workforce retention. In the afternoon workshop I will focus on the RCPsych in Scotland's Finishwell plans, sharing what we know so far and working with delegates in developing this further.

The Retired Psychiatrists Group in Scotland

The Retired Group of the RCPsych in Scotland was established in 1998 and has been bringing together retired psychiatrists for regular meetings and events ever since. Each year, we offer a programme of talks and outings tailored to the interests of our members. These meetings are open to all retired fellows, members, and affiliates of the College, with guests also welcome at our outings.

We typically hold three gatherings annually—two featuring talks and one with a visit to a place of interest. These meetings are held in person at the College office on Queen Street, Edinburgh, where members enjoy coffee, lunch, and the opportunity to socialise with fellow retired psychiatrists.

Upcoming meetings for 2025:

- **9 October 2025** – RCPsych in Scotland, 12 Queen Street, Edinburgh, EH2 1JE (Speaker: Dr Brian Ballinger, topic to be confirmed; AGM included).

The topics covered in our talks are diverse, with some presented by members and others by guest speakers. While many talks are unrelated to psychiatry, they often reflect the passions and interests of our members. We are always keen to hear from members who wish to give a talk. If you have a topic you'd like to present, we'd love to hear from you!

Please note that our group is distinct from the Working Retired Group, which focuses on professional development and education for those still working. However, we warmly invite all retired psychiatrists to join us. For more information on joining the group, or if you are interested in speaking at a future meeting, please contact angela.currie@rcpsych.ac.uk at the RCPsych in Scotland.

We look forward to welcoming you to our next event.

**WE LOOK FORWARD TO
WELCOMING YOU TO THE EVENT!**