

# Faculty of the Psychiatry of Intellectual Disability Spring Conference 2026



**Date:** Friday 24 April

**Venue:** Royal College of Psychiatrists, 21 Prescot Street,  
London, in-person and via live-stream

|                          |  |
|--------------------------|--|
| <b>8.10am – 8.45am</b>   | <b>Registration, refreshments and exhibition viewing</b>   |
| <b>8.50am – 9.00am</b>   | <b>Welcome and Introductions</b><br>Dr Indermeet Sawhney, Faculty Chair<br>Hertfordshire Partnership University NHS Foundation Trust   |
| <b>9.00am - 10.45am</b>  | <b>Session 1</b><br><b>Chair: Dr Amy Blake</b>   |
| <b>9.00am - 9.30am</b>   | <b>Intellectual Disability and the Reasonable Adjustment Digital Flag</b><br>Dr Hannah Brown<br>Ponteland Medical Group and NHS England  |
| <b>9.30am – 10.00am</b>  | <b>Assisted Dying and People with Intellectual Disability, Neurodevelopmental and Mental Disorders</b><br>Prof Regi Alexander<br>Hertfordshire Partnership University NHS Foundation Trust and University of Hertfordshire |
| <b>10.00am - 10.15am</b> | <b>Panel Discussions and Questions</b>   |
| <b>10.15am - 10.40am</b> | <b>Refreshments, poster and exhibition viewing</b>   |
| <b>10.45am - 12.30pm</b> | <b>Session 2</b><br><b>Chair: Dr Rohit Shankar</b>   |
| <b>10.45am - 11.15am</b> | <b>Prevention and Screening of Cancer in People with Intellectual Disability</b><br>Ms Amina Banda<br>Radboud University Medical Center and Sterker Op Eigen Benen   |
| <b>11.15am - 11.45am</b> | <b>People with Intellectual Disability in Police Custody</b><br>Dr Iain McKinnon<br>Newcastle University   |

|                   |   |
|-------------------|---|
| 11.45am - 12.15pm | <b>All Cause and Avoidable Mortality in Adults with Intellectual Disabilities: Data Linkage Study of Health and Administrative Records in Scotland</b><br>Dr Ewelina Rydzewska-Fazekas<br>University of Edinburgh                           |
| 12.15pm - 12.30pm | <b>Panel Discussions and Questions</b>  |
| 12.30pm-1.25pm    | <b>Lunch, poster and exhibition viewing</b>   |
| 1.30pm - 2.45pm   | <b>Session 3</b><br><b>Chair: Dr Sam Tromans</b>  |
| 1.30pm – 2.00pm   | <b>Addressing the Implementation Gap for People with Intellectual Disability</b><br>Professor Ashok Roy OBE<br>Coventry and Warwickshire Partnership NHS Trust<br><br>Dr Jonathan Campion<br>South London and Maudsley NHS Foundation Trust |
| 2.00pm – 2.30pm   | <b>Using the International Classification of Functioning (ICF) to Guide Needs-Led Approaches in Neurodevelopmental Diagnostic Assessment Pathways</b><br>Professor Sebastian Gaigg<br>City St Georges University of London and NHS England  |
| 2.30pm-2.45pm     | <b>Panel Discussions and Questions</b>  |
| 2.45pm-3.05pm     | <b>Refreshments</b>   |
| 3.10pm - 4.30pm   | <b>Session 4</b><br><b>Chair: TBC</b>   |
| 3.10pm - 3.40pm   | <b>Intellectual Disability and the Menopause</b><br>Dr Bernice Knight<br>North London NHS Foundation Trust<br><br>Dr Alisha Patel, Oxleas NHS Foundation Trust  |
| 3.40pm – 4.10pm   | <b>A National Improvement Programme to Optimize Psychotropic Prescribing and Cross-Cultural Comparison</b><br>Dr Hassan Mahmood<br>Coventry and Warwickshire Partnership NHS Trust<br>Tony Jamieson<br>NHS England                          |
| 4.10pm – 4.25pm   | Panel Discussions and Questions   |

|        |                  |
|--------|------------------|
| 4.25pm | Conference close |
|--------|------------------|



***Please note this programme is subject to change***

*RCPsych is an inclusive organisation with over 21,000 members who have a diverse range of views, which we look to represent across the programme. To further open dialogue, scientific discovery and enrich learning, we provide our members with the opportunity to hear from a range of professionals. The speakers, panellists and participants views and comments are their own and not the established views of the College.*