

## Forensic Psychiatry Conference

**Date:** Wednesday 4-Friday 6 March 2026

**Venue:** Europa hotel, Belfast

## Wednesday

Time	Session
8.00am	<b>Registration, refreshments and poster exhibition viewing</b>
<b>Session 1: Chair – Dr Sandeep Mathews</b>	
9.00am	<b>Welcome and introductions</b> Dr Sandeep Mathews, Chair of the Forensic Faculty RCPsych Dr Mary Davoren, Academic Secretary of Forensic Faculty RCPsych
9.20am	<b>SESSION:</b> <b>Forensic Psychiatry in Northern Ireland: Current services and future challenges</b> Dr Richard Bunn, Consultant Forensic Psychiatrist, Belfast
9.40am	<b>Questions</b>
<b>Session 2: Chair – Dr Mary Davoren</b>	
9.45am	<b>KEYNOTE SPEAKER:</b> <b>Pharmacological treatment and the risk of relapse and reoffending</b> Professor Jari Tiihonen Professor of Forensic Psychiatry, Karolinska Institutet, Stockholm, Sweden, Professor of Forensic Psychiatry, University of Eastern Finland
10.20am	<b>Questions</b>
10.30am	<b>KEYNOTE SPEAKER:</b> <b>Is Forensic Psychiatry antisocial? Explorations of a relational perspective</b> Dr Gwen Adshead, MBBS, FRCPsych, MA (Kings College London), MSt (Oxon) Qualified member of the Institute of Group Analysis

# Conference Programme

11.05am	<b>Questions</b>
11.15am	<b>Break, refreshments and poster exhibition viewing</b>
<b>Session 3: Chair – Professor Pamela Taylor</b>	
11.45am	<b>KEYNOTE SPEAKER:</b>  <b>International Rights and Domestic Law</b> Speaker: A confirmed Senior legal figure from Northern Ireland
12.20pm	<b>Questions</b>
12.30pm	<b>Research oral presentations</b>  <b>Six presentations of research in Forensic Psychiatry by Resident Doctors.</b>  <b>The RCPsych Prize for the best research presentation by a resident doctor will be awarded by the Judging panel</b> <ol style="list-style-type: none"><li>1. <b>Intramuscular Clozapine use in a High Secure Hospital Setting</b> Dr Rebecca Bennett</li><li>2. <b>Causal pathways and proportionality in minimising restrictive practices</b> Dr Ayman Osman</li><li>3. <b>Capacity, rights or risk? A philosophical and legal comparison of Mental Health Legislation in the UK and Crown Dependencies</b> Dr Joseph Kendall</li><li>4. <b>An evaluation of conscious capacity and functional ability of in-patients in a National Forensic Mental Health Service</b> Dr Lauren Reilly</li><li>5. <b>Guilt and shame amongst mentally unwell offenders: Clinicians' perspectives on assessment and medico-legal practice</b> Dr Piyush Pushkar</li><li>6. <b>Factors associated with readiness to end seclusion: the importance of insight, rapport and hope</b> Dr Carol Norton</li></ol>
1.30pm	<b>Lunch and poster exhibition viewing</b>
<b>Session 4: Chair – TBC</b>	
2.30pm	<b>KEYNOTE SPEAKER:</b>  <b>TBC</b>

# Conference Programme

<b>3.10pm</b>	<b>Questions</b>
<b>3.20pm</b>	<b>Break, refreshments and poster exhibition viewing</b>
<b>3.50pm</b>	<b>PLENARY SESSION</b>  <b>Murder at the Dinner Table: Family narratives of Forensic Mental Health Professionals</b> Professor Graham Glancy, Professor and Director, Division of Forensic Psychiatry, University of Toronto, Canada Professor Cheryl Regehr, Professor of Social Work
<b>4.30pm</b>	<b>Questions</b>
<b>4.45pm</b>	<b>Welcome reception and books exhibition</b> (contact <a href="mailto:michelle.braithwaite@rcpsych.ac.uk">michelle.braithwaite@rcpsych.ac.uk</a> to request a book stand)

## Thursday

Time	Session
<b>8.30am</b>	<b>Registration, refreshments and poster exhibition viewing</b>
	Session 1: Chair – Dr Mayura Deshpande
<b>9.00am</b>	<b>Welcome and introductions</b>
<b>9.05am</b>	<b>PRESIDENT'S ADDRESS</b>

