Online harms and mental health
Faculty of Child and Adolescent Psychiatry
Winter Institute

Date: Thursday 5 February 2026
Location: Online event | EventsAir platform

Time	Session
09.00am	**Welcome and introduction to the day** Professor Bernadka Dubicka and Dr Richard Graham
09.10am	**The evolution of grooming: pathways to high risk spaces** Ian Russell, Founder, Molly Rose Foundation
09.30am	**After 'Adolescence': what we know about the manosphere** Professor Harriet Over, Professor of developmental and social psychology, University of York
09.50am	**Global online networks: how they promote crime, violence, self-harm and exploitation** Robert Richardson, Senior Manager, CSA, Threat leadership, National Crime Agency
10.10am	**Discussion and Q&A**
10.30-11.00am	**Morning break**
11.00am	**Emergence of conversational AI** Professor Pat Healey, Professor of human interaction, Queen Mary University of London
11.15am	**Ethical risk mitigation strategies for AI psychosis** Professor Ilina Singh, Professor of neuroscience and Society
11.30am	**Conversational agents in mental health: the young persons perspective** Robert Bowman, School of computer science and statistics, Trinity College Dublin
11.45am	**Discussion and Q&A**

Event Programme

Time	Session
12.30pm	**Lunch break**
1.30pm	**Pathways to cybercrime and victimisation: who is vulnerable?** Professor Julia Davidson, Professor of criminal justice and cybercrime, Directo of the child online harms policy think tank, University of East London
1.50pm	**Digital skills and media literacy: can we flourish online?** Dr Richard Graham
2.10pm	**Implementing the Online Safety Act and the Children's Codes** Jennifer Lazarus, Protection of Children Policy Manager, Online Safety Policy Development Team, Ofcom
2.30pm	**Panel discussion and Q&A**
3.15pm	**Afternoon refreshments**
3.45pm	**Update from the RCPsych online harm paper and patient participation feedback from the round table** Professor Bernadka Dubicka
4.00pm	**Design risks and children's rights in the digital age** Professor Sonia Livingstone, Professor of Social Psychology, Department of Media and Communications, London School of Economics
4.15pm	**Panel discussion**
4.40pm	**Closing comments** The Baroness Hilary Cass OBE FRCN FRCGP, consultant in paediatric disability, Evelina London Children's Hospital, Guy's and St Thomas' NHS Foundation Trust
5.00pm	**Close of conference**

RCPsych is an inclusive organisation with over 22,000 members who have a diverse range of views, which we look to represent across the programme. To further open dialogue, scientific discovery and enrich learning, we provide our members with the opportunity to hear from a range of professionals. The speakers, panellists and participants views and comments are their own and not the established views of the College.