

## Faculty of Old Age Psychiatry Annual Conference

**Dates:** Thursday 26 and Friday 27 March 2026

**Venue:** In-person (RCPsych London) / Live-streamed via EventsAir

### Day one – Thursday 26 March 2026

Time	Session				
8.00am – 9.30am	<b>Delegate registration</b> (in-person attendees only)				
8:30am-9.00am	<table border="1"> <thead> <tr> <th>Session</th> <th>Session</th> </tr> </thead> <tbody> <tr> <td> <b>Satellite session (in-person only)</b>                      Location: Room 1.6   <b>Healthy Aging and Successful Aging -</b>                      Dr Muthumathi Swamenathan, Essay Prize winner   <b>Mental Health and Older People in Ethiopia -</b> Dr Selam Yoseph, LAMI Bursary Winner   <b>Culture, Cognition, and the Meaning of Care in Old Age Psychiatry –</b> Dr Mariam Alwerdani, Resident Doctor Essay Prize Winner                 </td> <td> <b>Satellite session (in-person only)</b>                      Location: Room 1.1   <b>Improving dementia risk awareness and prevention discussions in primary care / pragmatic application of lifestyle modification being implemented in local memory services -</b> Dr Mani Krishnan, FRCPsych and Dr Tolorunju Edu, General Practise Specialty Trainee (GPST) Durham and Tess Valley program                 </td> </tr> </tbody> </table>	Session	Session	<b>Satellite session (in-person only)</b> Location: Room 1.6  <b>Healthy Aging and Successful Aging -</b> Dr Muthumathi Swamenathan, Essay Prize winner  <b>Mental Health and Older People in Ethiopia -</b> Dr Selam Yoseph, LAMI Bursary Winner  <b>Culture, Cognition, and the Meaning of Care in Old Age Psychiatry –</b> Dr Mariam Alwerdani, Resident Doctor Essay Prize Winner	<b>Satellite session (in-person only)</b> Location: Room 1.1  <b>Improving dementia risk awareness and prevention discussions in primary care / pragmatic application of lifestyle modification being implemented in local memory services -</b> Dr Mani Krishnan, FRCPsych and Dr Tolorunju Edu, General Practise Specialty Trainee (GPST) Durham and Tess Valley program
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	<b>Plenary 1</b> - Location: Room 1.7				
9.15am	<b>Welcome and introductions</b> Dr Mohan Bhat, Consultant Psychiatrist, Kent and Medway NHS Trust, and Chair, Faculty of Old Age Psychiatry				
9.25am	<b>Dementia in the NHS in England: achievements and challenges</b> Dr Jeremy Isaacs, National Clinical Director for Dementia and Older People's Mental Health, NHS England Chair: Dr Mohan Bhat				
09.45am	<b>Novel therapeutics in dementia</b> Professor Cath Mummery, Director UK Dementia Trials Network Chair: Dr Bob Barber				
10.15am	<b>Managing difficult to treat depression in late life</b> Professor Hamish McAllister-Williams, Consultant Psychiatrist, Newcastle University and Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Chair: Dr Bob Barber				
10:45am	<b>Q and A</b>				

