

RCPsych in Scotland Winter Conference

31 January 2025 | Radisson Blu Hotel, Glasgow
@RCPsychScot | #ScotWin25

Morning Programme: Chaired by Dr Jude Halford	
09:10 – 09:25	Arrival / Registration
09:25 – 09:30	Welcome and introduction from the Chair Dr Jude Halford
09:30 – 10:10	Where next? Personal reflections on policy, reform and change Dr Alastair Cook, Principal Medical Officer for Mental Health, Scottish Government
10:10 – 10:25	Trainee Presentation 1: “Stepping Up to Psychiatry ST4: A pilot national course to support the transition from core to higher psychiatry training” Dr Robyn Canham, ST4 General Adult Psychiatry, NHS Lothian
10:25 – 11:00	The impact of diagnosis and of diagnosis change – a consultation with people with lived experience Graham Morgan, Engagement and Participation Officer (Lived Experience), MWC Scotland Kirsty MacLeod, Engagement and Participation Officer (Carers Lived Experience), MWC Scotland
11:00 – 11:20	Comfort Break
11:20 – 11:35	Trainee Presentation 2: “ SPARC (Student Psychiatry Audit and Research Collaborative): establishing a national student-led initiative, project findings and recommendations” Dr Heather McAdam, FY2, NHS Greater Glasgow and Clyde
11:35 – 12:05	Why there is no such thing as a psychiatric diagnosis? Dr Sami Timimi, Consultant Child and Adolescent Psychiatrist
12:05 – 12:50	Investigation of Risk Management Processes – a mixed methods study looking at the practice of risk assessment across a Health Board Dr Brian Gillatt, Dr Heather Tolland and Dr Kay Sunderland
12:50 – 13:40	Lunch
13:40 – 14:00	RCPsych in Scotland Business Meeting Chaired by Dr Jane Morris
Afternoon Programme: Chaired by Dr Amal Al Sayegh	
14:00 – 14:15	Trainee Presentation 3: “Cognitive domains affected post-COVID-19” Aman Saini
14:15 – 15:15	Psychiatrists on psychiatry: fiction and memoir Dr Stephen Potts and Dr Rebecca Lawrence Q&A hosted by Dr Jane Morris

	<p><i>Dr Stephen Potts has recently completed Partitions, a novel set at Nuremberg in 1945-6, which recounts the conflict between the psychiatrist and the psychologist assigned to the first War Crimes trial. The book is currently with US publishers.</i></p> <p>In her recently published memoir 'An Improbable Psychiatrist' Dr Rebecca Lawrence shares her story of being a doctor and a psychiatrist while living with bipolar disorder.</p>
15:15 – 15:30	Comfort Break
15:30 – 15:45	<p><u>Trainee Presentation 4: “Mental Illness in Western Medieval Medicine”</u></p> <p>Dr Tabea Winkler, FYI General Medicine, NHS Fife</p>
15:45 – 16:45	<p>Debate: This House believes “Diagnosis” does more harm than good</p> <p>Proposition speaker: Dr Andrew Lawton Second proposition speaker: Dr Alasdair Forrest Opposition Speaker: Dr Mhairi Hepburn Second Opposition Speaker: Dr Aye Doris</p>
16:45 – 16:55	Close and Prizes

The views expressed by speakers during presentations are their own and do not represent the views of the College. Views expressed during the debate by speakers are their own for the purposes of the debate only.

