

Autism: CPD update

Date: Tuesday 27 October 2026

Venue: RCPsych/Livestream

Chair: Dr Quinton Deeley, Senior Lecturer in Social Behaviour and Neurodevelopment at the Institute of Psychiatry, Psychology, and Neuroscience (IOPPN), King's College London; Consultant Neuropsychiatrist in the National Autism Unit and Neuropsychiatry Brain Injury Clinic at the Maudsley and Bethlem Hospitals

Time	Session
9.30am	What is autism, and how do we make a diagnosis in the new era of DSM-5 and ICD-11 TBC
10.00am	Assessment and treatment of common mental health problems in autistic people TBC
10.30am	Q&A
10.45am	Morning break
11.15am	Psychological interventions for autistic children and young people Dr Catherine Sholl
11.45am	Developing psychological interventions for autistic adults Dr Sophie Doswell
12.15pm	Q&A
12.30pm – 1.30pm	Lunch
1.30pm	A neurodiversity-affirmative approach to precision health: revisiting assumptions, debunking myths, and cultivating inclusive research Professor Eva Loth
2.00pm	Evolving concepts of autism and health.

	Francesca Happé
2.30pm	Q&A
2.45pm	Afternoon break
3.15pm	Sensory aspects of autism across the life course Dr Nicolaas Puts
3.45pm	Autism, psychopathy and empathy Dr Quinton Deeley
4.15pm	Q&A
4.30pm	Meeting Close

RCPsych is an inclusive organisation with over 22,000 members who have a diverse range of views, which we look to represent across the programme. To further open dialogue, scientific discovery and enrich learning, we provide our members with the opportunity to hear from a range of professionals. The speakers, panellists and participants views and comments are their own and not the established views of the College.

General Information

This event will be taking place in-person at the Royal College of Psychiatrists in London and also livestreamed online via a platform called EventsAir. You can watch live, or on-demand later. Please note, this platform is accessible through your internet browser (ideally Google Chrome), where you can:

- watch the sessions.
- interact with speakers via the discussion forum, live Q&A, and polling.
- catch up with colleagues in the Meeting Hub.
- view conference resources and speaker presentations.

Joining the webinar

We recommend that you log into the platform a day ahead of the conference taking place. When you first log into the platform you will be asked to confirm/edit some details about yourself. It is important that you select your time zone and choose what data you would like to share during the virtual event. Once this is done, please click 'update and close'. You will then be taken to the attendee portal where you will be able to view the conference agenda. You can preview each session. The button will change from 'preview' to 'join' when the session is live and available to view.

You should have now received your joining instructions. This email will contain your unique joining link for the whole conference. Please check your spam folder if you have not received the confirmation.

- Technology Requirements
- Access to a reliable internet connection – wired if possible
- A PC, laptop, tablet or phone
- Google Chrome or Microsoft Edge browser

Some users may experience difficulty joining the session due to security settings. If this is the case, we suggest you use a personal device rather than a work laptop/computer. If you are having difficulty please read our [FAQs document](#) or contact a member of the Events team via events@rcpsych.ac.uk

During the sessions online

During the webinar you will be able to view the speakers as they present and any accompanying PowerPoint slides. You will not be visible to other attendees or speakers.

You can ask questions using the Q&A function on your screen and engage in conversation with other delegates via the discussion forum. The speakers will

endeavour to answer as many questions as possible during the time period. There may be occasions when not all questions can be answered live, however we will try to answer any remaining questions offline, creating a Q&A resource sheet for all attendees.

If you lose connection during the webinar, please refresh your screen or try closing down browser and clicking the joining link again.

Watching on demand

Once the webinar has taken place live you will receive an email informing you that the session is now available to watch on demand. Please be aware that the recordings will only be available for two months after the webinar has taken place. Please note that the recordings of the webinars and presentations are the intellectual property of the speaker and the College and any unauthorised broadcasting/copying of the material is strictly prohibited.

Accreditation

This conference is eligible for up to 6 CPD hours, subject to peer group approval.

Certificates

Certificates of attendance will be emailed to delegates after the meeting.

Feedback

Once the conference has taken place, we would value your feedback. [Please complete this feedback form.](#) All comments received remain confidential and are viewed in an effort to improve future meetings.

Queries

Please email events@rcpsych.ac.uk if you require any assistance. Please also read our [FAQs document](#). We will try and respond to your email as soon as possible but please remember that all sessions will be recorded and available to watch on-demand for a period of 12 weeks post event.

Social media

If you wish to tweet about the conference use @rcpsych #autismconf2026

Speaker presentations

Delegates will be able to access speaker presentations (where permission has been given) after the meeting. These can be accessed directly through the EventsAir platform.