

## Everything You Need to Know About OCD

**Date:** Wednesday 4 February 2026

**Venue:** 21 Prescott Street, London, E1 8BB

Time	Session
9.00am - 9.30am	<b>Registration</b>
9.30am-10.30am	<b>Introductory session</b> Professor Lynne M Drummond, South West London and St George's NHS Mental Health Trust, London, University of Hertfordshire, Hatfield
10.30am – 10.50am	<b>Refreshment break</b>
10.50am-11.50am	<b>Second session</b> Professor Lynne M Drummond, South West London and St George's NHS Mental Health Trust, London, University of Hertfordshire, Hatfield
11.50am-12.00pm	<b>Movement break*</b> *Please note that this is not a refreshment break, just an opportunity for delegates to stretch their legs or grab some fresh air
12.00pm-1.00pm	<b>OCD film and discussion</b> Professor Lynne M Drummond, South West London and St George's NHS Mental Health Trust, London, University of Hertfordshire, Hatfield
1.00pm-2.00pm	<b>Lunch</b>
2.00pm-2.30pm	<b>Comorbidities</b> Professor Lynne M Drummond, South West London and St George's NHS Mental Health Trust, London, University of Hertfordshire, Hatfield
2.30pm-3.00pm	<b>OCD Acton (with Leigh Wallbank)</b> Professor Lynne M Drummond, South West London and St George's NHS Mental Health Trust, London, University of Hertfordshire, Hatfield and Leigh Wallbank, Chief Executive Officer, OCD Action
3.00pm – 3.20pm	<b>Refreshment break</b>
3.20pm-4.00pm	<b>Discussion</b> Professor Lynne M Drummond, South West London and St George's NHS Mental Health Trust, London, University of Hertfordshire, Hatfield
4.00pm	<b>End of day</b>

The RCPsych is an inclusive organisation with over 21,000 members who have a diverse range of views, which we look to represent across our programmes. To further open dialogue, scientific discovery and enrich learning, we provide our members with the opportunity to hear from a range of professionals. The speakers, panellists and participants views and comments are their own and not the established views of the College.