

## RCPsych Rehabilitation & Social Faculty Psychiatry Conference 2025

**Date: Thursday 27- Friday 28 November**

**Venue:** Voco, St David's Hotel, Cardiff

### Thursday

Time	Session
8.30am <i>Roald Dahl Lounge</i>	<b>Registration, refreshments and poster exhibition viewing</b>
<b>Session 1</b>	
<b>Chair: Dr Raj Mohan</b>	
<b>9.00am</b> <i>Roald Dahl Suite</i>	<b>Welcome and introductions</b> Dr Raj Mohan, Academic secretary, Rehabilitation and Social Psychiatry Faculty
<b>9.05am</b>	<b>Faculty chair's address</b> Dr Andrew Molodynski, Chair, Rehabilitation and Social Psychiatry Faculty
<b>9.15am</b>	<b>Keynote 1</b> <b>Presenting language disorder: exploring 'hidden' barriers and the impact of communication difficulty on assessment, intervention and recovery</b> Dr Susan Guthrie, Principal Speech and Language Therapist & Clinical lead for research, Leeds and York Partnership Foundation Trust/University of Leeds
<b>9.40am</b>	<b>Questions</b>
<b>9.45am</b>	<b>Symposium 1</b> <b>Bristol rehabilitation case finding approach-the real world impact of digital innovations</b> Dr Will Hall, Avon & Wiltshire Partnership NHS Trust  <b>Digital innovations in mental healthcare: an ethical landscape</b> Professor Jonathan Ives, Professor of Empirical Bioethics and Head of Population Health Sciences, Bristol Medical School
<b>10.40am</b>	<b>Questions</b>
<b>10.45am</b>	

<b>Roald Dahl Lounge</b>	<b>Break and poster exhibition viewing</b>
<b>Session 2</b>	
<b>Chair: Dr Sridevi Kalidindi</b>	
<b>11.15am</b> <i>Roald Dahl Suite</i>	<p><b>Keynote 2</b></p> <p><b>Advance Choice Documents – an evidence-based intervention promoting autonomy and choice and reducing involuntary admissions</b></p> <p>Professor Claire Henderson, Clinical Professor of Public Mental Health at the Institute of Psychiatry, Psychology &amp; Neuroscience (IoPPN), Kings College, London</p>
<b>11.40am</b>	<b>Questions</b>
<b>11.45am</b>	<p><b>Symposium 2</b></p> <p><b>Co-occurring mental illness and Substance misuse clinics – how to work collaboratively</b></p> <p>Dr Faye Graver, Consultant Psychiatrist and Clinical Director, Substance Misuse Service, Betsi Cadwaladr University Health Board, Wales</p> <p>Dr Laura Robbins, Consultant Addictions Psychiatrist, Betsi Cadwaladr University Health Board, Wales</p>
<b>12.40pm</b>	<b>Questions</b>
<b>12.45pm</b> <i>Roald Dahl Lounge</i>	<b>Lunch and poster exhibition viewing</b>
<b>Session 3</b>	
<b>1.35pm</b>	<p><b>3 Parallel workshops</b></p> <p><b>Workshop 1 - Bridging Complexity: Clinical Pathways for ASD and ADHD Management</b></p> <p>Dr James Jeffs Consultant Psychiatrist Berkshire Healthcare NHS Foundation Trust and clinical lead for adhd prescribing</p> <p>Dr Azmath Khan, Consultant Psychiatrist and Medical Director, Cygnet Hospital Harrow</p>
	<p><b>Workshop 2 – Addressing health inequalities for people with SMI: it's everyone's business</b></p> <p>Dr Anneka John-Kamen, Consultant Psychiatrist and Clinical Lead, Southleigh Community Hospital, Inmind Healthcare Group and RCPsych Equity Champion</p>

