

RCPsych Faculty of Psychiatry of Intellectual Disability Conference

1-2 October 2026

Voco Hotel, Cardiff, In-person event

Thursday 1 October

Time	Session
8.30am	Registration, refreshments and poster exhibition viewing
9.10am	Welcome and Introductions: Professor Rohit Shankar, Faculty Chair
Session 1 Chair: Rohit Shankar	
9.15am	Intellectual Disability Services: "What's Occurring in Wales?" Professor Alka Ahuja, Chair of Royal College of Psychiatrists (Wales) and Vice President of Royal College of Psychiatrists
9.40am	Questions
9.45am	Findings from the LeDeR Programme: An Update Professor Andre Strydom, King's College London and South London and the Maudsley NHS Foundation Trust
10.10am	Questions
10.15am	Break, refreshments and poster exhibition viewing
Session 2 Chair: TBC	
10.45am	What next after Cheshire West? Thomas Jones, Barrister at Deka Chambers
11.25am	Cheshire West Panel Discussion Thomas Jones Dr Inder Sawhney, Hertfordshire Partnership University NHS Foundation Trust Dr Heather Hanna, Southern HSC Trust and Chair of Child and Adolescent Intellectual Disability Psychiatry Network Dr Rupert Thurston, Swansea Bay University Health Board Dr Ganesan Rajagopal, NHS Lothian and Chair of Psychiatry of Intellectual Disability and the Royal College of Psychiatrists in Scotland
11.45am	Prescribing Practices for People with Intellectual Disability Professor Ian Maidment, Aston University
12.10pm	Questions
12.15pm	The Faculty Newsletter: Why we should care Dr Unsa Athar, Mersey Care NHS Foundation Trust
12.25pm	Lunch and poster exhibition viewing
Session 3 Chair: TBC	
1.25pm	Patient and Carer Inclusion in Research: Hopes and Expectations Ms Sam Clark, Learning Disability England

Conference Programme

1.50pm	Questions
1.55pm	Global Warning and People with Intellectual Disability and Epilepsy Professor Sanjay Sisodiya, University College London and Epilepsy Society
2.20pm	Questions
2.25pm	Break, refreshments and poster exhibition viewing
Session 4 Chair: TBC	
2.55pm	Cancer diagnoses, referrals, and survival in people with intellectual disability in the UK Professor Umesh Chauhan, University of Lancashire and Pendle View Medical Centre
3.20pm	Questions
3.25pm	Joze Jancar Lecture Dr Jane McCarthy, Sussex Partnership NHS Foundation Trust and King's College London
4.05pm	Response to Joze Jancar Lecture Professor Ashok Roy, Coventry and Warwickshire Partnership NHS Trust
4.20pm	Questions
4.25pm	Asylum Seekers with Intellectual Disability Professor Piyal Sen, Brunel University and Elysium Healthcare
4.50pm	Questions
4.55pm	Conference close

Friday 2 October

Time	Session
8.30am	Registration, refreshments and poster exhibition viewing
9.00am	Welcome and Introductions: Professor Rohit Shankar, Faculty Chair
Session 1 Chair: Samuel Tromans	
9.05am	Introduction Samuel Tromans
9.10am	Psych Star Presentation Nicole Liew
9.15am	Gregory O'Brien Presentation Nimra Waheed
	Alec Shapiro Presentations
9.20am	Understanding Barriers to Intellectual Disability Psychiatry Recruitment - Results of a National Survey Fergus Lewis

Conference Programme

9.30am	Audit of MHRA compliance in patients established on sodium valproate within a Community Learning Disability Team Tania Li
9.40am	The overlap between Intellectual Disability and Attention- Deficit/Hyperactivity Disorder in Children and Adolescents Janakan Sivalingam
9.50am	Homelessness among people with learning disabilities on release from prison Rachael Clarkson
10.00am	Break, refreshments and poster exhibition viewing
10.30am	The Care of People with Intellectual Disability: Where we are and where we are going Professor Angela Hassiotis, University College London
11.00am	The Care of People with Intellectual Disability: Panel Discussion Professor Angela Hassiotis Dr Jana De Villiers, High Secure Intellectual Disability Service for Scotland and Northern Ireland and University of Edinburgh Further panel members TBC (Panel chair: Samuel Tromans)
12.00pm	Questions
12.15pm	Lunch and poster exhibition viewing
1.15pm	Workshop 1: Genetics and Intellectual Disability Dr Nick Bass, University College London and Tower Hamlets Diagnostic Memory Service Dr Jana de Villiers Workshop 2: Care Pathways in Intellectual Disability Professor Angela Hassiotis, University College London and Camden and Islington NHS Foundation Trust Professor Asif Zia, Hertfordshire Partnership University Foundation Trust Professor Satheesh Gangadharan, Leicestershire Partnership NHS Trust and Loughborough University
2.00pm	Workshop Changeover
2.05pm	Workshops 1 and 2 repeated
2.50pm	Break, refreshments and poster exhibition viewing
Session 2 Chair: Rory Sheehan	
3.20pm	Epilepsy Associated Mortality Risk and Inpatient Care for People with Intellectual Disabilities Dr Lance Watkins
3.45pm	Questions
3.50pm	Inclusivity in Community Technology

Conference Programme

	Professor Christopher James, University of Warwick
4.15pm	Questions
4.20pm	Prize Presentations and Closing Remarks Professor Rohit Shankar, Faculty Chair
4.35pm	Conference close

Please note this programme is subject to change

RCPsych is an inclusive organisation with over 21,000 members who have a diverse range of views, which we look to represent across the programme. To further open dialogue, scientific discovery and enrich learning, we provide our members with the opportunity to hear from a range of professionals. The speakers, panellists and participants views and comments are their own and not the established views of the College.