

PSYQIATRY: Ideas, Innovation, and Impact in Psychiatry

Thursday 19 March 2026
Online Event via Zoom

Submission Criteria and Guidance

Eligibility:

- Submissions are open to medical students and doctors in training (foundation, core, higher psychiatry trainees) in Scotland.
- The primary/first author must be a doctor or medical student.
- Other team members may include members of the wider multidisciplinary team (MDT).

Type of work accepted:

- Quality Improvement (QI) projects.
- Clinical audits.
- Service evaluations relevant to psychiatry or mental health.

Abstract requirements:

- Maximum 300 words.
- Structured as:
 1. Background
 2. Aim(s)
 3. Methods
 4. Results / outcomes (can include interim findings)
 5. Conclusions / learning points
 6. Next steps

How to submit:

- The application window opens on Monday 15th December 2025 and closes on Friday 30th January 2026.
- Please send your abstract submissions to [Susan Richardson](#) advising whether you are applying for oral or poster presentation, or both.
- Confirmation as to outcome will be advised by Friday 27th February 2026.

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Notes:

- Ethical approval/governance should be stated where relevant.
- Collaborative/team submissions are encouraged.
- Please provide full name and email address of first/corresponding author during submission along with current affiliation.
- Submitted abstracts must be original work and not already published or presented elsewhere prior to this event in 2026.
- All submissions will initially be considered for oral presentations, unless otherwise stated at the time of application.
- Abstracts that are not selected for oral presentation, will automatically be considered for poster presentation; unless otherwise stated at time of application.
- Depending on applications submitted, we intend to select **10** abstracts for oral presentation and **5** for poster presentation.
- Please note that posters will require to be digital and uploaded to view during the online event. There is NO poster prize, however certificates will be provided.
- Please note all successful presenters, whether oral or poster, will still require to pay the online delegate rates as set by RCPsych. However, oral presenters will only be required to pay 50% of their applicable rate. This will be advised at the time of confirmation.

Please email your abstract to [Susan Richardson](#).

Prizes:

Oral presentations will be considered for the below prizes.

1. The best poster will be awarded £100
2. The first runner-up will be awarded £75
3. The second runner-up will be awarded £50

The submission closing date is 5pm on Friday 30 January 2026.

If you have any questions, please contact [Susan Richardson](#).