	Dr Issy Millard, Consultant Rehabilitation Psychiatrist, North London NHS Foundation Trust and RCPsych Equity Champion
	<p><b>Workshop 3 - The Quality Network for Mental Health Rehabilitation Services: Our Journey to Accreditation</b></p> <p>Bethan Thibaut, College Centre for Quality Improvement (CCQI), RCPsych</p> <p>Unnati Pathak, College Centre for Quality Improvement (CCQI), RCPsych</p> <p>Dr Marina Bowe, Consultant Psychiatrist, Highfield Healthcare</p>
<b>2.25pm</b>	Workshops changeover
<b>2.30pm</b>	<p><b>3 Parallel workshops (repeated)</b></p> <p><b>Workshop 1 - Bridging Complexity: Clinical Pathways for ASD and ADHD Management</b></p> <p>Dr James Jeffs, Consultant Psychiatrist, Berkshire Healthcare NHS Foundation Trust and clinical lead for adhd prescribing</p> <p>Dr Azmath Khan, Consultant Psychiatrist and Medical Director, Cygnet Hospital Harrow</p>
	<p><b>Workshop 2 - Addressing health inequalities for people with SMI: it's everyone's business</b></p> <p>Dr Anneka John-Kamen, Consultant Psychiatrist and Clinical Lead, Southleigh Community Hospital, Inmind Healthcare Group and RCPsych Equity Champion</p> <p>Dr Issy Millard, Consultant Rehabilitation Psychiatrist, North London NHS Foundation Trust and RCPsych Equity Champion</p>
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<b>3.20pm</b>	<b>Break and poster exhibition viewing</b>
	<b>Session 4</b>

	<b>Chair: Dr Celice McDermott</b>
<b>3.45pm</b> Roald Dahl Suite	<p><b>Keynote 3</b>  <b>Patient and staff experiences of inpatient mental health rehabilitation provided by the NHS and the independent sector - latest findings from the ACER study</b></p> <p>Professor Helen Killaspy, Professor of rehabilitation psychiatry, University College London and honorary Consultant Psychiatrist</p>
<b>4.10pm</b>	<b>Questions</b>
<b>4.15pm</b>	<p><b>Keynote 4</b></p> <p><b>Updates from the Antipodes: innovations in contemporary rehabilitation psychiatric practice in Australia</b> (pre-recorded talk)</p> <p>Dr Nick Burns, Consultant psychiatrist at Western NSW Local Health District and Chair of Social, Cultural and Rehabilitation Psychiatry, RANZCP, Australia</p>
<b>4.40pm</b>	<b>Questions</b>
<b>4.45pm</b>	<b>Close</b>

## Friday

Time	Session
<b>8.30am</b> Roald Dahl Lounge	<b>Registration, refreshments and poster exhibition viewing</b>
<b>Session 1</b>	
<b>Chair: Dr Hina Tahseen</b>	
<b>9.00am</b> Roald Dahl Suite	<p><b>Welcome to day two</b></p> <p>Dr Hina Tahseen, Vice chair, Rehabilitation and Social Psychiatry Faculty</p>

<b>9.05am</b>	<p><b>Keynote 5</b>  <b>Genericism works</b>          Professor Rob Poole, Professor of Social Psychiatry, Centre for Mental Health and Society, Bangor University, North Wales</p>
<b>9.30am</b>	<p><b>Questions</b></p>
<b>9.35am</b>	<p><b>Symposium 3</b>  <b>Improving physical health for people with SMI</b>  <b>The RCPsych Physical Health Position Statement: A whole system, life-course approach</b>          Dr Ed Beveridge, Consultant Psychiatrist, and Presidential Lead for physical health, Royal College of Psychiatrists</p> <p><b>Wim's protocol for the safe monitoring of Clozapine: why do we need it?</b>          Ms Kate Northcott Spall, Health Campaigner</p> <p><b>Wim's Protocol: an introduction</b>          Dr Mao Fong Lim, Presidential Scholar for physical health, Royal College of Psychiatrists</p>
<b>10.15am</b>	<p><b>Questions</b></p>
<b>10.30am</b> <i>Roald Dahl Lounge</i>	<p><b>Break and poster exhibition viewing</b></p>
<p><b>Session 2</b></p> <p><b>Chair: Dr Charlotte Harrison</b></p>	
<b>11.10am</b> <i>Roald Dahl Suite</i>	<p><b>Douglas Bennett Prize presentations</b>          Panel chaired by Professor Helen Killaspy          (2 shortlisted presentations)</p>
	<p><b>Balancing Risk and Recovery: Substance use on leave in low secure rehabilitation wards</b>          Dr Nimra Waheed</p>
	<p><b>Promoting Physical Health and Wellbeing in Psychiatric Rehabilitation: A Structured Programme of Physical Activity and Healthy Eating at Haywood Lodge, Clonmel, Co. Tipperary</b>          Dr Caroline O'Byrne</p>

