

Faculty of Child and Adolescent Psychiatry Annual Conference 2026

Date: Thursday 17 and Friday 18 September 2026

Venue: RCPsych, 21 Prescot Street, London E1 8BB/Livestream

Day One – Thursday 17 September 2026

Time	Session		
08.00am	Registration and refreshments		
09.00am	Welcome: and introductions Dr Guy Northover, Faculty Chair, Professor Ian Kelleher, Academic Secretary		
09.10am	Real-world clinical outcomes following referral to CAMHS: insights and learning from the national ‘STADIA’ trial Professor Kapil Sayal		
09.40am	What happens after CAMHS? Adult outcomes for former child mental health patients Professor Ian Kelleher		
10.10am	Panel Discussion and Q&A Dr Guy Northover, Dr Elaine Lockhart, Professor Ian Kelleher and Professor Kapil Sayal		
10.30am	Morning refreshments Poster viewing		
11.00am	A choice of three parallel sessions – please select one to attend		
	Hidden in plain sight: harnessing routinely collected data to transform child and adolescent mental health research Dr Josephine Holland, Prof Kapil Sayal, Dr Sophie Epstein, Dr Susie Walker	Experiences and support needs of CAMHS psychiatrists after the death by suicide of a patient Dr Andrea Gnanadurai, Dr Rachel Gibbons; Dr Elaine Lockhart; Christina Tzenios	From body weight perception to digital risk: clinical and internet use evidence on youth eating disorders Dr Clara Faria, Asia Chan, Dr Benjamin Geers, Dr Katherine Holland, Professor Tamsin Ford and Dr Jeremy Solly

12.30pm	Lunch Poster viewing		
	A choice of three parallel sessions – please select one to attend		
2.00pm	The Mental Health of Children and Young People National Survey: Tracking youth mental health over 20 years Prof Tamsin Ford, Dr Clara Faria, Dr Ariadna Albajara Saenz, Dr Mohammad Karimipour, Yuanfei Liu	Delivering care for children and young people in neighbourhood teams: the role of child and adolescent psychiatrists Prof Prathiba Chitsabesan (Chair), Prof Mando Watson, Dr Dush Mahadevan, Dr Stephanie Lamb, Prof Heather O'Mahen	Emerging themes: children and young people's gender incongruence - 2 years of new services Sarah Jonas; Sarah Richards; and Lindsay Smith
3.30pm	Afternoon refreshments Poster viewing		
4.00pm	The 'impossibility' of working in organisations: institutional destructiveness and the loss of truth Dr Rachel Gibbons		
4.40pm	Q & A and Closing comments		
5.00pm	Close of conference		
5.00pm	Drinks reception – all delegates welcome		
6.00pm	End of day one		
6.30pm	Conference dinner – ticketed event		

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Time	Session		
08.00am	Registration and refreshments		
	A choice of three parallel sessions – please select one to attend		
09.00am	Implementation and impact of school-based mental health support for children and young people Ariadna Albajara Saenz, Jessica Mundy, Colette Soan, Jan Stochl, Prof Tamsin Ford (chair)	Bipolar Disorder in young people: You are STILL missing it! Prof Kapil Sayal (Chair), Dr Sue Fan Ten, Dr Aditya Sharma, Dr Gonzalo Salazar de Pablo	Connected care at the paediatric frontline: Supporting children and young people with mental health presentations in paediatric settings Dr Ashley Liew, Dr Lee Hudson, Dr Samantha Jones, Dr Sophie Bennett
10.30am	Morning refreshments Poster viewing		
11.00am	A choice of three parallel sessions – please select one to attend		
	Tech, young people and mental health: moral panic or need for caution? RCPsych position statement updated Prof Bernadka Dubicka; Dr Saam Idelji-Tehrani; Dr Richard Graham; Dr Leah Evans	Developing a framework for a training curriculum for global child and adolescent mental health (GC-CAMH) : An IACAPAP, WPA annd CMI- SNF initiative Dr Ramya Mohan and Dr Flávio Dias Silva	A realist evaluation of Intellectual Disability among children with global developmental delay using ICD-11 criteria in Cheshire and Merseyside Dr Mrityunjai Kumar, Dr Gio Moretto, Lisa Thompson, Professor Sujeet Jaydeokar and Dr Christine Wee
12.30pm	Lunch Poster viewing		

1.30pm	A choice of three parallel sessions – please select one to attend		
	Sexting, gaming, depression, self-harm and social media: the impact of young people’s digital lives on mental health Dr Jeremy McCabe, Dr Amos Are, Dr Stephen Kaar, Dr Gloria Cheung	Standardizing the approach to gender incongruence: a biopsychosocial framework for assessment and formulation in CAP Dr Sarah Jonas, Dr Louise Molodynski	Social media use, body image and eating disorder symptoms Dr Rachel Elvins; Chinwe Inogbo; Meryhan Eligbaly; Amy McCulloch
3.00pm	Afternoon refreshments Poster viewing		
3.30pm	The price of playing it safe: a lived experience perspective on psychiatric recovery Kirsten Newton		
3.45pm	Faculty Business Meeting: Chair’s report, financial update and latest news		
4.15pm	Closing comments Professor Ian Kelleher		
4.30pm	Close of conference		

RCPsych is an inclusive organisation with over 22,000 members who have a diverse range of views, which we look to represent across the programme. To further open dialogue, scientific discovery and enrich learning, we provide our members with the opportunity to hear from a range of professionals. The speakers, panellists and participants views and comments are their own and not the established views of the College.