

RCPsych Foundation Doctor Conference

Thursday 15 October 2026

Webinar - Via Zoom (recorded)

Time	Programme
09:00 – 09:10	Introduction and welcome Dr Prathibha Rao, RCPsych Specialist Advisor for Foundation
09:10 – 09:20	Welcome address Professor Nandini Chakraborty, RCPsych Dean (pre-recorded)
09:20 – 10:35	Planning your career in psychiatry In this session speakers will explore the essentials of a career in psychiatry in the UK: - Introduction to our different psychiatry specialties and what a career in psychiatry looks like – Dr Ross Runciman - Dual training and training options – Dr Adelina Muzenda - Run through training – Dr Joanne Wallace - SAS as a career choice – Dr Noni Kamau
Break (15 mins)	
10:50 – 12:00	Planning your career in psychiatry (continued) - Research opportunities in training – Dr Jahfer Hasoon - Undergraduate teaching – Dr Emma Barrow - Medical education – Dr Paul Emmerson - MRCPsych examinations – Dr Osman Ahmad
Lunch (40 mins)	
12:40 – 13:10	Preparing for the MSRA and core training Dr Mamoor Waheed, CT2 in Psychiatry
13:10 – 13:30	Sustainable careers Dr Aaron Vallance, Less Than Full Time and ‘SuppoRTT’ (Return to Training) Champion
13:30 – 14:30	Wellbeing and support session Dr Deep Sirur, Doctors in Distress
Break (20 mins)	
14:50 – 15:20	Public Mental Health Dr Margaret Gani, Consultant Liaison and Public Mental Health Psychiatrist
15:20 – 15:50	Q&A Dr Prathibha Rao
15:50 – 16:00	Closing remarks Dr Prathibha Rao
End of Event	