

Autism: CPD update

Date: Tuesday 27 October 2026

Venue: RCPsych/Livestream

Chair: Dr Quinton Deeley, Senior Lecturer in Social Behaviour and Neurodevelopment at the Institute of Psychiatry, Psychology, and Neuroscience (IOPPN), King's College London; Consultant Neuropsychiatrist in the National Autism Unit and Neuropsychiatry Brain Injury Clinic at the Maudsley and Bethlem Hospitals

Time	Session
9.00am	Registration
9.30am	What is autism, and how do we make a diagnosis in the new era of DSM-5 and ICD-11 Professor Terry Brugha
10.00am	Assessment and treatment of common mental health problems in autistic people Dr Quinton Deeley
10.30am	Q&A
10.45am	Morning break
11.15am	Psychological interventions for autistic children and young people Dr Catherine Sholl
11.45am	Developing psychological interventions for autistic adults Dr Sophie Doswell
12.15pm	Q&A
12.30pm – 1.30pm	Lunch
1.30pm	A neurodiversity-affirmative approach to precision health: revisiting assumptions, debunking myths, and cultivating inclusive research Professor Eva Loth

2.00pm	Evolving concepts of autism and health. Professor Francesca Happé
2.30pm	Q&A
2.45pm	Afternoon break
3.15pm	Sensory aspects of autism across the life course Dr Nicolaas Puts
3.45pm	Autism, psychopathy and empathy TBC
4.15pm	Q&A
4.30pm	Meeting Close

RCPsych is an inclusive organisation with over 22,000 members who have a diverse range of views, which we look to represent across the programme. To further open dialogue, scientific discovery and enrich learning, we provide our members with the opportunity to hear from a range of professionals. The speakers, panellists and participants views and comments are their own and not the established views of the College.