

Faculty of Medical Psychotherapy Annual Conference

Body-Mind Integration

Dates: Thursday 3 and Friday 4 September 2026

Venue: Lady Margaret Hall, University of Oxford

Day one – Thursday 3 September 2026

Time	Session
8.45am – 9.20am	Registration
9.20am	Welcome and introductions - Academic Secretaries and the Conference Organising Committee: Dr Sophie Atwood, Dr Anne Cooper, Dr Vikram Luthra, Dr Parveen Bains and Dr Georgina Corbet Burcher and Patient/Carer Representatives
9.30am	Setting the Frame in Psychedelic Treatment Models: A Discussion and Reflection Professor Guy Goodwin and Dr Jonny Martell and Chris Palmer Chaired by Dr Georgina Corbet Burcher and Dr Vikram Luthra
10.45am	Q and A
11.00am	Morning refreshments Poster viewing
11.30am	Chaired by Dr Parveen Bains and Dr Sophie Atwood Childhood adversity and the risk of later violence Dr Gwen Adshead
12.10pm	Women and violence Anna Motz, Consultant Clinical Psychologist
12.50pm	Q and A
1.00pm	Lunch Poster viewing
2.00pm	Chaired by Dr Parveen Bains and Dr Anne Cooper Medically Unexplained Symptoms: Frozen in time and place Dr Alexis Economou and Dr Phil Davidson

2.45pm	Chaired by Dr Anne Cooper and Dr Georgina Corbet Burcher Trainee session • Presentations of posters – short talks • Medical student essay – prize giving	
3.30pm	Afternoon refreshments Poster viewing	
4.00pm	Parallel sessions - please choose one of the following two sessions	
	Experiential group Facilitated by Dr Alasdair Forrest	Self care using compassion Dr Beena Rajkumar and Dr Graeme Whitfield
5.15pm	End of day one	
7.00pm	Conference party – pre-booked tickets available	

Day two – Friday 4 September 2026

Time	Session
8.30am – 9.15am	Registration
9.15am- 09:45am	Annual General Meeting
09.45am	Welcome
09.55am	Chaired by Sophie Atwood and Dr Vikram Luthra Unheard: the medical practice of silencing and what this means for medical psychotherapy Dr Rageshri Dhairawan
10.30am	Silver hands – a gift when the mind cannot bear the body Dr Susan Mitchell, Group Analyst
11.05am	Q and A
11.15am	Morning refreshments Poster viewing
11.45am	Parallel sessions - please choose one of the following two sessions.

	Experiential group Facilitated by Dr Alasdair Forrest		Self care using compassion Dr Beena Rajkumar and Dr Graeme Whitfield
1.00pm	Lunch Poster viewing		
2.00pm	Parallel sessions - please choose one of the following three sessions.		
	Psychodrama Dr Lisle Scott and Dr Gillian Attwood	Mind-body and nature in a changing climate: an experiential workshop Dr Pamela Peters, Dr Nora Gribbin, Dr Marion Neffgen, Dr Dasal Abayaratne and Dr Louise Robinson	Art therapy Jacky Pearce
2.45pm	Changeover		
2.55pm	Parallel sessions - please choose one of the following three sessions.		
	Psychodrama Dr Lisle Scott and Dr Gillian Attwood	Mind-body and nature in a changing climate: an experiential workshop Dr Pamela Peters, Dr Nora Gribbin, Dr Marion Neffgen, Dr Dasal Abayaratne and Dr Louise Robinson	Art therapy Jacky Pearce
3.40pm	Afternoon refreshments Poster viewing		
4.00pm	Chaired by Dr Anne Cooper and Dr Georgina Corbet Burcher Same ingredients, different recipes: reflecting on supervision in different modalities Dr Phil Osborne and Dr Padakkara Saju and Dr Huma Khan		
4.50pm	Closing comments: Academic Secretaries and the Conference Organising Committee: Dr Sophie Atwood, Dr Anne Cooper, Dr Vikram Luthra, Dr Parveen Bains and Dr Georgina Corbet Burcher and Patient/Carer Representatives		
5.00pm	Close of conference		

The RCPsych is an inclusive organisation with over 22,000 members who have a diverse range of views, which we look to represent across our programmes. To further open dialogue, scientific discovery and enrich learning, we provide our members with the opportunity to hear from a range of professionals. The speakers, panellists and participants views and comments are their own and not the established views of the College.