

National ECT Training Day 2026

Date: Wednesday 13 May 2026

Venue: Online via EventsAir

Time	Session
9.00 - 9.15am	<p>Welcome</p> <p>Dr Richard Braithwaite, Chair, ECT and Related Treatments Committee Lead Consultant for Neuromodulation, Sussex Partnership NHS Foundation Trust</p>
Session Chair: Dr Richard Braithwaite	
9.15 - 10.00am	<p>Indications, guidance and evidence</p> <p>Dr Richard Braithwaite</p>
10.00 - 10.30am	<p>History of ECT</p> <p>Dr Raja Badrakalimuthu, Clinical Lead ECT, Surrey & Borders Partnership NHS Foundation Trust</p>
10.30 - 11.00am	Break
Session Chair: Professor George Kirov	
11.00 - 11.30am	<p>Relapse prevention (including maintenance/continuation)</p> <p>Professor George Kirov, Clinical Professor, Division of Psychological Medicine and Clinical Neurosciences, Cardiff University</p>
11.30am - 12.00pm	<p>Adverse effects and monitoring</p> <p>Professor Declan McLoughlin, Head of Discipline, Dept of Psychiatry and Trinity College Institute of Neuroscience, Trinity College, Dublin</p>
12.00 - 1.00pm	Lunch
Session Chair: Dr Raja Badrakalimuthu	
1.00 - 1.30pm	<p>Anaesthesia and ECT</p> <p>Dr Oliver Cramer, Consultant in Intensive Care Medicine and Anaesthetics, Care Group Director Planned Care, Isle of Wight NHS Trust</p>
1.30 - 2.00pm	<p>Whose Risk is it Anyway? A patient's perspective of risks and ECT</p> <p>Jan Giles, Patient Rep, ECT and Related Treatments Committee, Royal College of Psychiatrists</p>
2.00 - 2.45pm	<p>Legal framework across four nations: MHA/MCA and equivalent</p> <p>Dr Parvathy Pillay, Lead Consultant Neuromodulation Service Deputy Medical Director North East Community Services</p>

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2.45 - 3.15pm	Break
Session Chair: Dr Girish Kunigiri	
3.15 - 3.45pm	<p>Quality improvement in ECT</p> <p>Prof Julie Langan-Martin, Professor of Psychiatry, Director of Education, University of Glasgow</p> <p>Dr Vimal Sivasanker, Consultant Psychiatrist, Hertfordshire Partnership University NHS Foundation Trust, ECTAS Advisory Group Chair 2019-2026</p>
3.45 - 4.45pm	<p>Complex cases discussion and Q&A Session</p> <p>Dr Girish Kunigiri, Executive Medical Director, Derbyshire Healthcare NHS Foundation Trust</p> <p>Dr Richard Braithwaite</p> <p>Dr Oliver Cramer</p> <p>Professor George Kirov</p>
4.45 - 5.00pm	Closing remarks
5.00pm	Close of day

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