

Divisional ePoster Prize Spring 2026 Video Abstract and ePoster Guidelines

Thank you for submitting your written abstract for this year's ePoster Prize. Please submit your supporting video abstract and poster following the checklist detailed below.

Video Abstracts

- Video abstracts supporting your poster entry must be submitted in MP4 format.
- Video abstracts should be no longer than 3 minutes in duration.
- You should introduce yourself, the title of your submitted abstract/poster and the contribution you made towards the project.
- Continue to explain the part of other contributors and their professional affiliations.
- Please do not include any personal information.
- Explain methods, results and discussion, as appropriate, and end with conclusions.
- Please explain graphs and images and do not just read text.
- Don't forget you will be judged on (1) Scientific content, (2) Innovative ideas, (3) Sustainability and combatting climate change, (4) Methodology, (5) Clinical application, and (6) Quality of presentation.
- Please remember to look at the camera and speak clearly and concisely.
- Video abstracts should be submitted to southwest@rcpsych.ac.uk* by **27 March 2026** to be eligible for judging.

Posters

- Posters must be submitted as a 1-page document in PDF format.
- PDFs must be A4, portrait (ideally 2160 wide x 3055 high pixel resolution).
- Poster file size may not exceed 10Mb.
- The top line(s) on the poster should be the same as the title on the submitted written abstract.
- The next line(s) should indicate the contributors and their professional affiliations.
- Please do not include any other personal information.
- Continue with the introduction, methods, results and discussion, as appropriate, and end with conclusions.
- Try to let graphs and images tell the story, use text sparingly.
- Posters should be submitted to southwest@rcpsych.ac.uk* by **27 March 2026** to be eligible for judging.

NB. we reserve the right to edit / amend or reject any submissions that contain inappropriate information, have breached data protection requirements, or have not met the criteria above.

* OneDrive and [WeTransfer](#) may be used to transfer your documents