<b>11.10am</b>	<b>Morning refreshments   Poster viewing   Exhibition</b>		
<b>11.40am</b>	<b>Parallel sessions</b> - please choose <b>one</b> of the following <b>three</b> sessions.		
	<b>Parallel 1</b> Location: Room 1.6	<b>Parallel 2</b> Location: Room 1.1	<b>Parallel 3</b> Location: Room 1.7
	<p><b>Data driven quality improvement: An introduction to the National Audit of Dementia</b> Dr Charlotte Deasy, Consultant Old Age Psychiatrist and Clinical Lead for National Audit of Dementia and Chloe Hood, Programme Manager, Royal College of Psychiatrists</p> <p><b>Memory Services at a turning point: evidence, equity and what comes next</b> - Dr Isolde Radford, Senior Policy Manager, Alzheimer's Research UK</p>	<p><b>Film screening: If not now, when?</b> A short film by Nick Tree raising the issues of living with young onset dementia An introduction and discussion with Dr Jacqui Hussey, and Caroline Blanchette, Joint Director for Clinical and Operational Services, Younger People With Dementia charity Chair: Dr Bob Barber</p> <p><i>Please note this session will not be livestreamed - the film can be viewed online</i></p>	<p><b>Digital Interventions: Digital cognitive remediation trial results in MCI</b> - Dr Ivan Koychev, Clinical Associate Professor in Neuropsychiatry and Consultant Neuropsychiatrist, Imperial College London and Central North West London NHS Foundation Trust</p> <p><b>Public attitudes to APOE4 disclosure and counselling</b> - Dr Jerry Tan, Academic Fellow, University of Oxford</p> <p><b>ADSMART</b> – Dr Ben Underwood, University of Cambridge Chair: Dr Ben Underwood</p>
<b>12.40pm</b>	<b>Lunch   Poster viewing   Exhibition</b>		
	<b>Plenary 2</b> - Location: Room 1.7		
<b>1.40pm</b>	<b>Women's brain health</b> Professor Gill Livingston, University College London, UCL/ North London Foundation Trust Chari: Dr Rashi Arya		
<b>2.10pm</b>	<b>Lewy Body Dementia: an update on diagnosis and management</b> Dr Paul Donaghy, MRC Clinician Scientist Fellow, NIHR Newcastle BRC, Newcastle		

	University and Consultant Old Age Psychiatrist, Gateshead Health NHS Foundation Trust
<b>2.40pm</b>	Q and A
<b>2.55pm</b>	<b>Afternoon refreshments   Poster viewing   Exhibition</b>
	<b>Plenary 3</b> - Location: Room 1.7
<b>3.20pm</b>	<b>Secondary prevention of dementia: digital and repurposed medication approaches</b> Dr Ivan Koychev, Clinical Associate Professor in Neuropsychiatry and Consultant Neuropsychiatrist, Imperial College London and Central North West London NHS Foundation Trust Chair: Dr Judy Rubinsztein
<b>3.50pm</b>	<b>Q and A</b>
<b>4.00pm</b>	<b>Biological pathways in late life depression</b> Professor Alan Thomas, Professor of Old Age Psychiatry, Newcastle University
<b>4.25pm</b>	<b>Lifetime achievement award</b> Professor Alan Thomas
<b>4.45pm</b>	<b>Q and A</b>
<b>4.55pm</b>	<b>Closing comments</b>
<b>5.00pm</b>	<b>End of day one</b>
<b>5.00pm-6.00pm</b>	<b>Drinks reception – all delegates welcome</b>
<b>7.00pm</b>	<b>Conference party – pre-booked tickets are £50 per person</b>

The RCPsych is an inclusive organisation with over 22,000 members who have a diverse range of views, which we look to represent across our programmes. To further open dialogue, scientific discovery and enrich learning, we provide our members with the opportunity to hear from a range of professionals. The speakers, panellists and participants views and comments are their own and not the established views of the College.

This event has received financial support through the purchase of exhibition space, with no further input into the arrangements or agenda of the conference. The exhibitors are Lilly UK; and Alzheimer's Research UK