# Conference Programme

	<p><b>The new Mental Health Act for England and Wales: The good, the bad and the ugly (for the jobbing Forensic Psychiatrist)</b> Dr Lade Smith, Consultant Forensic Psychiatrist and President of Royal College of Psychiatrists UK</p>
<b>9.35am</b>	<b>Questions</b>
<b>9.45am</b>	<b>PLENARY SESSION:</b>  <b>A case of serial homicidal necrophilia: Experts and expert witnesses</b> Professor Gary Chaimowitz, Head of Service Forensic Psychiatry Programme and Professor of Forensic Psychiatry, McMaster University, Canada
<b>10.20am</b>	<b>Questions</b>
<b>10.30am</b>	<b>Break, refreshments, changeover to parallel workshops, poster exhibition viewing</b>
<b>11.00am</b> <b>Six parallel workshops</b>	
<b>1</b>	<b>Use of GLP-1 receptor agonists for antipsychotic weight gain in forensic settings</b> Dr John Crosby (Chair), Dr Celia Bell, Benjamin Cross and Anastasia Kopanou
<b>2</b>	<b>Improving management of Traumatic Brain Injury in Forensic settings</b> Dr Raman Sakhija, Consultant Psychiatrist (Lead Speaker), Dr Rebecca Nicholls, (Chair), Fiona Pearson and Dr Elizabeth Linley-Adams
<b>3</b>	<b>Future of research in Forensic Psychiatry</b> Dr Daniel Whiting (Chair), Dr Howard Ryland, Prof Pamela Taylor, Dr Mayura Deshpande
<b>4</b>	<b>Moral injury in custodial and forensic mental health settings: what do we know and what can be done about it?</b> Prof Neil Greenberg, Dr Victoria Williamson
<b>5</b>	<b>Rights, Risk, and Restriction: Navigating the 'Coercion' Debate in Forensic Psychiatry</b> Piyal Sen, Richard Latham, Harry Kennedy and Adam Flynn
<b>6</b>	<b>Developments in forensic services for people with Intellectual Disability and Autism who offend</b> Professor Regi Alexander (chair), Dr Rory Sheehan, Dr Jana de Villiers, Dr Iain McKinnon
<b>12.15pm</b>	<b>Lunch, changeover to parallel workshops, poster viewing</b>

# Conference Programme

## 1.15pm Six parallel workshops

1	<p>Medical Student Essays : Presentation of the winning medical student essays in Forensic Psychiatry</p> <p><b>How Should We as Forensic Psychiatrists balance Individual Rights and Public Safety when Managing Risk of Interpersonal Violence</b></p> <p>Chair : Dr Aldeen O'Halloran</p>
	<p><b>The Dangerous Few: Risk aversion and the restriction of liberty in Forensic Psychiatry</b></p> <p>Quinn Collins University of Aberdeen School of Medicine</p>
	<p><b>Managing Ethical Complexity: to what extent do forensic psychiatrists prioritise public safety over individual liberty?</b></p> <p>Saadi Karim Robinson College University of Cambridge</p>
	<p><b>Ethics in Action: How do forensic psychiatrists make decisions at the intersection of care and control?</b></p> <p>Maliha Shakir Lancaster Medical School</p>
	<p><b>When rights meet risks in Forensic Psychiatry: Which prevails?</b></p> <p>Abbey Venables Hull York Medical School</p>
2	<p><b>Practice, Models of Care and Excellence in Forensic Psychiatry at National or State Wide Level. Experience from Ireland, Canada and Scotland</b></p> <p>Dr Mary Davoren (Chair), Prof Harry Kennedy, Dr Treena Wilkie, Prof Lindsay Thomson</p>
3	<p><b>Can secure services be trauma informed ?</b></p> <p>Dr Matthew Penn, Sue Denison, Dr Mary Di Lustro</p>
4	<p><b>Do Forensic Psychiatrists continue to have a role in managing high risk patients with severe and complex Personality Disorder?</b></p> <p>Dr Alexandra Lewis and Dr Stephen Attard</p>
5	<p><b>Who is a forensic psychiatric patient?</b></p> <p>Dr Sandeep Mathews (Chair), Dr Tom Hewson, Dr Danny Whiting, Dr Louise Robinson, Dr Mayura Deshpande</p>
6	<p><b>Prison Psychiatry in Northern Ireland- How does it compare?</b></p> <p>Dr Stuart Brown, Dr Matthew Tovey</p>
2.30pm	<p><b>Poster viewing and refreshments</b></p>
3.00pm	<p><b>Up to 6 Parallel workshops</b></p>

