

Faculty of Medical Psychotherapy Annual Conference

Body-Mind Integration

Dates: Thursday 3 and Friday 4 September 2026

Venue: Lady Margaret Hall, University of Oxford

Day one – Thursday 3 September 2026

Time	Session
8.45am – 9.20am	Registration
9.20am	Welcome and introductions - Academic Secretaries and the Conference Organising Committee: Dr Sophie Atwood, Dr Anne Cooper, Dr Vikram Luthra, Dr Parveen Bains and Dr Georgina Corbet Burcher and Patient/Carer Representatives
9.30am	Setting the Frame in Psychedelic Treatment Models: A Discussion and Reflection Professor Guy Goodwin and Dr Jonny Martell
10.45am	Q and A
11.00am	Morning refreshments Poster viewing
11.30am	Childhood adversity and the risk of later violence Dr Gwen Adshead
12.10pm	Women and violence Anna Motz, Consultant Clinical Psychologist
12.50pm	Q and A
1.00pm	Lunch Poster viewing
2.00pm	Medically Unexplained Symptoms Speakers to be confirmed
2.45pm	Trainee session <ul style="list-style-type: none"> • Presentations of posters – short talks • Medical student essay – prize giving

3.30pm	Afternoon refreshments Poster viewing	
4.00pm	Parallel sessions - please choose one of the following two sessions	
	Experiential group Facilitated by Dr Alasdair Forrest	Self care using compassion Dr Beena Rajkumar and Dr Graeme Whitfield
5.15pm	End of day one	
7.00pm	Conference party – pre-booked tickets available	

Day two – Friday 4 September 2026

Time	Session	
8.30am – 9.15am	Registration	
9.15am- 09:45am	Annual General Meeting	
09.45am	Welcome	
09.55am	Unheard: the medical practice of silencing and what this means for medical psychotherapy Dr Rageshri Dhairyawan	
10.30am	Silver hands – a gift when the mind cannot bear the body Dr Susan Mitchell, Group Analyst	
11.05am	Q and A	
11.15am	Morning refreshments Poster viewing	
11.45am	Parallel sessions - please choose one of the following two sessions.	
	Experiential group Facilitated by Dr Alasdair Forrest	Self care using compassion Dr Beena Rajkumar and Dr Graeme Whitfield

1.00pm	Lunch Poster viewing		
2.00pm	Parallel sessions - please choose one of the following three sessions.		
	Psychodrama Dr Lisle Scott	Planet in mind in our action Dr Pamela Peters	Music therapy
2.45pm	Changeover		
2.55pm	Parallel sessions - please choose one of the following three sessions.		
	Psychodrama Dr Lisle Scott	Planet in mind in our action Dr Pamela Peters	Music therapy
3.40pm	Afternoon refreshments Poster viewing		
4.00pm	Supervision of supervision Dr Emma Hotopf and colleagues		
4.50pm	Closing comments: Academic Secretaries and the Conference Organising Committee: Dr Sophie Atwood, Dr Anne Cooper, Dr Vikram Luthra, Dr Parveen Bains and Dr Georgina Corbet Burcher and Patient/Carer Representatives		
5.00pm	Close of conference		

The RCPsych is an inclusive organisation with over 22,000 members who have a diverse range of views, which we look to represent across our programmes. To further open dialogue, scientific discovery and enrich learning, we provide our members with the opportunity to hear from a range of professionals. The speakers, panellists and participants views and comments are their own and not the established views of the College.