

RCPsych Faculty of Psychiatry of Intellectual Disability Conference

1-2 October 2026

Voco Hotel, Cardiff, In-person event

Thursday 1 October

Time	Session
8.15am <i>Dylan/Thomas Suite Foyer</i>	Registration, refreshments and poster exhibition viewing
9.00am <i>Dylan/Thomas Suite</i>	Welcome and Introductions: Professor Rohit, Faculty Chair
9.05am	Launch of Royal College of Psychiatrists College report: optimising psychotropic medication prescribing of people with intellectual disability Dr Sam Tromans and Dr Orla McDonald
Session 1 Chair: Rohit Shankar	
9.15am <i>Dylan/Thomas Suite</i>	Intellectual Disability Services: “What’s Occurring in Wales?” Professor Alka Ahuja, Chair of Royal College of Psychiatrists (Wales) and Vice President of Royal College of Psychiatrists
9.40am	Questions
9.45am <i>Dylan/Thomas suite</i>	Findings from the LeDeR Programme: An Update Professor Andre Strydom, King’s College London and South London and the Maudsley NHS Foundation Trust
10.10am	Questions
10.15am <i>Dylan/Thomas suite foyer</i>	Break, refreshments and poster exhibition viewing
Session 2 Chair: Rohit Shankar	
10.45am <i>Dylan/Thomas suite</i>	What next after Cheshire West? Thomas Jones, Barrister at Deka Chambers
11.25am <i>Dylan/Thomas suite</i>	Cheshire West Panel Discussion Thomas Jones Dr Inder Sawhney, Hertfordshire Partnership University NHS Foundation Trust Dr Heather Hanna, Southern HSC Trust and Chair of Child and Adolescent Intellectual Disability Psychiatry Network Dr Rupert Thurston, Swansea Bay University Health Board Dr Jana DeVilliers
11.45am <i>Dylan/Thomas suite</i>	Prescribing Practices for People with Intellectual Disability Professor Ian Maidment, Aston University
12.10pm	Questions

12.15pm <i>Dylan/Thomas suite</i>	The Faculty Newsletter: Why we should care Dr Unsa Athar, Mersey Care NHS Foundation Trust
12.25pm <i>Dylan/Thomas suite foyer</i>	Lunch and poster exhibition viewing
Session 3 Chair: Rory Sheehan	
1.25pm <i>Dylan/Thomas suite</i>	Patient and Carer Inclusion in Research: Hopes and Expectations Ms Sam Clark, Learning Disability England
1.50pm	Questions
1.55pm <i>Dylan/Thomas suite</i>	Global heating and people with intellectual disability and epilepsy Professor Sanjay Sisodiya, University College London and Epilepsy Society
2.20pm	Questions
2.25pm <i>Dylan/Thomas suite foyer</i>	Break, refreshments and poster exhibition viewing
Session 4 Chair: Rory Sheehan	
2.55pm <i>Dylan/Thomas suite</i>	Cancer diagnoses, referrals, and survival in people with intellectual disability in the UK Professor Umesh Chauhan, University of Lancashire and Pendle View Medical Centre
3.20pm	Questions
3.25pm <i>Dylan/Thomas suite</i>	Joze Jancar Lecture Dr Jane McCarthy, Sussex Partnership NHS Foundation Trust and King's College London
4.05pm	Response to Joze Jancar Lecture Professor Ashok Roy, Coventry and Warwickshire Partnership NHS Trust
4.20pm	Questions
4.25pm <i>Dylan/Thomas suite</i>	Asylum seekers with intellectual disability Professor Piyal Sen, Brunel University and Elysium Healthcare
4.50pm	Questions
4.55pm <i>Dylan/Thomas suite foyer</i>	Drinks reception
5.45pm	Conference close

Conference Programme

Friday 2 October

Time	Session
8.30am <i>Dylan/Thomas suite foyer</i>	Registration, refreshments and poster exhibition viewing
9.00am <i>Dylan/Thomas suite</i>	Welcome and Introductions: Professor Rohit Shankar, Faculty Chair
Session 1 Chair: Samuel Tromans	
9.05am <i>Dylan/Thomas suite</i>	Introduction Samuel Tromans
9.10am	Psych Star Presentation Nicole Liew
9.15am	Gregory O'Brien Presentation (<i>pre-recorded</i>) Nimra Waheed
<i>Dylan/Thomas suite</i>	Alec Shapiro Prize Presentations
9.20am	Understanding Barriers to Intellectual Disability Psychiatry Recruitment - Results of a National Survey Fergus Lewis
9.30am	Audit of MHRA compliance in patients established on sodium valproate within a Community Learning Disability Team Avani Puri
9.40am	The overlap between Intellectual Disability and Attention- Deficit/Hyperactivity Disorder in Children and Adolescents Janakan Sivalingam
9.50am	Discussion
10.00am <i>Dylan/Thomas suite foyer</i>	Break, refreshments and poster exhibition viewing
10.25am <i>Dylan/Thomas suite</i>	The Care of People with Intellectual Disability: Where we are and where we are going Professor Angela Hassiotis, University College London
10.55am <i>Dylan/Thomas suite</i>	The Care of People with Intellectual Disability: Panel Discussion Professor Angela Hassiotis Dr Jana De Villiers, High Secure Intellectual Disability Service for Scotland and Northern Ireland and University of Edinburgh (Panel chair: Samuel Tromans)
11.25am <i>Dylan/Thomas suite</i>	Psychotropics, behaviour that challenges and intellectual disability; from "a prescribing problem" to "a movement for improvement" Ruth Dales, National Patient Safety Team, NHS England
11.55pm	Questions

Conference Programme

12.00pm <i>Dylan/Thomas suite foyer</i>	Lunch and poster exhibition viewing
12.45pm <i>Dylan/Thomas suite</i>	Workshop 1: Genetics and Intellectual Disability Dr Nick Bass, University College London and Tower Hamlets Diagnostic Memory Service Dr Jana de Villiers
<i>Dahl Suite</i>	Workshop 2: Care Pathways in Intellectual Disability Professor Angela Hassiotis, University College London and Camden and Islington NHS Foundation Trust Professor Asif Zia, Hertfordshire Partnership University Foundation Trust Professor Satheesh Gangadharan, Leicestershire Partnership NHS Trust and Loughborough University
1.30pm	Workshops changeover
1.35pm	Workshops 1 and 2 repeated
2.20pm <i>Dylan/Thomas suite foyer</i>	Break, refreshments and poster exhibition viewing
Session 2 Chair: Rory Sheehan	
2.45pm <i>Dylan/Thomas suite</i>	Epilepsy Associated Mortality Risk and Inpatient Care for People with Intellectual Disabilities Dr Lance Watkins
3.10pm	Questions
3.15pm	Inclusivity in Community Technology Professor Christopher James, University of Warwick
3.40pm	Questions
3.45pm	Dr Afia Ali
4.10pm	Prize Presentations and Closing Remarks Professor Rohit Shankar, Faculty Chair
4.30pm	Conference close

Please note this programme is subject to change

RCPsych is an inclusive organisation with over 21,000 members who have a diverse range of views, which we look to represent across the programme. To further open dialogue, scientific discovery and enrich learning, we provide our members with the opportunity to hear from a range of professionals. The speakers, panellists and participants views and comments are their own and not the established views of the College.