

# The role of Occupational Therapy (OT) in Forensic Intellectual Disability (ID) services

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## INTRODUCTION

- OT plays an important role in forensic ID services from aiding in assessments to treatment to rehabilitation and safe community integration.
- Despite this, the specific role of OT in this setting remains under-structured and under-researched.
- Through our work, we have tried to bridge this gap by evaluating the quality of OT service and recommendations for ensuring consistency of OT practice.

## AIM

- To describe the various OT interventions and map them against the treatment pathway within inpatient Forensic ID service.
- To evaluate the role of OT with feedback from the multidisciplinary team (MDT) and patients.
- To make recommendations for best OT practice in Forensic ID services.

## METHODS

- A structured OT pathway spanning referral, assessment, intervention, and discharge as described in the ten-point treatment programme was analysed.
- AI-assisted coding was used to collect Patient and MDT feedback via surveys and thematic analysis.
- Focus group discussions were held to establish audit standards.

## DISCUSSION

- There is limited literature on OT in forensic ID setting although their critical role is well recognised in clinical practice.
- Available literature highlights that OT helps with reducing reoffending and community integration.

## RESULTS



## CONCLUSION

- Embedding OT within structured treatment frameworks such as the 10-point treatment programme can strengthen risk management, collaboration and rehabilitation.
- The current body of evidence is limited, and further research is needed in this area to generate practice-based evidence and standardised outcome measures to strengthen the evidence base for OT in Forensic ID services.

### CONTACT:

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