Public Mental Health Conference

Date: Friday 20 November 2026
Venue: Royal College of Psychiatrists, London/Livestream via EventsAir

Time	Session		
08.30am	**Registration and refreshments**		
09.15am	**Welcome: and introductions** Professor Subodh Dave, President, Royal College of Psychiatrists and Professor Tracy Daszkiewicz, President, Faculty of Public Health		
09.35am	**National prevalence review** Professor Praveetha Patalay, Professor of Population Health and Wellbeing, University College London		
10.20am	**Q and A and discussion**		
10.40am	**Morning refreshment break | Poster viewing**		
11.10am	**Miles of Smiles - When We Move We're Stronger** Rebecca Antcliffe, Active Education Manager and CYP Physical Activity Specialist, Calderdale Public Health Team		
11.40pm	**Use of routinely collected data to evaluate public mental health interventions** Dr Laura Goodwin, Senior Lecturer and Lead for Public Mental Health, Lancaster University		
12.10pm	**Four million households: a hidden health system** Jenny Danson, Founder and CEO, Healthy Homes Hub		
12.40pm	**Q and A**		
1.00pm	**Lunch | Poster viewing**		
2.00pm	***Parallel sessions*** **-** *a choice of 3 sessions – please choose* ***one*** *to attend*		
	1	*2*	*3*
	Supporting physical activity in people with severe mental ill health Dr Emily Peckham, Director for Centre for	**Antiracism** Dr Samia Latif Consultant Communicable Disease Control, Consultant in Global Health, Chair RACE	**Abstract Presentations Working in Nature: Our experience of promoting nature-based activities for young people**

	Mental Health and Society, Bangor University Suzie Gittus, National Partnerships Lead - Health and inactivity team, Sport England **The Power of Movement for Mental Health** Emma Sadula, Senior Public Health Specialist (Adults, Mental Health and All Age Prevention)	Equality Network, UK Health Security Agency **The cost of staying on guard: everyday racism and its impact on mental health** Susan Solomon, Senior Research Manager, Mental Health Foundation Professor Habib Naqvi MBE FFPH (Chief Executive, NHS Race and Health Observatory)	**working with Child and Adolescent Mental Health Services in Mid-Wales –** Dr Catherine Cunning **Co-designed Mental Health Training with Community Partners: Reach, Confidence and Learning -** Rebecca Kineen, Public Health Practitioner, Buckinghamshire Council and Sophia Magbagbeola, Buckinghamshire Mind **A joint public health and mental health approach to implementing national Co-occurring Substance Use and Mental Health (CoSUM) guidance across a mental health trust -** Dr Alice Middleton, Mersey and West Lancashire NHS Trust **Mind the Gap: Using a Youth Mental Health Needs Assessment to Drive a Joint Mental Health–Public Health**

			Response to Young Men's Under-Engagement in Northamptonshire - Cindy Wrighting, Youth Works Northamptonshire
3.00pm	**Afternoon refreshment break | Poster viewing**		
3.30pm	**Does reducing digital media use improve health and wellbeing? An umbrella review of experimental evidence** Brandon Davidson, University of Cambridge		
4.10pm	**Commercial determinants of mental health** Professor Mark Petticrew, Professor of Public Health, in the Faculty of Public Health and Policy at LSHTM and Director, NIHR Public Health Policy Research Unit		
4.40pm	**Q and A and discussion**		
5.00pm	**Closing comments and next steps**		
5.10pm	**Close of conference**		

RCPsych and the FPH are inclusive organisations with nearly 30,000 members who have a diverse range of views, which we look to represent across the programme. To further open dialogue, scientific discovery and enrich learning, we provide our members with the opportunity to hear from a range of professionals. The speakers, panellists and participants views and comments are their own and not the established views of the RCPsych or the FPH.