

National ECT Training Day 2026

Date: Wednesday 13 May 2026

Venue: Online via EventsAir

Time	Session
9.00 - 9.15am	Welcome Dr Richard Braithwaite, Chair, ECT and Related Treatments Committee Lead Consultant for Neuromodulation, Sussex Partnership NHS Foundation Trust
Session Chair: Dr Richard Braithwaite	
9.15 - 10.00am	Indications, guidance and evidence Dr Richard Braithwaite
10.00 - 10.30am	History of ECT Dr Raja Badrakalimuthu, Clinical Lead ECT, Surrey & Borders Partnership NHS Foundation Trust
10.30 - 11.00am	Break
Session Chair: Professor George Kirov	
11.00 - 11.30am	Relapse prevention (including maintenance/continuation) Professor George Kirov, Clinical Professor, Division of Psychological Medicine and Clinical Neurosciences, Cardiff University
11.30am - 12.00pm	Adverse effects and monitoring Professor Declan McLoughlin, Head of Discipline, Dept of Psychiatry and Trinity College Institute of Neuroscience, Trinity College, Dublin
12.00 - 1.00pm	Lunch
Session Chair: Dr Raja Badrakalimuthu	
1.00 - 1.30pm	Anaesthesia and ECT Dr Oliver Cramer, Consultant in Intensive Care Medicine and Anaesthetics, Care Group Director Planned Care, Isle of Wight NHS Trust
1.30 - 2.00pm	A Patient's Perspective of Risk Assessment Jan Giles, Patient Rep, ECT and Related Treatments Committee, Royal College of Psychiatrists
2.00 - 2.45pm	Legal framework across four nations: MHA/MCA and equivalent Dr Parvathy Pillay, Lead Consultant Neuromodulation Service Deputy Medical Director North East Community Services

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2.45 - 3.15pm	Break
Session Chair: Dr Girish Kunigiri	
3.15 - 3.45pm	Quality improvement in ECT Prof Julie Langan-Martin, Professor of Psychiatry, Director of Education, University of Glasgow Dr Vimal Sivasanker, Consultant in Neuromodulation and adult inpatient psychiatry, Essex Partnership University NHS Foundation Trust
3.45 - 4.45pm	Complex cases discussion and Q&A Session Dr Richard Braithwaite Dr Girish Kunigiri, Chief Medical Officer, Lincolnshire Partnership NHS Foundation Trust
4.45 - 5.00pm	Closing remarks
5.00pm	Close of day

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