

Annual ECT and Neuromodulation Conference

Date: Thursday 12 and Friday 13 November 2026

Venue: RCPsych London / Live stream

Thursday 12 November 2026

Time	Session
8.45-9.05am	Registration (for in-person delegates)
9.05am	Welcome and introduction Richard Braithwaite, UK
	Plenary 1. Real-world outcomes of ECT Chair: Richard Braithwaite, UK
9.10am	The ECTAS dataset Cassie Reagan and Hannah Lucas-Motley, UK
9.30am	Update on ECTAS outcomes Richard Braithwaite, UK
9.50am	Non-response to ECT: insights from the Scottish ECT Audit Network (SEAN) Daniel Martin, UK
10.10am	ECT in late-life depression: an overview of recent evidence Aimee Devereux, UK
10.30-11.00am	Break
	Plenary 2. Complex cases Chair: Alexander Sartorius, Germany
11.00am	Cardiovascular risk and ECT outcomes Nathalie Denayer, Belgium
11.15am	Patient with severe catatonia after ventriculoperitoneal shunt Maeva Magnat, France
11.30am	A patient with a cerebral aneurysm undergoing ECT Lucie Cherruau, France
11.45am	Excited catatonia and Phelan-McDermid syndrome Omolayo Apantaku, UK
12.00pm	Use of bifrontal ECT in patients with cardiac problems Rebecca Conlan Trant, Ireland

12.15pm	ECT for persistent psychosis in a forensic setting Lena Machetanz, Switzerland
12.30-1.30pm	Lunch
1.30pm	Plenary 3. Distinguished Guest Lecture: Charles Kellner, US Reducing ECT stigma via the evidence base
	Plenary 4. Evolving roles of clinics Chair: Kay Fisher, UK
2.20pm	Practitioner-administered ECT in the UK Mandy Tate and Kay Fisher, UK
2.40pm	rTMS drop-in sessions: a space for shared experience for service users and carers Yetunde Abiodun and service user, UK
3.00-3.30pm	Break
	Plenary 5. 'Very' treatment-resistant depression: Chairs: Douglas Steele and Quentin Huys, UK
3.30pm	Psychiatric Neurosurgery: a historical perspective Douglas Steele, UK
3.50pm	Neurosurgery for treatment-resistant depression Ludvic Zrinzo, UK
4.10pm	The National Affective Disorders Unit at the Maudsley Hospital and treatment-resistant depression Anthony Cleare, UK
4.30pm	A referral pathway for neurosurgery in depression Quentin Huys, UK
4.50pm	Close of Day 1

Friday 13 November 2026

Time	Session
8.30-9.00am	Registration (for in-person delegates)
9.00am	Welcome and introduction George Kirov, UK
	Plenary 6. Cognitive problems Chairs: Jasmien Obbels and Nathalie Denayer, Belgium
9.05am	ECT and synaptic plasticity Maarten Laroy, Belgium
9.25am	Autobiographical memory and ECT Declan McLoughlin, Ireland
9.45am	Severe memory complaints following ECT: disentangling the causes and addressing the problems Jasmien Obbels, Belgium
10.05am	Discussion: Charles Kellner, Alexander Sartorius, Jasmien Obbels, Declan McLoughlin, Nathalie Denayer
10.35-11.00am	Break
	Plenary 7. Optimising treatment parameters Chairs: George Kirov and Richard Braithwaite, UK
11.00am	Continuation ECT for the prevention of relapse Richard Braithwaite, UK
11.20am	Optimising electrode preparation in ECT Alexis Bowers, UK
11.40am	Use of bifrontal ECT George Kirov, UK
12.00pm	Outcomes of ultrabrief-pulse ECT Declan McLoughlin, Ireland
12.20-1.20pm	Lunch
	Plenary 8. Combating stigma Chair: Alexander Sartorius, Germany
1.20pm	Combating stigma and misinformation about ECT

	David Zilles-Wegner, Germany
1.30pm	Is ECT an invasive treatment? Alexander Sartorius, Germany
2.00pm	Collecting patient feedback Sophia Swaffield, UK
2.20pm	Discussion: How can we reduce the stigma surrounding ECT? Alexander Sartorius, David Zilles-Wegner, Jasmien Obbels, Yetunde Abiodun, George Kirov, Karen Peckover, Charles Kellner
2.50-3.20pm	Break
	Plenary 9. Complex cases Chair: George Kirov, UK
3.20pm	Reducing the risk of pulmonary embolism during ECT Olivia Dean, UK
3.35pm	The use of long-term venous access in maintenance ECT Ozan Aydin, UK
3.50pm	Hyperthermia after ECT Jacques Sloman, UK
4.05pm	ECT for a child with mania Rupert McShane, UK
4.20pm	Delayed response to ECT in catatonia after presumed brain injury TBC
4.35pm	Autoimmune encephalitis Georgina Hartzell & Leonardo Lopez, US
4.50pm	Close of conference

RCPsych is an inclusive organisation with over 21,000 members who have a diverse range of views, which we look to represent across the programme. To further open dialogue, scientific discovery and enrich learning, we provide our members with the opportunity to hear from a range of professionals. The speakers, panellists and participants views and comments are their own and not the established views of the College.