

Faculty of Medical Psychotherapy Annual Conference: *Body-Mind Integration*

Dates: Thursday 3 and Friday 4 September 2026

Venue: Lady Margaret Hall, University of Oxford

Day one – Thursday 3 September 2026	
8.45am – 9.20am	Registration and arrival refreshments Location: Monson Room
9.20am	Location: Simpkins Lee Theatre Welcome and introductions – Faculty Chair, Academic Secretaries and the Conference Organising Committee: Dr Jessica Yakeley, Dr Sophie Atwood, Dr Anne Cooper, Dr Vikram Luthra, Dr Parveen Bains and Dr Georgina Corbet Burcher
9.30am	Setting the Frame in Psychedelic Treatment Models: A Discussion and Reflection Professor Guy Goodwin, University of Oxford and Dr Jonny Martell, Consultant Psychiatrist Participating in the Compass Study - Chris Palmer Chaired by Dr Georgina Corbet Burcher and Dr Vikram Luthra
10.45am	Q and A
11.00am	Morning refreshments Poster viewing Location: Monson Room
11.30am	Location: Simpkins Lee Theatre Chaired by Dr Parveen Bains and Dr Sophie Atwood Childhood adversity and the risk of later violence Dr Gwen Adshead, Forensic Psychiatrist and Psychotherapist
12.10pm	Maternal Violence in Phantasy and Reality? Anna Motz, Consultant Clinical and Forensic Psychologist, Adult Psychoanalytic Psychotherapist
12.50pm	Q and A

1.00pm	Lunch - Location: Deneke Dining Hall	
2.00pm	Location: Simpkins Lee Theatre Chaired by Dr Vikram Luthra and Dr Anne Cooper Medically Unexplained Symptoms: Frozen in time and place Dr Alexis Economou, Consultant Psychiatrist and Medical Psychotherapist and Dr Phil Davison, Consultant Psychiatrist, with contributions from Dr Katherine Reid and Dr Alpana Bose, Resident Doctors in Higher Training	
2.45pm	Chaired by Dr Anne Cooper and Dr Georgina Corbet Burcher • Short poster talks • Medical student essay – prize announcement	
3.30pm	Afternoon refreshments Poster viewing Location: Monson Room	
4.00pm	Parallel sessions - please choose one of the following two sessions	
	Experiential group Facilitated by Dr Alasdair Forrest, Consultant Forensic Psychiatrist and Medical Psychotherapist, Royal Cornhill Hospital Location: Jerwood Room	Self care using compassion Dr Beena Rajkumar, Consultant Psychiatrist and Consultant Psychotherapist, Psychotherapy Tutor, Lincolnshire Partnership NHS Foundation Trust. and Dr Graeme Whitfield, Consultant Medical Psychotherapist Location: Simpkins Lee Theatre
5.15pm	Close of day one	
7.00pm	Conference party – pre-booked tickets – please contact conference staff for latest availability	

Day two – Friday 4 September 2026

8.30am – 9.15am	Registration and arrival refreshments Location: Monson Room		
9.15am-09:45am	Location: Simpkins Lee Theatre Annual General Meeting – chaired by Dr Jessica Yakeley, Faculty Chair		
09.45am	Welcome		
09.55am	Location: Simpkins Lee Theatre Chaired by Dr Sophie Atwood and Dr Vikram Luthra Unheard: the medical practice of silencing and what this means for medical psychotherapy Dr Rageshri Dhairyawan, doctor, researcher and author, Barts Health NHS Trust		
10.30am	Silver hands – a gift when the mind cannot bear the body Susan Mitchell, Group Analyst		
11.05am	Q and A		
11.15am	Morning refreshments Poster viewing Location: Monson Room		
11.45am	Parallel sessions - please choose one of the following two sessions.		
	Experiential group Facilitated by Dr Alasdair Forrest, Consultant Forensic Psychiatrist and Medical Psychotherapist, Royal Cornhill Hospital Location: Jerwood Room	Self care using compassion Dr Beena Rajkumar, Consultant Psychiatrist and Consultant Psychotherapist, Psychotherapy Tutor, Lincolnshire Partnership NHS Foundation Trust. and Dr Graeme Whitfield, Consultant Medical Psychotherapist Location: Simpkins Lee Theatre	
1.00pm	Lunch - Location: Deneke Dining Hall		
2.00pm	Parallel sessions - please choose one of the following three sessions.		
	Psychodrama	Mind-body and nature in	Art therapy

	Dr Lisle Scott and Gillian Attwood Location: Jerwood Room	a changing climate: an experiential workshop Dr Pamela Peters, Dr Nora Gribbin, Dr Marion Neffgen, Dr Dasal Abayaratne and Dr Louise Robinson Location: Main entrance gates	Jackie Pearce, Art Therapist, Oxford Health NHS Foundation Trust Location: Olga Pocock Room
2.45pm	Changeover		
2.55pm	Parallel sessions - please choose one of the following three sessions.		
	Psychodrama Dr Lisle Scott and Gillian Attwood Location: Jerwood Room	Mind-body and nature in a changing climate: an experiential workshop Dr Pamela Peters, Dr Nora Gribbin, Dr Marion Neffgen, Dr Dasal Abayaratne and Dr Louise Robinson Location: Main entrance gates	Art therapy Jackie Pearce, Art Therapist, Oxford Health NHS Foundation Trust Location: Olga Pocock Room
3.40pm	Afternoon refreshments Poster viewing		
4.00pm	Location: Simpkins Lee Theatre Chaired by Dr Anne Cooper and Dr Georgina Corbet Burcher Same ingredients, different recipes: reflecting on supervision in different modalities Dr Phil Osborne and Dr Padakkara Saju and Dr Huma Khan and Dr Alpana Bose		
4.50pm	Closing comments: Academic Secretaries and the Conference Organising Committee: Dr Sophie Atwood, Dr Anne Cooper, Dr Vikram Luthra, Dr Parveen Bains and Dr Georgina Corbet Burcher		
5.00pm	Close of conference		

The RCPsych is an inclusive organisation with over 22,000 members who have a diverse range of views, which we look to represent across our programmes. To further open dialogue, scientific discovery and enrich learning, we provide our members with the opportunity to hear from a range of professionals. The speakers, panellists and participants views and comments are their own and not the established views of the College.