

Faculty of Eating Disorders Spring Conference | A Psychosomatic Perspective on Eating Disorders

Date: Tuesday 13 May 2025, 9.00am-5.45pm

Venue: Online via EventsAir

Time	Session
9.00am	Welcome address Dr Ashish Kumar, FRCPsych, FAED <i>Chair, Faculty of Eating Disorders, RCPSych</i> <i>Consultant Psychiatrist & Clinical Director, CAMHS, Mersey Care NHS Foundation Trust</i>
	Keynote Lecture Chair: Professor Janet Treasure, FRCPsych, FRCP, FAED MBE <i>Professor of Psychiatry, IoPPN, King's College, London</i>
9.10am	Finding the balance between respecting autonomy and life-saving anorexia nervosa care: an Australian perspective. Professor Stephen Touyz <i>Emeritus Professor of Psychology at the University of Sydney and Director of the Inside Out Institute, Sydney Local Health District /University of Sydney</i>
9.50am	Q&A
	Plenary 1: Dietetics Chair: Ms Sarah Fuller <i>Clinical Lead Dietitian for CAMHS, Northampton Healthcare NHS Foundation Trust</i> <i>Research Dietitian, Imperial College London</i>
10.00am	More than just a meal plan: the wider role of the dietitian in eating disorder treatment Ms Paola Falcoski <i>Advanced Specialist Dietitian for Eating Disorders</i>

10.20am	Advances in the dietetic management of eating disorders Dr Cliona Brennan <i>Specialist eating disorder dietitian, Maudsley Centre for Child and Adolescent Eating Disorders, South London and Maudsley NHS Foundation Trust, London</i>
10.40am	Enteral tube nutrition in anorexia nervosa and atypical anorexia nervosa Mrs Namrata Dhopatkar <i>Specialist dietitian, South London and Maudsley NHS Foundation Trust, London</i>
11.00am	Q&A
11.15am - 11.45am	Break
	Plenary 2: Binge eating disorder and obesity Chair: Dr Hubertus Himmerich <i>Academic Secretary, Faculty of Eating Disorders, RCPSych, Consultant Psychiatrist & Reader in Psychiatry, IoPPN, King's College, London</i>
11.45am	An update on prevalence rates of disordered eating behaviours in children and adolescents with overweight or obesity and the management of binge-eating disorder Dr Elizabeth Tyrrell Bunge <i>Maudsley Centre for Child and Adolescent Eating Disorders, South London and Maudsley NHS Foundation Trust, London</i>
12.05pm	Disordered eating in children and young people at higher weight: the role of ED services Professor Dasha Nichols, <i>Professor of Child Psychiatry, Imperial College, London Audit and Research -Strategic Director, RCPsych Child and Adolescent Psychiatrist in CNWL Children and Young People's Eating Disorders Service.</i>
12.25pm	Childhood maltreatment in patients with mental illness as a risk factor for obesity Professor Inga Schalinski <i>Professor for Clinical Psychology and Trauma therapy, University of the Bundeswehr, Munich, Germany</i>

12.45pm	Q&A
1.00pm - 1.45pm	Lunch
	Keynote Lecture Chair: Dr Ashish Kumar <i>Chair, Faculty of Eating Disorders, RCPSych</i> <i>Consultant Psychiatrist & Clinical Director, CAMHS, Mersey Care NHS Foundation Trust</i>
1.45pm	ARFID Twelve Years On: What Have We Learned? Dr Rachel Bryant-Waugh <i>Consultant Psychologist, South London and Maudsley NHS Foundation Trust, London</i>
2.25pm	Q&A
	Plenary 3: Risk and Gastrointestinal Symptoms Chair: Dr Lisa Mukherjee Royal College of Psychiatrists Central Northwest London NHS Trust
2.35pm	Physical risk management in children and adolescents with eating disorders Dr Ashish Kumar <i>Chair, Faculty of Eating Disorders, RCPSych</i> <i>Consultant Psychiatrist & Clinical Director, CAMHS, Mersey Care NHS Foundation Trust</i>
2.55pm	A multisite comparison using electronic health records and natural language processing to identify the association between suicidality and hospital readmission amongst patients with eating disorders Dr Charlotte Cliffe, Surrey and Borders NHS Trust and Kings College London
3.15pm	GI Tract Psychiatry Dr Calum Moulton <i>Consultant Liaison Psychiatrist specialising in complex gut disease, St Mark's Hospital, London</i>
3.35pm	Q&A

3.50pm-4.20pm	Break
	Plenary 4: Mortality and Ethics Chair: Dr Agnes Ayton <i>Vice Chair, Faculty of Eating Disorders, RCPSych</i> <i>Consultant Psychiatrist, Oxford Health NHS FT</i>
4.20pm	Adverse outcomes and mortality in individuals with eating disorder-related electrolyte abnormalities in Ontario, Canada: a population-based cohort study Professor Marco Solmi <i>Consultant Psychiatrist and Associate Professor,</i> <i>Department of Psychiatry, University of Ottawa, Canada</i>
4.40pm	Medical Outcomes from a Medical Stabilization Unit for Patients with Extreme Forms of Anorexia Nervosa Professor Philip Mehler, MD, FACP, FAED, CEDS <i>Chief executive officer of Denver Health's ACUTE Centre for Eating Disorders and Severe Malnutrition, the chief scientific officer at the Eating Recovery Centre, and the Distinguished Glassman Professor of Medicine at the University of Colorado, USA</i>
5.00pm	The concept of terminal anorexia and the recent debate over the treatment Dr Abdi Sanati <i>Chair, Professional Practice and Ethics Committee, RCPsych</i> <i>Consultant Adult Psychiatrist</i>
5.20pm	Q&A and panel discussion Panellists: - Dr Abdi Sanati* - Dr Ashish Kumar* - Dr Agnes Ayton* - Dr Frances Connan, <i>Consultant Adult Psychiatrist</i> - Dr Hubertus Himmerich* - Professor Janet Treasure* - Dr Lisa Mukherjee* - Professor Marco Solmi* - Dr Phil Crockett, <i>Consultant Adult Psychiatrist in Psychotherapy and Eating Disorders, Scotland</i> - Professor Philip Mehler*

	<i>*Speaker affiliation previously stated in the programme</i>
5.45pm	End of conference