

General Adult & Old Age Psychiatry Faculty Conference 2026

Thursday, 2 April | Stirling Court Hotel, FK9 4LA

Morning Programme: Chaired by Dr Vivek Pattan	
09:10 – 09:25	Arrival / Registration
09:25 – 09:30	Welcome and introduction from the Chair
09:30 – 09:45	Trainee Presentation 1: Female Reproductive Health as a Vital Sign: Identifying a Measurable Safety Gap in Psychiatric Care Dr Despoina Biri, CT2, NHS Lothian and Dr Cerys Barratt, CT1, NHS Lothian
09:45 – 10:20	Memory Services National Accreditation Programme (MSNAP) Jemini Jethwa, Programme Manager and Holly Hunter-Brown, Deputy Programme Manager, MSNAP, The Royal College of Psychiatrists
10:20 – 11:00	Umbrella review of antidepressants, is there a controversy on their effectiveness? Dr Sameer Jauhar, Clinical Associate Professor in Affective Disorders, Imperial College. London. Consultant Psychiatrist, Central and North-West London NHS Foundation Trust
11:00 – 11:20	Comfort Break-Poster viewing
11:20 – 11:35	Trainee Presentation 2: Hidden Dependency in Later Life: A Structured MDT Case Conference Framework for Older Adults Reliant on Ageing Parental Caregivers Dr Karan Gupta, Academic Foundation Doctor (FY1), NHS GG&C
11:35 – 12:15	Dementia drug treatment-past, present and future. Should we give up on the Amyloid Pathway? Professor Rob Howard, Professor of Old Age Psychiatry, University College London
12:15 – 12:40	Election Year Engagement: RCPsych in Scotland's Role - How We Represented and Supported Our Members During this Election Year Dr Pavan Srireddy, Vice Chair, RCPsychiS and Dr Jim Crabb, Policy Lead, RCPsychiS
12:40 – 13:30	Lunch
Afternoon Programme: Chaired by Dr Alastair Cook	
13:30 – 14:00	Psychiatric genetics and improvements in clinical care: Where do we stand in the 'Bench to Bedside' Translation? Dr Mandy Johnstone, Consultant Psychiatrist, NHS Forth Valley
14:00 – 14:40	A Rough Guide to Chairing a SAER Dr Brian Gillatt, Consultant Forensic Psychiatrist, NHS GG&C
14:40 – 15:10	RAPID FIRE poster presentations <i>To be held in the Silver Glen Suite</i>

15:10 – 15:25	Comfort Break
15:25 – 16:05	Understanding CT brain scan reports and when and how to seek specialist Neuro-radiologist advice Dr Gerard Thompson, Honorary Consultant in Neuroradiology, NHS Lothian and Senior Clinical Lecturer in Radiology, University of Edinburgh
16:05 – 16:50	Debate: Is General Adult Psychiatry at a Crossroads? Chaired by: Dr Jane Morris, Chair, RCPsych in Scotland Dr Alastair Cook, Past Principal Medical Officer Psychiatry, Scottish Government Dr Alastair Palin, Past Chair of Medical Managers Group for Psychiatry and MD for NHSG Mental Health and LD services
16:50 – 17:00	Close and Prizes

The views expressed by speakers during presentations are their own and do not represent the views of the College. Views expressed during the debate by speakers are their own for the purposes of the debate only.