	<b>Symposium 4</b> <b>Integrating Lived Experience into Rehabilitation Services (Panel discussion)</b> Maurice Arbuthnott, Exec Member, Rehabilitation Faculty
<b>11.30am</b>	Ros Savege, Exec Member, Rehabilitation Faculty  Dr Raj Mohan, Consultant Psychiatrist, South London and Maudsley NHS Foundation Trust & joint Presidential Lead for Equity and Equality, RCPsych
<b>12.25pm</b>	<b>Questions</b>
<b>12.30pm</b> <i>Roald Dahl Lounge</i>	<b>Lunch and poster exhibition viewing</b>

## Session 3

**Chair: Dr Saeed Alam**

<b>1.30pm</b> <i>Roald Dahl Suite</i>	<b>Keynote 7</b> <b>The Lancet Psychiatry Commission: an approach for holistic management of physical health side-effects of psychiatric medication</b> Dr Toby Pillinger, Academic Clinical Lecturer, Department of Psychosis Studies, Institute of Psychiatry, Psychology & Neuroscience (IoPPN), Kings College, London
<b>1.55pm</b>	<b>Questions</b>
<b>2.00pm</b>	<b>Symposium 5</b> <b>Prepare for discharge: a co-produced peer-led course to support people to move on from hospital</b> Presented by the Cardiff and Vale Recovery and Wellbeing College  Susie Boxall, Strategic Lead Lived Experience Team Mental Health Clinical Board, Cardiff and Vale University Health Board

	<p>Catherine Maddock, Peer Trainer Lived Experience Team Mental Health Clinical Board, Cardiff and Vale University Health Board</p> <p>Ricci and Lydia Adams, lived experience experts</p>
<b>2.55pm</b> <i>Roald Dahl Lounge</i>	<b>Questions</b>
<b>3.00pm</b> <i>Roald Dahl Lounge</i>	<b>Break and poster exhibition viewing</b>
	<b>Session 4</b> <b>Chair: Dr Andrew Molodynski</b>
<b>3.25pm</b> <i>Roald Dahl Suite</i>	<p><b>1. Faculty Annual General meeting</b>  <b>Agenda:</b></p> <ol style="list-style-type: none"> <li>1. Update from Faculty Chair</li> <li>2. Update from Faculty Vice Chair</li> <li>3. Update from Faculty Finance Officer</li> <li>4. Discussion on Faculty Priorities</li> </ol> <p><b>2. Faculty awards ceremony (3.55PM)</b></p> <ol style="list-style-type: none"> <li>1. Medical student essay prize (5 min)</li> <li>2. Faculty poster prize</li> <li>3. Douglas Bennett research prize</li> <li>4. Faculty lifetime achievement award (recipient talk 10-15min)</li> </ol>
<b>4.25pm</b>	<b>Closing remarks</b>

***Please note this programme is subject to change***

*RCPsych is an inclusive organisation with over 21,000 members who have a diverse range of views, which we look to represent across the programme. To further open dialogue, scientific discovery and enrich learning, we provide our members with the opportunity to hear from a range of professionals. The speakers, panellists and participants views and comments are their own and not the established views of the College.*