

London Division Spring Conference

'Growing up Online: Children's Mental Health in a Digital Age'

Thursday 14 May 2026 | 2.00-5.00pm

Online via Zoom

Time	Presentation
2.00-2.05pm	<p>Welcome Dr Stefania Bonaccorso, Event Co-Chair, Consultant Psychiatrist, and Academic Secretary, RCPsych London Division</p> <p>Dr Sol Wong Event Co-Chair, Consultant Psychiatrist, and Executive Committee Member, RCPsych London Division</p>
2.05-2.35pm	<p>Decline in Children and Young People's Mental Health Prof Bernadka Dubicka Hull York Medical School, University of York</p>
2.35-3.05pm	<p>Screen Savers: Protecting Adolescent Mental Health in a Digital World Prof Amy Orben Research Professor, University of Cambridge</p>
3.05-3.20pm	<p>London Division Video Prize Presentation</p>
3.20-3.30pm	<p>Short Comfort Break</p>
3.30-4.00pm	<p>Youth online experience and links to mental health: Insights from the Dynamic Interplay of Online Risk and Resilience in Adolescence (DIORA) Study Dr Peiyao Tang Postdoctoral Research Associate, Queen Mary University of London</p>
4.00-4.30pm	<p>From Early Adopter to Course Corrector: Lessons from Sweden's Experiment with Technology in Childhood Ms. Linda Åkeson McGurk Journalist and author</p>
4.30-4.50pm	<p>Panel Discussion Event Speakers and Chairs</p>
4.50-5.00pm	<p>Feedback and final comments</p>
5.00pm	<p>Close</p>

The organising committee reserves the right to change the programme without prior notice

The RCPsych is an inclusive organisation with over 21,000 members who have a diverse range of views, which we look to represent across the programme. To further open dialogue, scientific discovery, and enrich learning, we provide our members with the opportunity to hear from a range of professionals. The speakers', panellists', and participants' views and comments are their own and not the established views of the College.