

## Men's Mental Health Conference

**Date:** Tuesday 24 February 2026

**Venue:** 21 Prescott Street, London, E1 8BB

Time	Session
9.00am	<b>Registration</b>
9.30am	<b>Welcome and introduction</b> Dr Lade Smith, Consultant Forensic Psychiatrist and President of Royal College of Psychiatrists UK
9.45am	<b>Men's Mental Health Strategy</b> Baroness Gillian Merron, Parliamentary Under-Secretary of State for Women's Health and Mental Health
10.00am	<b>Implications for practice</b> Dr Adrian James, NHS England National Medical Director for Mental Health
10.20am	<b>Understanding suicide risk</b> Professor Rory O'Connor, School of Health & Wellbeing, Glasgow University; Co-chair Advisory Board on Suicide Prevention to Scottish Government
10.40am	<b>Q&amp;A</b>
11.00am	Morning refreshment break
11.20am	<b>Primary care</b> Baroness Clare Gerada
11.40am	<b>The cost of the mask: silent struggles in masculinity, trauma and men's mental health</b> Professor Divine Charura
12.00pm	<b>Men and women: experience and expression of emotion</b> Professor Robin Dunbar, Professor of Evolutionary Psychology, Oxford University
12.20pm	<b>Q&amp;A</b>
12.30pm	Lunch break
1.30pm	<b>What stops people seeking help</b>

	Professor Zaffer Iqbal, Faculty of Health Sciences, Hull University; Clinical Director of Psychological Services
1.50pm	<b>Men's mental health and suicide</b> Philip Pirie, Lived Experience
2.05pm	<b>Q&amp;A</b>
2.20pm	Close of conference