

Faculty of Addictions Psychiatry Annual Conference 2025

Intersectionality in Addictions: Inclusion and Integration

When: Wednesday 21 May 2025 – Thursday 22 May 2025

Where: Royal College of Psychiatrists, 21 Prescot Street, London (in-person only)

Wednesday 21 May	
8.45am - 9.15am	Registration
9.15am	Welcome and update from the Department of Health and Social Care Room 1.7 Chair: Dr Emily Finch, Chair, Royal College of Psychiatrists Faculty of Addictions Psychiatry
9.15am	Welcome and Introduction from the Faculty Chair Dr Emily Finch, Chair, Royal College of Psychiatrists Faculty of Addictions Psychiatry
9.30am	DHSC's implementation and quality improvement priorities Mr Peter Burkinshaw, Government Official, Department of Health and Social Care
10.00am	Q&A
10.10am	Plenary 1: Gender-based violence and addiction Room 1.7 Chair: Dr Emily Finch, Chair, Royal College of Psychiatrists Faculty of Addictions Psychiatry
10.10am	'I want to go there but I ain't ready to come off my methadone': Contingent care and pressure to detox for postnatal women receiving opioid replacement therapy – findings from the Stepping Stones study Dr Polly Radcliffe, National Addiction Centre, Institute of Psychiatry Psychology and Neuroscience, King's College London
10.30am	Lessons from an Australian social enterprise – supporting engagement in women's shelters and other marginalised communities Mrs Pia Clinton-Tarestad, Chief Executive and Co-Founder, Clean Slate Clinic Dr Chris Davis, Medical Director, Clean Slate Clinic
10.50am	Q&A

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11.00am	Morning refreshments and poster viewing
11.30am	Parallel sessions <i>Please choose one of the below sessions to attend.</i>
	Parallel session A - Addicted to muscle: addressing a rising epidemic Room 1.1 Chair: Dr Shivanthi Sathanandan, Consultant Psychiatrist North London Mental Health Trust & Addiction Committee member Dr Sam Botchey, Consultant in Sport, Exercise & Musculoskeletal Medicine
	Parallel session B – Integrated ketamine care pathways Room 1.7 Chair: Dr Emmert Roberts, Senior Clinical Lecturer in Addictions Psychiatry, King's College London Dr Rebecca McKnight, ST5 doctor training in General Adult Psychiatry, Pennine Care NHS Foundation Trust. Honorary Research Fellow, Manchester Metropolitan University. Miss Alison Downey, Consultant Urologist, Mid Yorkshire NHS Teaching Trust
	Parallel session C – The evolving landscape of sex and porn addiction Room 1.5-1.6 Chair: Dr Deepak Sirur Mr Nathan Jones, BACP Accredited Member (British Association for Counselling and Psychotherapy) and ATSAC - Board of Trustees (The Association for the Treatment of Sexual Addiction and Compulsivity) Dr Paula Hall, UKCP
12.30pm	Lunch and poster viewing
1.30pm	Plenary 2: Keynote address and panel discussion Room 1.7 Chair: Dr David McLaughlan, Academic Secretary, Royal College of Psychiatrists Faculty of Addictions Psychiatry.
1.30pm	Keynote address from the Minister for Public Health and Prevention Ashley Dalton, Minister for Public Health and Prevention
1.45pm	Role models driving engagement in sobriety and harm reduction (a panel discussion) Panellists: • Miss Millie Gooch, Founder of Sober Girl Society • Mr Scott Pearson, Ambassador for Alcohol Change UK, writer and sober influencer • Mr Paul Sculfor, Model, Actor and Founder of Stride Foundation • Mr Sohan Sahota, Managing Director of BAC-IN

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2.40pm	Afternoon refreshments and poster viewing
3.00pm	Plenary 3: Updates on the landscape of substance misuse Room 1.7 Chair: Dr Emmert Roberts, Senior Clinical Lecturer in Addictions Psychiatry, King's College London
3.00pm	Medicine choices in opioid substitution treatment - New guidance for England Dr Mike Kelleher, Consultant Addiction Psychiatrist
3.30pm	Young people and substance misuse Professor Harry Sumnall, Professor in Substance Use in the School of Psychology, Liverpool John Moores University
4.15pm	Q+A
4.30pm	Faculty Lecture Room 1.7 Chair: Dr Emmert Roberts, Senior Clinical Lecturer in Addictions Psychiatry, King's College London
4.30pm	Tackling co-occurring substance use and mental illness Professor Owen Bowden-Jones, Consultant Psychiatrist, Central and North West London NHS Foundation Trust. Honorary Professor, University College London
5.15pm	Q+A
5.30pm	End of day 1
5.30pm-6.30pm	Delegate drinks reception Members' Area, Ground Floor All delegates are welcome to attend this reception; no ticket purchase necessary. Only non-alcoholic drink options will be available.

