

RCPsych in Scotland Winter Conference

30 January 2026 | Radisson Blu Hotel, Glasgow
@RCPsychScot | #ScotWin26

Morning Programme: Chaired by Dr Lade Smith CBE, President RCPsych	
09:10 – 09:25	Arrival / Registration
09:25 – 09:30	Welcome and introduction from the Chair
09:30 – 09:45	Trainee Presentation 1: Preparedness for Consultancy in Scotland – Survey Results from the RCPSYCH in Scotland Workforce and Careers Committee Dr Rachel Ball
09:45 – 10:25	Huntington's Disease Epidemiology and New Treatments Professor Zosia Miedzybrodzka MB ChB, PhD, FRCP, Professor of Medical Genetics, University of Aberdeen
10:25 – 11:00	Metabolic psychiatry: what is it and why is it important? Professor Daniel Smith, Professor of Psychiatry, University of Edinburgh
11:00 – 11:20	Comfort Break
11:20 – 11:35	Trainee Presentation 2: Survey of physical complexity among patients diagnosed with dementia Dr Frances Creasy and Dr Catriona Dunlop
11:35 – 12:10	Dementia blood biomarkers Dr Tom Russ, Consultant Psychiatrist, NHS Lothian, Network Champion of the NRS Neuroprogressive and Dementia Network and Director of the Alzheimer Scotland Dementia Research Centre at the University of Edinburgh
12:10 – 12:25	Trainee Presentation 3: A retrospective review of cases of intentional foreign body insertion or ingestion over a nineteen year period Dr Ruth Begbie
12:25 – 12:35	RCPsych in Scotland Business Update Chaired by Dr Jane Morris
12:35 – 13:30	Lunch
Afternoon Programme: Chaired by Dr Jane Morris, Chair RCPsych in Scotland	
13:30 -13:45	Trainee Presentation 4: Measurable Improvement in Trainee Experience: A Resident-Led Redesign of the Psychiatry Onboarding and Induction Process at Royal Cornhill Hospital (RCH) Dr Sanjana Mahanta, CT2, Royal Cornhill Hospital Dr Kevin Thomas Edassery, ST2, Royal Cornhill Hospital
13:45 -14:45	President's lecture: The Impact of Mobile Device Use on Young Children's Development and Health: What We Know So Far Professor Liane Azevedo, College of Health, Wellbeing and Life Sciences Sheffield Hallam University

14:45 – 15:05	Comfort Break
15:05 – 16:35	<p>The Scapegoating Debate - Interactive session with guided discussion & audience Q&A.</p> <p><i>Chaired by Dr Jane Morris, Chair of RCPsych in Scotland and Vice President, Royal College of Psychiatrists</i></p> <p>Roundtable participants: <i>Professor John Crichton, Mental Welfare Commission</i> <i>Dr Rachel Gibbons, Consultant Psychiatrist, Psychoanalyst, Group analyst</i> <i>Maja Mitchell-Grigorjeva, Bipolar Scotland (Third Sector Representative)</i> <i>Dr Amanda Cotton, Medical Manager</i></p>
16:35 – 16:45	Close and Prizes
16:45 – 18:00	Evening Social & Networking Reception

The views expressed by speakers during presentations are their own and do not represent the views of the College. Views expressed during the debate by speakers are their own for the purposes of the debate only.

