

Faculty of Old Age Psychiatry Annual Conference

Dates: Thursday 26 and Friday 27 March 2026

Venue: In-person (RCPsych London) / Live-streamed via EventsAir

Day one – Thursday 26 March 2026

Time	Session	
8.00am – 9.30am	Delegate registration (in-person attendees only)	
8:30am-9.00am	Satellite session (in-person only) <ul style="list-style-type: none"> • Healthy Aging and Successful Aging - Dr Muthumathi Swamenathan, Essay Prize winner • Mental Health and Older People in Ethiopia - Dr Selam Yoseph, LAMI Bursary Winner 	Satellite session (in-person only) <ul style="list-style-type: none"> • Pragmatic application of lifestyle modification being implemented in local memory services - Dr Mani Krishnan and Dr Tolorunju Edu
	Plenary 1	
9.15am	Welcome and introductions Dr Mohan Bhat, Faculty Chair	
9.25am	National Update Dr Jeremy Isaacs, National Clinical Director for Dementia and Older People's Mental Health, NHS England	
09.45am	Novel therapeutics in dementia Professor Cath Mummery, Director UK Dementia Trials Network	
10.15am	Managing difficult to treat depression in late life Professor Hamish McAllister-Williams, Consultant Psychiatrist, Northumberland Tyne and Wear NHS Trust	
10:45am	Q and A	
11.10am	Morning refreshments Poster viewing Exhibition	
11.40am	Parallel sessions - please choose one of the following three sessions.	

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	Parallel 1	Parallel 2	Parallel 3
	National Audit of Dementia Dr Charlotte Deasy, Dr Isolde Radford, ARUK and Chloe Hood, Royal College of Psychiatrists	Depression Pathway Dr Rakesh Magon, Consultant Psychiatrist, Adults and Associate Medical Director, HPFT	Artificial Intelligence/Digital Interventions Dr Ivan Koychev, Clinical Associate Professor in Neuropsychiatry and Consultant Neuropsychiatrist, Imperial College London and Central North West London NHS Foundation Trust
12.40pm	Lunch Poster viewing Exhibition		
	Plenary 2		
1.40pm	Women's brain health - menopause Professor Gill Livingston, University College London		
2.10pm	Lewy Body Dementia Dr Paul Donaghy, MRC Clinician Scientist Fellow, NIHR Newcastle BRC, Newcastle University and Consultant Old Age Psychiatrist, Gateshead Health NHS Foundation Trust		
2.40pm	Q and A		
2.55pm	Afternoon refreshments Poster viewing Exhibition		
	Plenary 3		
3.20pm	Secondary prevention of dementia: digital and repurposed medication approaches Dr Ivan Koychev, Clinical Associate Professor in Neuropsychiatry and Consultant Neuropsychiatrist, Imperial College London and Central North West London NHS Foundation Trust		
3.50pm	Q and A		
4.00pm	Biological pathways in late life depression		

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	Professor Alan Thomas, Professor of Old Age Psychiatry, Newcastle University
4.25pm	Lifetime achievement award Professor Alan Thomas
4.45pm	Q and A
4.55pm	Closing comments
5.00pm	End of day one
5.00pm- 6.15pm	Drinks reception – all delegates welcome
7.00pm	Conference party – pre-booked tickets are £50 per person

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Day two – Friday 27 March 2026

Time	Session		
8.00am – 9.20am	Delegate registration (in-person attendees only)		
08.30am - 09:00am	Satellite session (in-person only) <ul style="list-style-type: none"> Physical health update - Dr Josie Jenkinson and Dr Tomas Welsh 	Satellite session (in-person only) <ul style="list-style-type: none"> Short poster talks 	
	Plenary 4		
9.20am	Welcome, introductions and Faculty news Dr Mohan Bhat, Faculty Chair + other Executive reports		
09.50am	National update Dr Amanda Thompsell –National Speciality Advisor for Older people’s Mental Health, NHSE		
10.20am	Cognitive impairment in addictions Dr Julia Lewis, Consultant Addiction Psychiatrist, University of Wales		
10.50am	Q and A		
11.10am	Morning refreshments Poster viewing Exhibition		
11.40am	Parallel sessions - please choose one of the following three sessions.		
	Parallel 4	Parallel 5	Parallel 6
	Diagnosing dementia in the acute trust Dr Josie Jenkinson, Helen Croft, Dr Tomas Welsh and Dr Callum Cruickshank	Exercise and sport: dementia and contact sport/safe exercise in older adults Dr Thomas McCabe and Dr Caio Redknap	Next generation services: data, pathways, and innovation Vicky Cartwright and colleagues from Alzheimer’s Research UK

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12.40pm	Lunch Poster viewing Exhibition Film screening: If not now, when?
	Plenary 5
1.50pm	<p>Healthy bodies, healthy minds: the case for truly joined up care</p> <p>Professor Liz Sampson, Professor of Liaison Psychiatry, Queen Mary University of London, Dr Ruth Law, Consultant Geriatrician, Whittington Health NHS Trust Chaired by Dr Richard Biram, Consultant Geriatrician Cambridge University Hospitals NHS Foundation Trust</p>
2.50pm	Afternoon refreshments Poster viewing Exhibition
	Plenary 6
3.20pm	<p>Why every old age psychiatrist should know how to read a clinical trial</p> <p>Professor Rob Howard, Professor of Old Age Psychiatry, University College London</p>
3.50pm	<p>Alzheimer's Disease Diagnosis and Plasma Biomarker Trial</p> <p>Dr Jemma Hazan, UCL Clinical Research Fellow and ARUK Clinical Fellow</p>
4.20pm	Q and A
4.35pm	<p>Closing comments Prizes, awards, announcements</p> <p>Dr Robert Barber, Dr Mohan Bhat, Dr Chineze Ivenso, Dr Ben Underwood</p>
4.45pm	Close of conference

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