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Thursday 22 May	
8.45am - 9.15am	Registration
9.15am	Welcome and Winner of the Faculty Lecture Prize Room 1.7 Chair: Dr David Bremner, Vice Chair, Royal College of Psychiatrists Faculty of Addictions Psychiatry
9.15am	Welcome and Introduction from the Faculty Vice Chair Dr David Bremner, Vice Chair, Royal College of Psychiatrists Faculty of Addictions Psychiatry
9.20am	Winner of the Faculty Lecture Prize - Plugging the gap: a role for simulation in addictions training Dr Thomas Rose, Medical Education Fellow and Speciality Doctor in Psychiatry. Oxford Health NHS Foundation Trust
9.35am	Q+A
9.40am	Chair: Dr Emily Finch, Chair, Royal College of Psychiatrists Faculty of Addictions Psychiatry
9.40am	Deprescribing benzodiazepines, z-drugs and gabapentinoids: the Maudsley deprescribing guidelines approach Dr Mark Horowitz, Clinical Research Fellow in Psychiatry, North East London NHS Foundation Trust; Visiting Lecturer in Psychopharmacology, King's College London
10.25am	Q&A
10.40am	Morning refreshments and poster viewing
11.00am	Plenary 4: Society for Study of Addiction; Research Fellows – emerging research Room 1.7 Chair: Dr Sarah Welch, Vice-President, Society for the Study of Addiction
11.00am	Identification and management of alcohol withdrawal in acute hospitals Dr Rachel Coleman, Centre for Addiction and Mental Health Research, University of Hull
11.15am	Digital Contingency Management interventions to enhance opiate treatment-related outcomes

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	Dr Carol-Ann Getty, Research Fellow at the National Addiction Centre, King's College London
11.30am	Smoking reduction for pregnant women who cannot stop smoking: A new way for the NHS to improve birth outcomes and infant health Dr Sophie Orton, Senior Research Fellow, University of Nottingham
11.45am	Cannabis use, tobacco use and mental health: applying a triangulation of evidence approach Dr Chloe Burke, Bristol Medical School (PHS), University of Bristol
12.00pm	Comfort break
12.10pm	Parallel sessions <i>Please choose one of the below sessions to attend.</i>
	Parallel session D – Forced migration and addiction Room 1.1 Chair: Dr Shivanthi Sathanandan, Consultant Psychiatrist North London Mental Health Trust & Addiction Committee member Dr Sophie Quarshie, Consultant Psychiatrist, Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Professor Piyal Sen, Consultant Forensic Psychiatrist and Medical Director, Chadwick Lodge, Elysium Healthcare, Visiting Professor, Brunel University, London.
	Parallel session E – Menopause, ADHD and Addiction Room 1.7 Chair: Dr David McLaughlan, Academic Secretary, Royal College of Psychiatrists Faculty of Addictions Psychiatry Dr Judith Mohring, MBBS MA (Cantab) MRCPsych
	Parallel session F – Missed diagnosis? The role of cannabis withdrawal in psychosis onset, relapse and PICU admission Room 1.5-1.6 Chair: Dr Emily Finch, Chair, Royal College of Psychiatrists Faculty of Addictions Psychiatry Dr Edward Chesney, Academic Clinical Lecturer, King's College London
1.10pm-2.00pm	Lunch and poster viewing Please note that a Mindfulness session will be taking place in Room 1.1 (see further information below) from 1.40pm-1.55pm.

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1.40pm-1.55pm	Mindfulness – a valuable tool to support recovery Room 1.1 Miss Melinda King, Patient Representative, Addictions Faculty Committee <i>In this lunchtime session, Melinda will give a brief introduction to Mindfulness, sharing her own experience of the benefits before leading a short practice. All delegates are welcome.</i>
2.00pm	Parallel sessions <i>Please choose one of the below sessions to attend.</i>
	Parallel session G – Pitfalls of chronic pain management and addiction issues in primary and secondary care Room 1.7 Chair: Dr Shivanthi Sathanandan, Consultant Psychiatrist North London Mental Health Trust & Addiction Committee member Dr Matteo Bernardotto, MBChB, BMedSci (Hons), MRCS, MRCGP, DipSEM, MLCOM, PgCert MSK US, FFSEM
	Parallel session H – Gaming Disorder in the UK: an update Room 1.5-1.6 Chair: Dr David Bremner, Vice Chair, Royal College of Psychiatrists Faculty of Addictions Psychiatry Professor Henrietta Bowden-Jones OBE DL, National Advisor on Gambling Harms, NHSE Miss Zöe Henry, Assistant Psychologist at The National Centre for Gaming Disorders Mr Will Davis, Service Manager at The National Centre for Behavioural Addictions and the London Club Drug Clinic
	Parallel session I – The role and needs of the family in addiction Room 1.1 Chair: Dr David McLaughlan, Academic Secretary, Royal College of Psychiatrists Faculty of Addictions Psychiatry Ms Vivienne Evans (OBE), CEO, Adfam
3.00pm	Movement break
3.05pm	Closing remarks and poster prizes Room 1.7 Chair: Dr Emily Finch, Chair, Royal College of Psychiatrists Faculty of Addictions Psychiatry
3.05pm	Closing lecture Dr Trudi Seneviratne (OBE), Registrar, Royal College of Psychiatrists
3.25pm	Closing comments from the Faculty Chair and the announcement of prize winners

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	Dr Emily Finch, Chair, Royal College of Psychiatrists Faculty of Addictions Psychiatry
3.30pm	Close of conference
3.30pm – 5.00pm	Regional Tutors Meeting Room 1.5-6 Chairs: Professor Julia Sinclair and Dr Louise Sell <i>This is a session with the regional leads who have been supporting the implementation of our 2020 report into training in addictions psychiatry. The session will be led by Professor Julia Sinclair who co-ordinates the regional leads and Dr Louise Sell, the Addictions SSAC chair. We will reflect on progress to date including the establishment of case-based discussions, the establishment of standardized feedback from tutors and resident doctors and the development of new posts for resident doctors. We will update on work with DHSC / OHID and NHSE-WTE and share plans for next steps. All are welcome to find out about the current state of play, and to inform our next steps.</i>

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