



Event Booklet

RCPsych in Scotland Neuropsychiatry Conference 2026

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#RCPsychScotNeuro26

26 March 2026

at the
RCSEd, Surgeons Hall, Edinburgh
(Deacon's Suite)
Registration from 9am

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A register will be taken to confirm attendance upon arrival.



Please turn your phone/devices to silent and your email notifications off for the duration of the event.



Feedback Forms will be circulated for you to complete in the afternoon.



Certificates of attendance will be emailed to you within 10 days of the event.

RCPsych in Scotland **Neuropsychiatry Conference 2026**

Thursday 26 March 2026 | Royal College of Surgeons of Edinburgh
Nicolson Street, EH8 9DW

Morning Programme: Chaired by: Dr Killian Welch	
09:00 – 09:25	Registration
09:30 – 09:40	Welcome and introduction to the morning Dr Maria Oto, Dr Killian Welch and Dr Maytal Wolfe
09:40 – 10:20	Global Neuropsychiatry Group; Achievements and challenges Dr Jasvinder Singh, Consultant Neuropsychiatrist, Australia
10:20 – 11:00	Early Onset Dementia - Assessment, Workup, Differentials and Red Flags Dr Martin Zeidler, Consultant Neurologist, NHS Fife
11:00 – 11:20	Comfort Break
11:20 – 12:00	Brain injury: What is Rehabilitation Potential? Dr Teng Cheng Khoo, Consultant Rehabilitation Medicine, Neurorehabilitation Unit, NHS GG&C
12:00 – 12:30	Survey Workshop Facilitated by Dr Maria Oto, Dr Killian Welch and Dr Maytal Wolfe
12:30 – 13:30	Lunch and rapid fire poster presentations
13:30 – 13:50	An evaluation of inpatient care of ARBD patients in an acute general hospital setting: current service models and a call for change Dr Caitlin Young, ST5 General Adult Psychiatry, NHS Greater Glasgow and Clyde Emma Dalhuijsen, Final year medical student University of Glasgow
Afternoon Programme: Chaired by: Dr Maytal Wolfe	
13:50 – 14:30	Neuropsychiatry of epilepsy Dr Maria Oto, Scottish Epilepsy Centre
14:30 – 15:10	Parkinson's: A neuropsychiatric condition with motor manifestations? Dr Conor Maguire, Consultant in Medicine for Older adults, Edinburgh
15:10 – 15:30	Comfort Break
15:30 – 16:10	Sleep medicine: at the crossroads of psychiatry and neurology Dr Renata Riha Consultant in sleep medicine Royal Infirmary Edinburgh
16:10	Meeting Closes



Event Chairs

Dr Maria Oto

Maria is a consultant neuropsychiatrist and the lead clinician at the Scottish Epilepsy Centre in Glasgow, which is the only residential centre for the assessment and management of epilepsy in Scotland. Dr Oto is also a Liaison Psychiatrist in Greater Glasgow and Clyde.

Dr Oto has been working in the field of epilepsy for most of her career; initially at the Institute of Neurology in Glasgow and thereafter at the Scottish Epilepsy Centre.

She completed a PhD at Glasgow University on the diagnosis and management of dissociative seizures which is one of her main research interest. She is involved in research, in teaching locally and nationally and coordinates the epilepsy training of Intellectual disability trainees in Scotland

Dr Oto is also the Scottish chair of the RCPsych neuropsychiatry faculty. She is a member of the editorial board of the European journal Seizure and advisor for the Global Neuropsychiatry Association

Dr Killian Welch

Killian is a neuropsychiatrist working in Edinburgh. His time is divided between inpatient neurobehavioural rehabilitation, running neuropsychiatry outpatient clinics and providing neuropsychiatry liaison input to other specialties. He is clinical lead for the Robert Fergusson Unit, an NHS neurobehavioural rehabilitation unit in Edinburgh.

Dr Maytal Wolfe

Maytal is a consultant liaison psychiatrist at the Queen Elizabeth University Hospital, Glasgow. She has an interest in neuropsychiatry and is the deputy academic secretary of the RCPsych neuropsychiatry faculty.

Speaker Biographies & Presentation Abstracts (in programme order)

Dr Jasvinder Singh

Jasvinder is an experienced consultant neuropsychiatrist interested in research and teaching. I have twenty years of experience working in the field of mental health. He has extensive experience working as a neuropsychiatrist in a regional tertiary centre in Newcastle upon Tyne, UK. He is currently working as a neuropsychiatrist in the private sector in Brisbane, Australia.

He has set up a virtual global neuropsychiatry academic group (GNG) with thousand-plus members. This is a free educational platform for people interested in the interface between neurology and psychiatry. He has held an Honorary Senior Lecturer position with Birmingham University and an Associate Clinical Lecturer position with the University of Newcastle, UK. He has been involved in teaching postgraduate (MSc Neuropsychiatry) students at the University of Birmingham, UK. He was a college Tutor and was responsible for overseeing trainees' training programmes and educational and teaching needs. He is currently a senior lecturer at the University of Queensland.

