

Everything You Need to Know About OCD

Date: Wednesday 4 February 2026

Venue: 21 Prescot Street, London, E1 8BB

Time	Session
9.00am - 9.30am	Registration
9.30am-10.30am	Introductory session Professor Lynne M Drummond, South West London and St George's NHS Mental Health Trust, London, University of Hertfordshire, Hatfield
10.30am – 10.50am	Refreshment break
10.50am-11.50am	Second session Professor Lynne M Drummond, South West London and St George's NHS Mental Health Trust, London, University of Hertfordshire, Hatfield
11.50am-12.00pm	Movement break* *Please note that this is not a refreshment break, just an opportunity for delegates to stretch their legs or grab some fresh air
12.00pm-1.00pm	OCD film and discussion Professor Lynne M Drummond, South West London and St George's NHS Mental Health Trust, London, University of Hertfordshire, Hatfield
1.00pm-2.00pm	Lunch
2.00pm-2.30pm	Comorbidities Professor Lynne M Drummond, South West London and St George's NHS Mental Health Trust, London, University of Hertfordshire, Hatfield
2.30pm-3.00pm	OCD Action (with Leigh Wallbank) Professor Lynne M Drummond, South West London and St George's NHS Mental Health Trust, London, University of Hertfordshire, Hatfield and Leigh Wallbank, Chief Executive Officer, OCD Action
3.00pm – 3.20pm	Refreshment break
3.20pm-4.00pm	Discussion Professor Lynne M Drummond, South West London and St George's NHS Mental Health Trust, London, University of Hertfordshire, Hatfield
4.00pm	End of day

The RCPsych is an inclusive organisation with over 21,000 members who have a diverse range of views, which we look to represent across our programmes. To further open dialogue, scientific discovery and enrich learning, we provide our members with the opportunity to hear from a range of professionals. The speakers, panellists and participants views and comments are their own and not the established views of the College.