

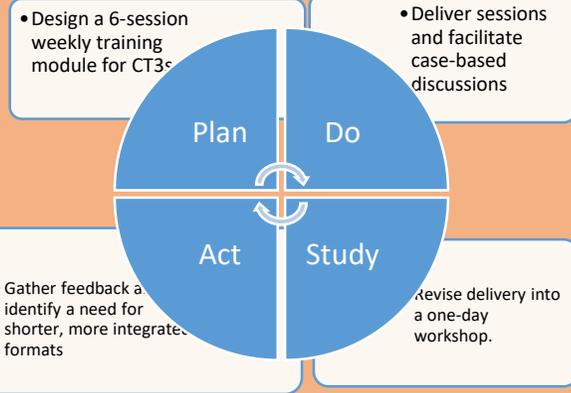
Enhancing Addiction Psychiatry Training for Core Trainees: A Regional Quality Improvement Project

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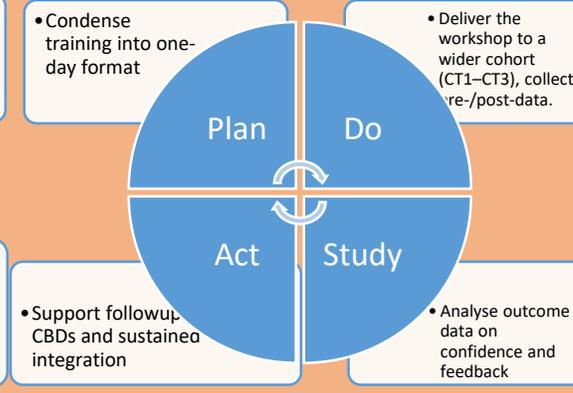
Introduction

- Aimed to address the low confidence and limited exposure among trainees in assessing and managing substance use disorders
- Aligned with RCPsych curriculum and WPBA requirements
- Progressed from Birmingham pilot to Black Country rollout

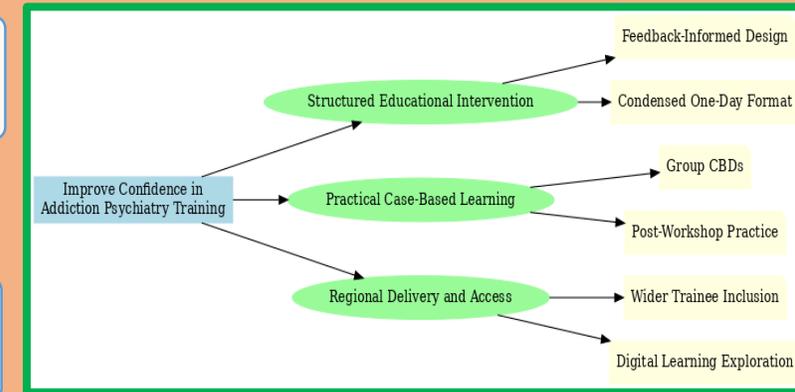
Birmingham Pilot



Black Country Pilot



Driver Diagram



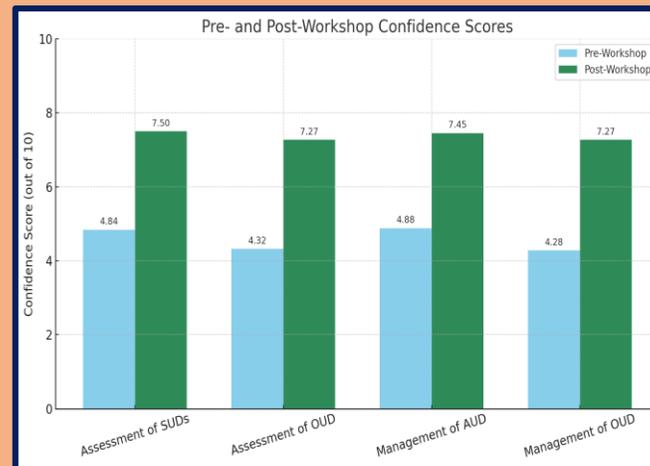
Theme identified from the workshop

“New to addictions, so an introduction and practical pointers...” “Learn more about addictions”

“Become more confident in this specialty area” “I don't feel fully prepared...”

“Opportunity to learn and possibly work towards a CBD

“Addiction expectations for exams and clinical cases”



Discussion

- Significant training gap identified across trainee grades
- Interactive, practical format increased confidence and willingness to manage SUD cases
- Model supports scalable, curriculum-aligned regional delivery
- Strong relevance to RCPsych training outcomes

Conclusions

- Targeted addiction psychiatry training significantly improves confidence
- One-day regional workshop is effective and sustainable
- Model supports workforce development and patient safety
- Suitable for wider replication across deaneries