

Evaluation of Psychiatry Services in a Community Intellectual Disability Team

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INTRODUCTION

- People with intellectual disability (ID) experience higher rates of mental health disorders and often present with complex needs which include other neuro-developmental disorders, physical health conditions, challenging behaviours, and traumatic life experiences.
- NICE guidelines recommend Multidisciplinary team (MDT) involvement for best-practice care; however, little is known about outcomes of patients receiving specialist psychiatric input within the community services.

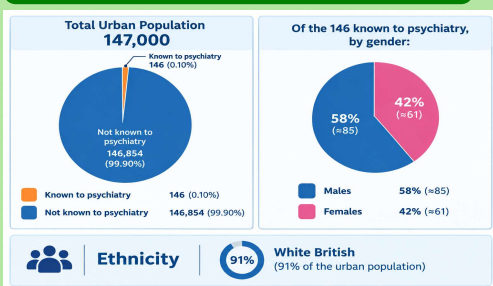
AIM

- Describe the socio-demographic, clinical, risk and treatment outcome variables of patients known to psychiatry services within an urban community intellectual disability team in the East of England.

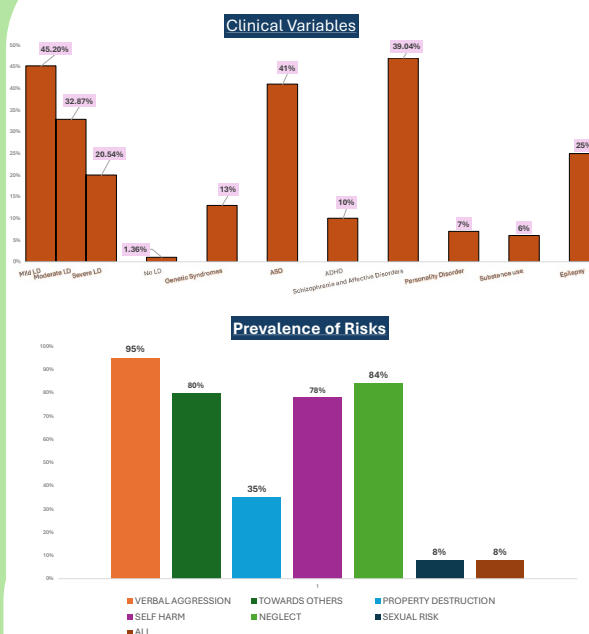
METHODS

- A retrospective case file review followed by a descriptive analysis of socio-demographic and clinical variables including treatment outcomes.
- Treatment outcomes were assessed by Clinical Global Impression Scale.

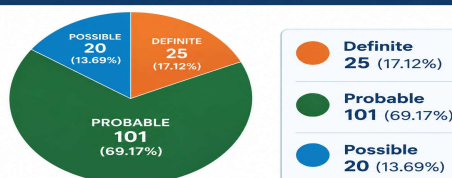
RESULTS



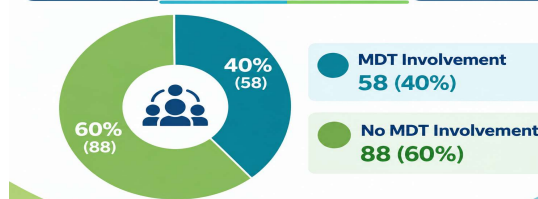
RESULTS



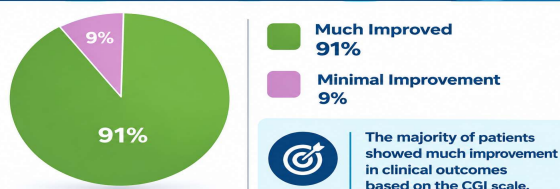
History of Abuse/Trauma



MDT Involvement



Clinical Outcomes based on CGI Scale



DISCUSSION & CONCLUSION

- People with intellectual disability who present to psychiatrists have an extraordinary range of co-morbidities.
- While treatment from psychiatrists delivered good treatment outcomes, ongoing multi-disciplinary involvement appears to be limited.
- 'Episode-based care' with an emphasis on rapid turnover can lead to patients with enduring mental health needs being discharged early by other disciplines.
- Contrary to the guidelines, less than half of the case load had on-going MDT involvement. The reasons need to be carefully examined.
- Does it raise a question on utility of MDT involvement in community case load as 91% still had overall good clinical outcomes?
- Whether MDT involvement will improve patient and carer satisfaction rate, remains to be seen.
- Wider comparisons to investigate MDT involvement in CLD teams across regions for more generalised view.

CONTACT

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