He has published a few articles in international journals.

<https://globalneuropsychiatry.org/>

Presentation Abstract: The Global Neuropsychiatry Group is a virtual forum for professionals interested in the intersection of neurology and psychiatry to share knowledge and collaborate globally.

Dr Martin Ziedler

Martin trained in neurology in Edinburgh, including two years as a research registrar at the National CJD Surveillance Unit. After the establishment of a link between bovine spongiform encephalopathy and CJD, he went to work with WHO for a year to investigate the logistics of global CJD surveillance. Since 2003 he has been a consultant neurologist in Kirkcaldy. In 2006 they established a twice monthly cognitive clinic for young persons. An audit of nearly 300 cases was completed in 2024.

Presentation Abstract:

Martin will present data from an audit of the Fife young persons memory clinic. Factors that help distinguish neurodegenerative from benign causes of cognitive symptoms will be discussed. Some illustrative cases will be presented.

Dr Teng Cheng Khoo

Dr Teng Cheng Khoo is a Consultant in Rehabilitation Medicine and the Lead Clinician at the Neurorehabilitation service in NHS Greater Glasgow & Clyde. He also provides input to the Douglas Grant Rehabilitation Centre in NHS Ayrshire & Arran and the West of Scotland Major Trauma Network. He studied medicine at the University of Glasgow, before completing medical and rehabilitation medicine training in Glasgow and Edinburgh. He is a current Fellow of the European Board of Physical and Rehabilitation Medicine and has special interests in spasticity and pain management in the neurorehabilitation cohort.

Presentation Abstract:

Outline of what Rehabilitation is and discussion around the concept of rehabilitation potential, its limitations and practical implications.

Dr Caitlin Young

Caitlin is an ST5 registrar in general adult psychiatry, currently completing an endorsement in liaison psychiatry at the Queen Elizabeth University Hospital in Glasgow. She studied medicine at Cardiff University before moving to the west of Scotland for foundation and psychiatric training.

Presentation Abstract: presenting outcomes from a service evaluation examining the care of patients with suspected ARBD who were inpatients in the general hospital. She will also examine current service models in ARBD, exploring current pitfalls when caring for ARBD in a general hospital setting and considering ways patient care could be improved.

Dr Conor Maguire

Dr Conor Maguire is a Consultant Physician and Honorary Clinical Senior Lecturer in Geriatric Medicine at the Western General Hospital, Edinburgh, specialising in Parkinson's disease, dementia, and the management of frailty. He is the Vice President of the Royal College of Physicians of Edinburgh (RCPE).

He qualified in medicine at University College Dublin and completed his postgraduate training and research in Dublin and Bristol, with a subspecialty and research interest in Parkinson's disease and cognitive dysfunction. He was awarded an MD from Trinity College Dublin for his thesis on neurobiological markers of dementia.

Dr Maguire previously served as Lecturer in Care of the Elderly at the University of Bristol before moving to Edinburgh in 2001. He developed the Lothian multidisciplinary network of care for people with Parkinson's and is a Faculty Member of the UK Parkinson's Academy and Chair of the Lothian Parkinson's Service Advisory Group. He is also actively involved in undergraduate and postgraduate teaching and was formerly Dean of Education at RCPE.

Presentation Abstract:

- Parkinson's has a combination of motor and non-motor manifestations.
- Some non-motor features may pre-date the onset of motor symptoms.
- As the condition progresses, neuropsychiatric complications become more prominent.
- Cognitive changes and dementia may be inevitable in later stages.

Dr Renata Riha

Dr Renata Riha is a certified sleep and respiratory physician who has worked at the RIE since 2004. She was trained in Australia and undertook her MD with Professor Sir Neil Douglas in sleep medicine. She is an Hon Reader at the UoE and is heavily involved in national and international sleep medicine, education and research. The Edinburgh Sleep Medicine Course which she founded and runs, is celebrating its 20th year.

Presentation Abstract:

Discussion of sleep disorders in the context of areas of interest as noted in the title.



POSTERS

The entries are listed in alphabetical order of submitting author, indicated in bold type.

1. **Dr Matthew Hastings** and Dr Hani Zakri
– *Antibody Negative Autoimmune Encephalitis*
2. **Dr Laiba Binte Khalid** and Dr Ghada Hegazy
– *Assessing and Improving Nursing Staff Knowledge of Neurological Observations in Birch Hill Hospital Rochdale.*
3. **Dr Laiba Binte Khalid – Poster 2**
– *Delayed-Onset Drug-Induced Parkinsonism After Long-Term High-Dose Flupentixol Decanoate: A DAT-SPECT-Confirmed Case*
4. **Hafijur Rahman**, Arafat Jaman Uddin, Inaam Ul Hassan Alam and Mohammed Farveez
– *Complex Multifactorial Presentation of Psychosis, Depression, and Autism in an Adolescent*
5. **Dr Sujata Shrestha**
– *Functional Neurological Disorder - confidence and knowledge of the MDT in a tertiary centre – a QIP*

