

Online harms and mental health

Faculty of Child and Adolescent Psychiatry

Winter Institute

Date: Thursday 5 February 2026

Location: Online event | EventsAir platform

Time	Session
09.00am	Welcome and introduction to the day Professor Bernadka Dubicka and Dr Richard Graham
09.10am	The evolution of grooming: pathways to high risk spaces Ian Russell, Founder, Molly Rose Foundation
09.30am	After 'Adolescence': what we know about the manosphere Professor Harriet Over, Professor of developmental and social psychology, University of York
09.50am	Global online networks: how they promote crime, violence, self-harm and exploitation Robert Richardson, Senior Manager, CSA, Threat leadership, National Crime Agency
10.10am	Discussion and Q&A
10.30-11.00am	Morning break
11.00am	Emergence of conversational AI Professor Pat Healey, Professor of human interaction, Queen Mary University of London
11.20am	Ethical risk mitigation strategies for AI psychosis Professor Ilina Singh, Professor of neuroscience and Society
11.40am	Conversational agents in mental health: the young persons perspective Robert Bowman, School of computer science and statistics, Trinity College Dublin
12.00pm	Discussion and Q&A

Time	Session
12.30pm	Lunch break
1.30pm	Pathways to cybercrime and victimisation: who is vulnerable? Professor Julia Davidson, Professor of criminal justice and cybercrime, Director of the child online harms policy think tank, University of East London
1.50pm	Digital skills and media literacy: can we flourish online? Dr Richard Graham
2.10pm	Implementing the Online Safety Act and the Children's Codes Jennifer Lazarus, Protection of Children Policy Manager, Online Safety Policy Development Team, Ofcom
2.30pm	Panel discussion and Q&A
3.15pm	Afternoon refreshments
3.45pm	Update from the RCPsych online harm paper and patient participation feedback from the round table Professor Bernadka Dubicka
4.05pm	Design risks and children's rights in the digital age Professor Sonia Livingstone, Professor of Social Psychology, Department of Media and Communications, London School of Economics
4.25pm	Panel discussion
4.40pm	Closing comments The Baroness Hilary Cass OBE FRCN FRCGP, consultant in paediatric disability, Evelina London Children's Hospital, Guy's and St Thomas' NHS Foundation Trust
4.55pm	Final thoughts - Professor Bernadka Dubicka and Dr Richard Graham
5.00pm	Close of conference

RCPsych is an inclusive organisation with over 22,000 members who have a diverse range of views, which we look to represent across the programme. To further open dialogue, scientific discovery and enrich learning, we provide our members with the opportunity to hear from a

range of professionals. The speakers, panellists and participants views and comments are their own and not the established views of the College.