# Conference Programme

1	<b>Changes to Mental Health legislation in the UK: implications for policy and practice</b> Dr Ken Courtenay (Chair), Dr Mayura Deshpande, Dr Jana de Villiers, Dr Boris Pinto
2	<b>Assessing problematic sexual arousal and the role of medication in its management</b> Dr Rebekah Bourne (Chair), Prof Don Grubin, Dr Adarsh Kaul, Dr Sodi Mann
3	<b>Medical School Fitness to Practise, Forensic Psychiatry and the Law- when three worlds collide</b> Professor Dominic Johnson, Dr Penny Brown
4	<b>Working with MAPPA: Challenges and Opportunities for Forensic Psychiatrists</b> Dr Victoria Burt, Dr Richard Latham
5	<b>Dilemmas faced by Forensic Psychiatrists when making sentencing recommendations</b> Dr Abdul Raoof, Dr Nick Hallett, Dr Sandeep Mathews
6	<b>Psychiatric Detention in Portugal: Evidence, International Comparison and the Impact of Legal Reform</b> Fernando Vieira, Sofia Brissos, Filipa Viegas, Camila Pereira, André Bruinho and Maria F. Fernandes
<b>4.15pm</b>	<b>Drinks reception</b>

## Friday

Time	Session
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# Conference Programme

<b>8.20am</b>	<b>Registration, refreshments and poster exhibition viewing</b>
<b>Session 1: Chair – Dr Aideen O'Halloran</b>	
<b>8.45am</b>	<b>Welcome and introductions</b>
<b>9.05am</b>	<b>PLENARY SESSION</b>  <b>Mental Health and Parole hearings</b> Dr Kevin Murray, Psychiatric Specialist Member, the Parole Board; Honorary Consultant and Researcher, Broadmoor Hospital and the West London NHS Mental Health Trust  Dr Laura Janes, PhD KC (Hon), Consultant Solicitor and Chair of the Association of Prison Lawyers
<b>9.40am</b>	<b>Questions</b>
<b>9.50am</b>	<b>PLENARY SESSION</b>  <b>Obesity and GLP-1: Lessons patients have taught me</b> Professor Dónal O'Shea Professor of Endocrinology, St Vincent's University Hospital Dublin and National Clinical Lead for Obesity, Health Service Executive, Ireland
<b>10.20am</b>	<b>Questions</b>
<b>10.30am</b>	<b>Break, refreshments and poster exhibition viewing</b>
<b>Session 2: Chair – Dr Cleo Van Velsen</b>	
<b>10.50am</b>	<b>PLENARY SESSION</b>  <b>Relational Practice in Forensic Settings – Interventions, Evidence and Expectation</b> Professor Mark Freestone, Dean of Education, the Tavistock and Portman NHS Trust
<b>11.20am</b>	<b>Questions</b>

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<b>11.30am</b>	<b>PLENARY SESSION</b> <b>Inquest Support for Psychiatrists</b> Dr Hannah Cappleman, Consultant Psychiatrist, Greater Manchester NHS Mental Health Trust
<b>12.05pm</b>	<b>Questions</b>
<b>12.15pm</b>	<b>Closing remarks</b> Dr Sandeep Mathews and Dr Mary Davoren
<b>12.20pm</b>	<b>Lunch</b>
<b>1.00pm</b>	<b>Close</b>

***Please note this programme is subject to change***

*RCPsych is an inclusive organisation with over 21,000 members who have a diverse range of views, which we look to represent across the programme. To further open dialogue, scientific discovery and enrich learning, we provide our members with the opportunity to hear from a range of professionals. The speakers, panellists and participants views and comments are their own and not the established views of the College.*

*Thank you for attending the RCPsych Forensic Faculty Conference 2026. We hope you had an enjoyable and interesting learning experience and hope to see you all at the Forensic Faculty Conference 2027, in Amsterdam, The Netherlands.*