



Improving Postgraduate Psychiatry Training Through Structured Face-to-Face Teaching: Three Months of Experience at Lanchester Road Hospital, Durham

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AIM

To create a structured, face to face teaching programme of topics related to psychiatry, for resident doctors

Topics selected were :

- ✓ Clinically relevant AND Engaging THAT
- ✓ Enhanced participation AND
- ✓ Supported trainees learning

METHODS

- ✓ **3 months, weekly 1 hour sessions, face to face.**
- ✓ **Attendees :** Psychiatry trainees, GP trainees, Foundation doctors working in psychiatry
- ✓ **Session format :** role-play, pop quizzes, puzzles, lectures and interactive discussions with post sessions debrief
- ✓ **Topics :** Self harm assessment, assessment of agitated patient, legal aspects of psychiatry, common psychiatric conditions to name a few.



BACKGROUND

Effective postgraduate psychiatry teaching is essential for trainees' development.

Pilot project involved :

Topic selection, generating teaching material and delivering sessions with support from senior colleagues.



RESULTS

Feedback collected every month (18 doctors)

81% - Rated sessions highly relevant

74% Reported improved confidence in topics covered

Strengths:

- ✓ Relevant topics
- ✓ Interactive
- ✓ Senior input

Suggestion:

- ✓ Maintain attendance
- ✓ Include sub-specialty topics

CONCLUSION

Project highlighted value of interactive, face to face teaching to improve learning and generate interest amongst resident doctors in psychiatry