RCPsych in Scotland

Joint Child and Adolescent and Medical Psychotherapy Faculty Conference 2026

Friday 27 November 2026| Apex Grassmarket Hotel, Edinburgh
@RCPsychScot | #ScotCAPsychotherapy26

Morning Programme Chaired by: Psychotherapy Faculty Exec Member TBC	
08:45 - 09:30	**Faculty AGMs**
09:00 – 09:30	**Registration & Posters**
09:30 – 09:40	**Welcome and Introductions from the Faculties** Faculty Chairs / Conference Secretaries
09:40 – 10:25	**Infant Mental Health: Learning from Experience** Dr Anne McFadyen, Honorary Senior Lecturer in Child and Adolescent Psychiatry, University of Glasgow
10:25 – 11:10	**Adolescent Difficulties Through the Lens of Early Relational Deprivation: A Child Psychotherapy Perspective** Dr Kyoko Kobatake, Child and Adolescent Psychotherapist, NHS Greater Glasgow and Clyde
11:10 – 11:30	**Break & Posters**
11:30 – 12:30	**Large Group Discussion**
12:30 – 13:30	**Lunch and Posters**
Afternoon Programme Chaired by: Dr Kandarp Joshi, Chair, Child and Adolescent Faculty, RCPsychiS	
13:30 – 14:15	**Borderline Personality Disorder (BPD) in adolescence** Dr Louise Foubister, Consultant Child and Adolescent Psychiatrist, NHS Grampian
14.15 – 15:00	**Complex Trauma in Adulthood** Dr Joanne Stubley, Consultant Medical Psychotherapist, Lead Tavistock Trauma Service, Tavistock & Portman NHS Foundation Trust
15:00 – 15:20	**Break & Posters**
15:20 – 16:00	**Learning From Lived Experience through Trauma Informed Practice** Shumela Ahmed-Poole, Co-Founder and Managing Director, Resilience Learning Partnership
16:00 – 16:45	**Large Group Discussion**
16:45 – 17:00	**Closing Remarks**
17:00 -	Please join us in the Metro Bar to catch up with colleagues

The RCPsychiS reserves the right to change the programme without prior notice.
1 point per hour of educational activity can be allocated, pending peer group review