

RCPsych Breaking Boundaries: Planet, Mind and Action

Date: Friday 27 February 2026

Venue: RCPsych Prescot Street, London

Time	Session
9.00 – 9.30am	Registration Refreshments served
9.30 – 9.40am	Introduction and Welcome Dr Kirsten Shukla, Child and adolescent psychiatrist Dr Sue Crimlisk, Child and adolescent psychiatrist Satish Kumar, Environment activist, Founder and Editor Emeritus at Resurgence and Ecologist magazine.
Session 1: State of the climate and ecological emergency Chair: Dr Kirsten Shukla	
09.40– 09.55am	Update on the science Dr Abi Perrin, Climate and Nature scientist, communicator & activist
09.55 – 10.15am	Mental health impacts of the climate and ecological emergency TBC
10.15 – 10.35am	What every psychiatrist should know about the climate crisis Dr Amelia Cussans, ST 5 trainee in adult psychiatry, member of psychiatry declares and Planetary Health and Sustainability Committee (PHSC) of the Royal College of Psychiatrists
10.35 – 11.00am	The commercial determinants of global health Dr May Van Schalkwyk, Public Health Researcher, University of Edinburgh
11.00 – 11.15am	Q&A Session
11.15 – 11.30am	Break
Session 2: Climate crisis conversations Chair: Dr Sue Crimlisk	
11.30 – 12.00pm	Climate crisis conversations Caroline Hickman, Psychotherapist and globally recognised researcher and author
12.00 – 1.00pm	Panel discussion and Q&A session Dr Pete Knapp, Lived experience Dr Juliette Brown, Old Age Psychiatry, member of Psych Declares and climate activist. Dr Ching Li, Child and Adolescent Psychiatry and member of Psych Declares. Dr Amelia Cussans, Adult Psychiatrist, member of the PHSC and Psych Declares.

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	Dr Tom Nutting, Adult Psychiatrist and Medical Psychotherapist, member of the PHSC and Psych Declares.
1.00 – 2.00pm	Lunch
Session 3: How can psychiatrists respond to the climate and ecological crisis? Chairs: Dr Kirsten Shukla and Dr Sue Crimlisk	
2.00pm – 2.20pm	The Planetary Health and Sustainability Committee of the Royal College of Psychiatrists <ol style="list-style-type: none"> 1. Nature matters – Dr Shuo Zhang, Child and adolescent Psychiatrist, PHSC and member of Psych Declares. 2. Eco CAMHS – Dr Catriona Mellor, Child and adolescent Psychiatrist, PHSC, member of Psych Declares. 3. Psychiatry training curriculum - Dr Philippa Clery, Psychiatrist, PHSC, member of Psych Declares. 4. Heatwave project – Dr Philippa Clery
2.20 – 2.30pm	Campaigning for institutional change Dr Amelia Cussans
2.30 – 2.40pm	Geopsychiatry Dr Santosh Mudholkar, Consultant Forensic Psychiatrist with an interest in global health.
2.40 – 3.00pm	History of activism - past and present Dr Lynne Jones OBE, Child and Adolescent Psychiatrist, writer, relief worker, consultant to WHO and Unicef and member of Psych Declares.
3.00 – 3.30pm	Experiences of activism - a conversation <ol style="list-style-type: none"> 1. Members of the public as activists – Clive Dolphin, Defend our Juries 2. Psychiatrists as activists – Dr Juliette Brown and Dr Tom Nutting 3. People with lived experience as activists – Dr Pete Knapp
3.30 – 3.45pm	Break
Session 4: Reflective workshop and outcomes from the conference Chairs: Dr Kirsten Shukla and Dr Sue Crimlisk	
3.45 – 4.40pm	Reflective workshop – Breakout into smaller groups Using creative materials, participants are invited to reflect on the day and their emotional responses to what they have heard Facilitated by Dr Marion Neffgen, Consultant Medical Psychotherapist, member of Psych Declares, and members of the Medical Psychotherapy Faculty Climate and Sustainability working group, Dr Pam Peters, Dr Louise Robinson, Dr Dasal Abayaratne
4.40 – 5.00pm	Closing remarks and the outcomes from the conference Dr Sue Crimlisk, Dr Kirsten Shukla and Fran Sowerbutts, Medical student
5.00pm	Close

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