## Day two – Friday 27 March 2026

Time	Session		
8.00am – 9.20am	<b>Delegate registration</b> (in-person attendees only)		
08.30am - 09:00am	<b>Satellite session (in-person only)</b> Location: Room 1.1  <b>Update on RCPsych Physical Health Position Statement</b> Dr Josie Jenkinson	<b>Satellite session (in-person only)</b> Location: Room 1.6  <b>Short poster talks</b> - chaired by Dr Bob Barber  <b>Prognostic Factors for Mortality in Community-Dwelling Individuals with Dementia: A Systematic Review</b> - Dr Naile Aybike Sahin  <b>Do Falls in Dementia with Lewy Bodies matter?: Evidence from a longitudinal retrospective study</b> – Dr Mithun Pulichumakal Devasia	
	<b>Plenary 4</b> - Location: Room 1.7		
9.20am	<b>Welcome, introductions and Faculty news</b> Dr Mohan Bhat, Faculty Chair and Dr Ben Underwood, Faculty Vice-Chair		
09.50am	<b>Opportunities and risks around older adults mental health</b> Dr Amanda Thompsell, National Speciality Advisor for Older people’s Mental Health, NHSE Chair: Dr Mohan Bhat		
10.20am	<b>Cognitive impairment in addictions</b> Dr Julia Lewis, Consultant Addiction Psychiatrist, University of Wales, Aneurin Bevan University Health Board Chair: Dr Chineze Ivenso		
10.50am	<b>Q and A</b>		
11.10am	<b>Morning refreshments   Poster viewing   Exhibition</b>		
11.40am	<b>Parallel sessions</b> - please choose <b>one</b> of the following <b>three</b> sessions.		
	<b>Parallel 4</b> Location: Room 1.6	<b>Parallel 5</b> Location: Room 1.1	<b>Parallel 6</b> Location: Room 1.7
	<b>Diagnosing dementia in the</b>	<b>Dementia and</b>	<b>Panel discussion:</b>

	<p><b>acute hospital: emergent pathways</b> - Dr Josie Jenkinson, Dr Tomas Welsh and Dr Callum Cruickshank</p> <p><b>Liaison assessment of dementia QI and the development of a new acute diagnostic pathway</b> - Helen Croft</p>	<p><b>sport - where are we heading ?</b> Dr Thomas McCabe, Consultant Psychiatrist, NHS Greater Glasgow and Clyde, RCPsych Sport and exercise psychiatry specialist interest group and Dr Caio Redknap</p> <p>Chair: Dr Rashi Arya</p>	<p><b>Innovation in action - practical ways to prepare dementia services for the future</b></p> <p>Professor Charles Marshall, Consultant Neurologist, Queen Mary University of London and Dr Ross Dunne, Consultant Old Age Psychiatrist, Greater Manchester Mental Health Foundation Trust</p> <p>Chaired by Samantha Benham-Hermetz, Alzheimer's Research UK</p>
<b>12.40pm</b>	<p><b>Lunch   Poster viewing   Exhibition</b></p> <p><b>1.20pm - Faculty Business Meeting (in-person only/optional meeting) –</b> Location: Room 1.6</p>		
	<p><b>Plenary 5</b> - Location: Room 1.7</p>		
<b>1.50pm</b>	<p><b>Healthy bodies, healthy minds: the case for truly joined up care</b></p> <p>Professor Liz Sampson, Professor of Liaison Psychiatry, Queen Mary University of London, Dr Ruth Law, Consultant Geriatrician, Whittington Health NHS Trust Chaired by Dr Richard Biram, Consultant Geriatrician Cambridge University Hospitals NHS Foundation Trust</p>		
<b>2.50pm</b>	<p><b>Afternoon refreshments   Poster viewing   Exhibition</b></p>		
	<p><b>Plenary 6</b> - Location: Room 1.7</p>		
<b>3.20pm</b>	<p><b>Why every old age psychiatrist should know how to read a clinical trial</b></p> <p>Professor Rob Howard, Professor of Old Age Psychiatry, University College London Chair: Dr Vivek Pattan</p>		
<b>3.50pm</b>	<p><b>Alzheimer's Disease Diagnosis and Plasma Biomarker Trial</b></p> <p>Dr Jemma Hazan, UCL Clinical Research Fellow and ARUK Clinical Fellow Chair: Dr Vivek Pattan</p>		

<b>4.20pm</b>	<b>Q and A</b>
<b>4.35pm</b>	<b>Closing comments</b> Prizes, awards, announcements Dr Robert Barber, Dr Mohan Bhat, Dr Chineze Ivenso, Dr Ben Underwood
<b>4.45pm</b>	<b>Close of conference</b>

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