

Everything You Need to Know About Hoarding

Date: Wednesday 23 September 2026

Venue: 21 Prescott Street, London, E1 8BB

Time	Session
9.00am - 9.30am	Registration
9.30am	<p>Introductory session</p> <ul style="list-style-type: none"> • Introduction to Hoarding as a symptom as well as standalone condition • Types of Hoarding • Comorbidities relevant to how we approach treatment <p>Professor Lynne M Drummond, South West London and St George's NHS Mental Health Trust, London, University of Hertfordshire, Hatfield</p>
10.30am – 10.45am	Refreshment break
10.45am	<p>Treatment of Hoarding and Hoarding Disorder and Legal Issues (including animal hoarding)</p> <p>Professor Lynne M Drummond, South West London and St George's NHS Mental Health Trust, London, University of Hertfordshire, Hatfield</p>
11.45m	<p>Q+A and Discussion</p> <p>Professor Lynne M Drummond, South West London and St George's NHS Mental Health Trust, London, University of Hertfordshire, Hatfield and Mr Peter J Kolb, CBT therapist</p>
12.30pm- 1.30pm	Lunch
1.30pm	<p>Practicalities of Psychological Treatment for Hoarding Disorder – Informal session</p> <p>Professor Lynne M Drummond, South West London and St George's NHS Mental Health Trust, London, University of Hertfordshire, Hatfield, Mr Peter J Kolb, CBT therapist and Ms Megan Karnes, Founder/Chair HoardingUK, London</p>
2.30pm – 2.45pm	Refreshment break
2.45pm	<p>Practicalities of Psychological Treatment for Hoarding Disorder – Informal session</p> <p>Professor Lynne M Drummond, South West London and St George's NHS Mental Health Trust, London, University of Hertfordshire, Hatfield, Mr Peter J Kolb, CBT therapist and Ms Megan Karnes, Founder/Chair HoardingUK, London</p>
3.45pm	Questions and Feedback
4.00pm	End of day

The RCPsych is an inclusive organisation with over 21,000 members who have a diverse range of views, which we look to represent across our programmes. To further open dialogue, scientific discovery and enrich learning, we provide our members with the opportunity to hear from a range of professionals. The speakers, panellists and participants views and comments are their own and not the established views of the College.