

## Perinatal Faculty Psychiatry Conference 2025

**Date:** Tuesday 18<sup>th</sup> November

**Venue:** Prescott Street, in-person and live-streamed

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Time	Session
8.30am <i>G1-4</i>	<b>Registration, refreshments and online poster exhibition viewing</b>
<b>Session 1</b>	
Chair: Dr Livia Martucci, Chair of the Faculty	
9.15am <i>Rm 1.7</i>	<b>Welcome and introductory remarks</b> Dr Livia Martucci
9.30am	Chair: Dr Livia Martucci  <b>What can we learn from hunter-gatherers about maternal mental health?</b> Dr Annie Swanepoel, Consultant CAMHS Psychiatrist, North East London NHS Foundation Trust  Dr Nikhil Chaudhary, Asst. Professor in Evolutionary Anthropology, University of Cambridge
10.05am	<b>Questions</b>
10.15am	Chair: Dr Livia Martucci  <b>Psychopharmacology in the perinatal period: updates</b> Dr Angelika Wieck, Honorary Consultant Psychiatrist at the Greater Manchester NHS Foundation Trust and Honorary Senior Lecturer at the University of Manchester
10.50am	<b>Questions</b>
11.00am <i>G1-4</i>	<b>Break and online poster viewing</b>
<b>A choice of three parallel workshops</b>	

# Conference Programme

<p><b>11.25am</b></p>	<p><i>Rm 1.1</i></p> <p><b>1) Hyperemesis Gravidarum: Consequences on Mental Health</b></p> <p>Dr Melanie Nana, Locum Consultant in Obstetric Medicine, GSTT NIHR Clinical Research Fellow, Kings College London</p>	<p><i>Rm 1.7</i></p> <p><b>2) Perinatal Women in prison</b></p> <p>Dr Caroline Pontvert, Consultant Perinatal Psychiatrist, Perinatal Mental Health Service - Health &amp; Justice Services Directorate, Central and North West London NHS FT</p> <p>Dr Christy Pitfield, Principal Perinatal Psychologist, Perinatal Mental Health Service-Health &amp; Justice Services, Central and North West London NHS FT</p>	<p><i>Rm 1.6</i></p> <p><b>3) The role of nature connection in postnatal mental health: insights from 'The Mother Nature Project'</b></p> <p>Dr Katherine Hall, NIHR Doctoral Fellow – university of Bristol</p> <p>Rosa Roberts, ST5</p> <p>Tasneem Ghanchi, Lived Experience Advisor</p> <p>Lucinda Stanton, Perinatal peer support worker and facilitator</p>
<p><b>12.20pm</b></p> <p><i>G1-4</i></p>	<p><b>Lunch and online poster viewing</b></p>		
<p style="text-align: center;"><b>Session 2</b></p>			
<p><b>1.15pm</b></p> <p><i>Rm 1.7</i></p>	<p><b>Margaret Oates Research Prize Winner</b></p> <p><b>Exploring associations between maternal mental health, perinatal care, and early childhood development</b></p> <p>Chair: Dr Mano Manoharan Dr Asilay Seker, Clinical Research Fellow, King's College London</p>		
<p><b>1.30pm</b></p>	<p><b>Daksha Emson Prize – Trainees Oral presentations</b></p> <p>Chairs: Dr Saadia Alvi and Dr Sanne Van Rhijn</p>		
	<p><b>Evaluating the Perinatal Intensive Pathway: Reducing Hospital Admissions, Costs, and Enhancing Quality of Care</b></p> <p>Dr Shambhavi Pranoy</p>		
	<p><b>Bridging Gaps: Introducing Perinatal Mental Health Screening in Rural Uganda</b></p> <p>Dr Jessica Katanga</p>		
	<p><b>Neuropsychiatric and mental health outcomes in hyperemesis gravidarum: A retrospective cohort study</b></p> <p>Dr Hamilton Morrin</p>		

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	<p><b>The Experiences of Mothers in the Perinatal Period Following Fertility Treatment: A Qualitative Study</b> Dr Joao Paulo Costa Monteiro da Silva</p>
2.00pm	<p><b>ADHD in the perinatal period – diagnosis and management</b> Chair: Dr Livia Martucci Dr Joe Johnson, Consultant Psychiatrist and Northwest Lead for UKAAN (UK Adult ADHD Network) Merseycare NHS Foundation Trust</p>
2.35pm	<p><b>Questions</b></p>
2.45pm G1-4	<p><b>Afternoon break and online posters viewing</b></p>
<p><b>Session 3</b> Chair: Dr Livia Martucci</p>	
3.10pm Rm 1.7	<p><b>Awarding of prizes</b> Dr Mano Manoharan &amp; Dr Chaya Mupiri</p>
3.15pm	<p><b>Sleep and perinatal mental health</b> Dr Ranga Rao, Consultant Perinatal Psychiatrist, South London and Maudsley NHS Foundation Trust &amp; Honorary Consultant Psychiatrist at the Sleep Disorders Centre, Guys Hospital, London</p>
3.50pm	<p><b>Questions</b></p>
<p><b>Health Inequalities</b> Chair: Dr Livia Martucci</p>	
4.00pm	<p><b>Advancing Mental Health Equity - An Overview of the RCPsych Initiatives</b> Dr Raj Mohan, Consultant Psychiatrist in Forensic Rehabilitation, South London and Maudsley NHS Foundation Trust &amp; Joint Presidential Leads for Equity and Equality, RCPsych</p>
4.25pm	<p><b>Addressing Inequalities in Perinatal Mental Health Care</b> Dr Nikolina Jovanović, Consultant Psychiatrist, East London NHS Foundation Trust and Reader in Perinatal Psychiatry, Wolfson Institute of Population Sciences, Queen Mary University of London, NIHR Integrated Academic Training Lead (Psychiatry)</p>
4.45pm	<p><b>Questions</b></p>

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<b>4.55pm</b>	<b>Closing comments</b> Dr Livia Martucci
<b>5.00pm</b>	<b>Conference close</b>

## ***Please note this programme is subject to change***

*RCPsych is an inclusive organisation with over 21,000 members who have a diverse range of views, which we look to represent across the programme. To further open dialogue, scientific discovery and enrich learning, we provide our members with the opportunity to hear from a range of professionals. The speakers, panellists and participants views and comments are their own and not the established views of the College.*