



# **SAS Psychiatrists Conference**

## **May 2026**

Prof Owen Bowden-Jones CBE  
Registrar, Royal College of Psychiatrists

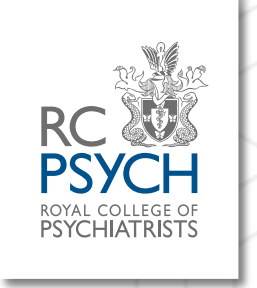
# Thank you!



- Clinical expertise
- Clinical leadership
- Clinical care
- Innovation
- Education
- QI and research

# SAS psychiatrists and the College

## What is going well?



- First cohort of SAS psychiatrists completed College Leadership and Management Fellowship Scheme
- Second cohort due soon
- An SAS psychiatrist has been elected vice chair of Faculty of Social and Rehabilitation faculty.
- First SAS RCPsych Fellow (Dr Mike Groves)
- More SAS clinical and educational supervisors of psychiatric resident doctors

# SAS psychiatrists and the College

- First SAS CASC examiners have been appointed
- Strong leadership – Dr Lily Read, Chair, SAS Committee
- Strong representation – national reps, faculty reps
- Increasing profile – SAS Celebration week



**What next?**

# SAS doctor strategy

2023–25





# **Aim 1:** Support education and research

## Support:

- ✓ SAS doctors' development and recognition via access to preparation and support for all avenues of their career development, including within-grade progression, exams, return to training and CESR
- ✓ Experienced, skilled SAS doctors as educators and involve SAS doctors in delivering education and training events
- ✓ SAS academic development, opportunities and recognition



## **Aim 2: Improve care**

- ✓ Support SAS doctors in developing quality improvement skills and practice
- ✓ Involve more experienced SAS doctors in service development and improvement, quality improvement networks at all levels, and in accreditation





## **Aim 3:** Influence system-level change

- ✓ Develop SAS doctors as leaders
- ✓ Involve SAS doctors in College influencing networks



## **Aim 4:** Belong to the College

- ✓ Support inclusion of SAS doctors in all College activities
- ✓ Challenge stigma and outdated views of SAS doctors



# Next steps

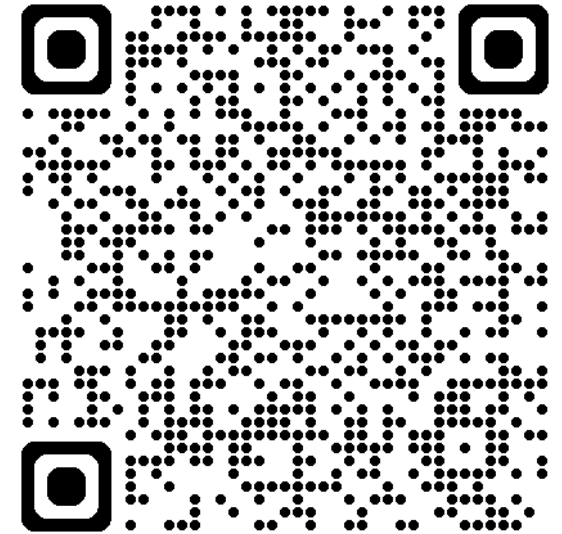
- Opportunities for SAS psychiatrists to become parliamentary fellows, sustainability fellows, and presidential lead scholars
- Credentials run by College are open to SAS psychiatrists (Addiction Credential to be launched soon! [credentialing@rcpsych.ac.uk](mailto:credentialing@rcpsych.ac.uk))
- Addiction credential is recruiting for a Credential lead, regional leads, mentors
- Never been more opportunities for SAS psychiatrists to be involved with RCPsych activities
- **Much more to do**

# Psychiatrists' Support service (PSS)

The PSS provides free, rapid, high-quality peer support by telephone to psychiatrists of all grades who may be experiencing personal or work-related difficulties.

- **Call:** 020 8618 4020
- **Email:** [pss@rcpsych.ac.uk](mailto:pss@rcpsych.ac.uk)

**Scan me:**



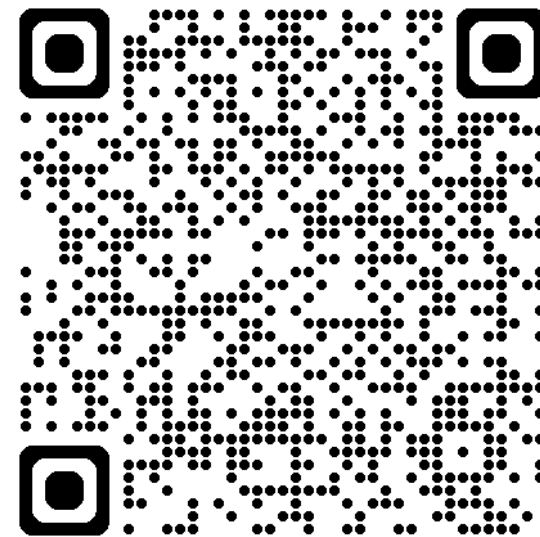
# SAS Psychiatrist PSPs Required!

As a Peer Support Psychiatrist, you would help SAS psychiatrists and other psychiatrists with issues they may be having at work or in their lives more generally.

Contact us for more information about the role and how you can get involved

- **Email:** [pss@rcpsych.ac.uk](mailto:pss@rcpsych.ac.uk)

**Scan me:**





**Thank you!**