

Faculty of Child and Adolescent Psychiatry Annual Conference 2026

Date: Thursday 17 and Friday 18 September 2026

Venue: RCPsych, 21 Prescot Street, London E1 8BB/Livestream

Day One – Thursday 17 September 2026

Time	Session		
08.00am	Registration and refreshments Location: Members Lounge, ground floor		
09.00am	Plenary 1: Location: Room 1.7		
09.10am	Welcome: and introductions Dr Guy Northover, Faculty Chair, Professor Ian Kelleher, Academic Secretary		
09.40am	Real-world clinical outcomes following referral to CAMHS: insights and learning from the national 'STADIA' trial Professor Kapil Sayal, Professor of Child and Adolescent Psychiatry and Honorary Consultant Child and Adolescent Psychiatrist, University of Nottingham		
10.10am	What happens after CAMHS? Adult outcomes for former child mental health patients Professor Ian Kelleher, Chair of Child and Adolescent Psychiatry, University of Edinburgh and Consultant Child and Adolescent Psychiatrist, specialist CAMHS		
10.30am	Panel Discussion and Q&A Dr Guy Northover, Dr Elaine Lockhart, Professor Ian Kelleher and Professor Kapil Sayal		
11.00am	Morning refreshments Poster viewing Location: Members Lounge, ground floor		
11.00am	A choice of three parallel sessions – please select one to attend		
	Parallel 1 Location: Room 1.7	Parallel 2 Location: Room 1.6	Parallel 3 Location: Room 1.1
	Hidden in plain sight: harnessing routinely collected data to transform child and adolescent mental	Experiences and support needs of CAMHS psychiatrists after the death by suicide of a	From body weight perception to digital risk: clinical and internet use evidence on youth eating

	health research Dr Josephine Holland, Professor Kapil Sayal, Dr Sophie Epstein, Dr Susie Walker	patient Dr Andrea Gnanadurai, Dr Rachel Gibbons; Dr Elaine Lockhart, Christina Tzenios	disorders Dr Clara Faria, Dr Asia Chan, Dr Benjamin Geers, Dr Katherine Holland, Professor Tamsin Ford and *Dr Jeremy Solly <i>*Please note the talk by Dr Solly will not be recorded</i>
12.30pm	Lunch Poster viewing Location: Members Lounge, ground floor		
2.00pm	A choice of three parallel sessions – please select one to attend		
	Parallel 4 Location: Room 1.7	Parallel 5 Location: Room 1.6	Parallel 6 Location: Room 1.1
	The Mental Health of Children and Young People National Survey: Tracking youth mental health over 20 years Professor Tamsin Ford, Dr Clara Faria, Dr Ariadna Albajara Saenz, Dr Mohammad Karimipour, Dr Yuanfei Liu	Delivering care for children and young people in neighbourhood teams: the role of child and adolescent psychiatrists Professor Mando Watson, Dr Dush Mahadevan, Dr Stephanie Lamb Chair: Professor Prathiba Chitsabesan	Emerging themes: children and young people's gender incongruence - 2 years of new services Dr Sarah Jonas, Dr Lindsay Smith, Sreena Das, Natasha D'Aguiar
3.30pm	Afternoon refreshments Poster viewing Location: Members Lounge, ground floor		
4.00pm	Plenary 2: Location: Room 1.7, first floor The 'impossibility' of working in organisations: institutional destructiveness and the loss of truth Dr Rachel Gibbons Chaired by Dr Shermin Imran		

4.40pm	Q & A and closing comments
5.00pm	Close of conference
5.00pm	Drinks reception – all delegates welcome Location: Members Lounge, ground floor
6.00pm	End of day one
6.30pm	Conference dinner – Amber Restaurant This is a ticketed event -Please check latest availability with conference team

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Day Two – Friday 18 September 2026

Time	Session		
08.00am	Registration and refreshments Location: Members Lounge, ground floor		
09.00am	A choice of three parallel sessions – please select one to attend		
	Parallel 7 Location: Room 1.7	Parallel 8 Location: Room 1.6	Parallel 9 Location: Room 1.1
	Implementation and impact of school-based mental health support for children and young people Dr Ariadna Albajara Saenz, Dr Jessica Mundy, Colette Soan Chair: Professor Tamsin Ford	Bipolar Disorder in young people: You are STILL missing it! Dr Sue Fan Ten, Dr Aditya Sharma, Dr Gonzalo Salazar de Pablo Chair: Professor Kapil Sayal	Connected care at the paediatric frontline: Supporting children and young people with mental health presentations in paediatric settings Dr Ashley Liew, Dr Lee Hudson, Dr Samantha Jones, Dr Sophie Bennett
10.30am	Morning refreshments Poster viewing Location: Members Lounge, ground floor		
11.00am	A choice of three parallel sessions – please select one to attend		
	Parallel 10 Location: Room 1.7	Parallel 11 Location: Room 1.6	Parallel 12 Location: Room 1.1
	Tech, young people and mental health: moral panic or need for caution? RCPsych position statement updated	Developing a framework for a training curriculum for global child and adolescent mental health (GC-CAMH) : An IACAPAP,	A realist evaluation of Intellectual Disability among children with global developmental delay using ICD-11 criteria in Cheshire

	Professor Bernadka Dubicka, Dr Saam Idelji-Tehrani, Dr Richard Graham, Dr Leah Evans	WPA annd CMI- SNF initiative Dr Ramya Mohan and Dr Flávio Dias Silva	and Merseyside Dr Mrityunjai Kumar, Dr Gio Moretto, Professor Sujeet Jaydeokar and Professor Christine Wee Chair: Dr Lisa Thompson
12.30pm	Lunch Poster viewing Location: Members Lounge, ground floor		
1.30pm	A choice of three parallel sessions – please select one to attend		
	Parallel 13 Location: Room 1.7	Parallel 14 Location: Room 1.6	Parallel 15 Location: Room 1.1
	Sexting, gaming, depression, self-harm and social media: the impact of young people’s digital lives on mental health Dr Jeremy McCabe, Dr Amos Are, Dr Stephen Kaar, Dr Gloria Cheung	Standardizing the approach to gender incongruence: a biopsychosocial framework for assessment and formulation in CAP Dr Sarah Jonas, Dr Louise Molodynski	Social media use, body image and eating disorder symptoms Dr Rachel Elvins; Dr Chinwe Inogbo; Dr Meryhan Eligbaly; Amy McCulloch
3.00pm	Afternoon refreshments Poster viewing Location: Members Lounge, ground floor		
3.30pm	Plenary 3: Location: Room 1.7 The price of playing it safe: a lived experience perspective on psychiatric recovery Kirsten Newton Chaired by Professor Ian Kelleher		
3.45pm	Faculty Business Meeting: Chair’s report, financial update and latest news		
4.15pm	Closing comments Professor Ian Kelleher		
4.30pm	Close of conference		

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