Perinatal Faculty Psychiatry Conference 2026

Date: 27th November

Venue: 21 Prescot Street, in-person and live-streamed

Time	Session	
8.30am	**Registration, refreshments and online poster exhibition viewing**	
	Session 1	
9.15am	**Welcome and introductory remarks**	
9.30am	**New directions in Preconception** Chair: Dr Livia Martucci Dr Maddalena Miele, Consultant Perinatal Psychiatrist	
10.10am	**Q & A session**	
10.15am	**Fetal impact and psychotropic use** Chair: Dr Livia Martucci Dr Paul Cawley, Consultant Neonatologist, Guys & St Thomas' NHS Foundation Trust	
10.55am	**Q & A session**	
11.00am	**Break and online poster viewing**	
	A choice of two parallel sessions	
11.25am	**A) Parental mental health and early years child development** Professor Paul Ramchandani, Child and Adolescent Psychiatrist and LEGO Professor of Play in Education Development and Learning, Cambridge University UK	**B) Melodies for Dads: Can a community group singing intervention improve father-infant relationship in fathers at-risk of postnatal depression?** Francesca Mancino and Seungyoung (Aeron) Kim, PhD researchers in Perinatal Psychiatry, King's College London, UK.
12:10pm	**Q & A session**	**Q & A session**

12.20pm	**Lunch and online poster viewing**
	Session 2
1.15pm	**Digital Villages of Care: Breastfeeding-led support for maternal mental health during war in Gaza** Dr Yafa Ajweh
1.30pm	**Daksha Emson Prize – Trainees Oral presentations** Chair: Dr Mano Manoharan and Dr Chaya Mupiri **Developing a Neurodiversity Pathway in a Community Perinatal Team** Dr Elle Borges Michel **Bridging the gap: Increasing access to Sexual and Reproductive healthcare for women with Severe Mental Illness (SMI) and complex needs in South West London. A Service Improvement Project between Kingston and Richmond Perinatal Service and The Wolverton Sexual Health Service** Dr Lydia Jones **Impact of physical health clinic in improving Antipsychotic monitoring in Perinatal Psychiatry** Dr Meghana Rayala **Improving Access to Pre-Conception Counselling in Sutton and Merton Early Intervention Services (EIS)** Dr Nadine Izumi-Richards
2.05pm	**Eating Disorders in perinatal period** Chair: Dr Mano Manoharan

	Dr Felicity Callender, Consultant Psychiatrist, South London and Maudsley NHS Foundation Trust
2.45pm	**Q & A session**
2.55pm	**Afternoon break and online posters viewing**
	Session 3
3.15pm	**Awarding of prizes** Dr Mano Manoharan & Dr Chaya Mupiri
3.20pm	**Neuromodulation: Efficacy, Safety and Future Implications for Perinatal Mental Health Care** Chair: Dr Livia Martucci Prof Mario F. P. Juruena Professor of Affective Disorders and Translational Psychiatry, King's College London and Consultant Psychiatrist, South London and Maudsley NHS Foundation Trust
3.55pm	**Q & A session**
4.05pm	**Future of academic psychiatry: Panel Discussion** Professor Paola Dazzan, Institute of Psychiatry, London Dr Claire Wilson, Academic at the Institute of Psychiatry, Psychology and Neuroscience, King's College London and Consultant Psychiatrist, SLAM Dr Raquel Catalao, specialist registrar in psychiatry and a Wellcome Trust Clinical PhD fellow
4.35pm	**Q & A session**
4.45pm	**Conference close**

Please note this programme is subject to change

RCPsych is an inclusive organisation with over 21,000 members who have a diverse range of views, which we look to represent across the programme. To further open dialogue, scientific discovery and enrich learning, we provide our members with the opportunity to hear from a range of professionals. The speakers, panellists and participants views and comments are their own and not the established views of the College.