

Joint Child and Adolescent and Medical Psychotherapy Faculty Conference 2026

Friday 27 November 2026 | Apex Grassmarket Hotel, Edinburgh
@RCPsychScot | #ScotCAPsychotherapy26

Morning Programme Chaired by: Psychotherapy Faculty Exec Member TBC	
08:45 - 09:30	Faculty AGMs
09:00 – 09:30	Registration & Posters
09:30 – 09:40	Welcome and Introductions from the Faculties Faculty Chairs / Conference Secretaries
09:40 – 10:25	Perinatal / Infancy / Early years Dr Anne McFadyen, Consultant Child and Adolescent Psychiatrist
10:25 – 11:10	Childhood Child Psychotherapy / Play / Non-verbal Approaches Dr Kyoko Kobatake, Child and Adolescent Psychotherapist, NHS GGC
11:10 – 11:30	Break & Posters
11:30 – 12:30	Large Group Discussion
12:30 – 13:30	Lunch and Posters
Afternoon Programme Chaired by: Dr Kandarp Joshi, Chair, Child and Adolescent Faculty, RCPsychiS	
13:30 – 14:15	Adolescence/Transitions (CAMHS to adult) Dr Louise Foubister, Child and Adolescent Psychiatrist
14.15 – 15:00	Adulthood Dr Joanne Stubley, Consultant Medical Psychotherapist, Lead Tavistock Trauma Service, Tavistock & Portman NHS Foundation Trust
15:00 – 15:20	Break & Posters
15:20 – 16:00	Lived Experience: A Lifespan Perspective Speaker TBC
16:00 – 16:45	Large Group Discussion
16:45 – 17:00	Closing Remarks
17:00 -	Please join us in the Metro Bar to catch up with colleagues

The RCPsychiS reserves the right to change the programme without prior notice.
1 point per hour of educational activity can be allocated, pending peer group review

